



**Martin
Luther
King, Jr.
Day
Monday,
January 15**

Island Sun



VOL. 25, NO. 28

SANIBEL & CAPTIVA ISLANDS, FLORIDA

JANUARY 12, 2018

JANUARY SUNRISE/SUNSET: 12 7:18 • 5:55 13 7:18 • 5:56 14 7:18 • 5:56 15 7:18 • 5:57 16 7:18 • 5:58 17 7:18 • 5:59 18 7:18 • 6:00

Broadway Talent Comes To Herb Strauss Theater

The screamingly funny play-within-a-play *Noises Off* opens Friday, January 12 at BIG ARTS Herb Strauss Theater with an enormously talented New York cast. There will be a reception at 6:30 p.m. opening night and the show runs through February 17. Tickets are on sale at www.bigarts.org.

Noises Off is a laugh-out-loud farce surrounding the opening night performance of a play titled *Nothing On*. The show is hours away from opening as the cast stumbles through their final dress rehearsal full of forgotten lines, unraveling love triangles and flying sardines. Can the cast pull their act together in time?

"We invite you to come find out and enjoy the best laugh of the season," said Bobby Logue, theater director. "We have a stellar Broadway-based cast with some local favorites returning to our stage."

Catherine Walker plays Belinda Blair, a cheerful and sensible character who is something of a gossip. Walker was last seen on Broadway in the role of Phoebe D'ySquith in the 2014 Tony Award-winning *A Gentleman's Guide to Love and Murder*. She makes her acting debut on Sanibel in *Noises Off*.

"I have enjoyed being a visitor to Sanibel, but this is a terrific opportunity to immerse into the island community for an extended amount of time," said Walker. "It is also an extremely pleasant way to be out of the northeast during this winter freeze."

Walker's acting career took her to Broadway as part of the original cast of the hit musical *Mary Poppins*. As an understudy of the role, Walker became



Back, left to right, Alison Nusbaum and Jacques Mitchel, Theresa Walker and Catherine Walker, Craig Smith and Katie Pankow. Front from left, Theater Director Bobby Logue, Tommy Short, Rob Summer, Director Ann Nieman and Joel Stigliano. photo provided

Broadway's second "Mary" for more than 100 performances. She left that production to join the original cast of the highly acclaimed Broadway revival *Ragtime*.

Walker has to her credit performances on the 2007 *Tony Awards*, *The Today Show*, *The View* and *Macy's Thanksgiving Day Parade* in 2006 and

2015. She is joined in *Noises Off* by Alison Nusbaum, who will play the role of Dotty Otley, a middle-aged television star who is not only the top-billed star but one of the play's principal investors. Nusbaum was most recently part of the national tour of *Pippin* in the role of Bertha.

Craig Smith will take on the role of Garry Lejeune, a physically comedic and demanding role of the much younger love interest of Nusbaum's character Dotty. Smith has experience with farces. He has appeared in *Shear Madness*, *Funny Money*, *Run For Your Wife*, *Tom, Dick and Harry*, and many others.

"*Noises Off* is the mother of all farces," said Smith. "Most times, I have to find a way for my roles to be physically challenging but not in this production."

Jaques Mitchel (Fredrick "Freddie" Fellowes), Rob Summer (Selsden Mowbray), Theresa Walker (Brooke Ashton), Joel Stigliano (Lloyd Dallas), Katie Pankow (Poppy Norton-Taylor) and Tommy Short (Tim Allgood) round out the cast.

Mitchel recently completed work on the upcoming Showtime limited series *Escape at Dannemora* with director Ben Stiller. Walker's recent credits include Judy Haynes in *White Christmas* and Barbara in *Shear Madness*, among others.

Stigliano was most recently in the national tour of *Elf the Musical*.

Pankow and Summer recently performed in *A Christmas Carol*. Short, the Strauss Theater's stage manager, will play the role of a stage manager in *Noises Off*. He was first seen as Rudy in *Over the Tavern*.

"We are excited to have gathered such astonishing talent for the island community to enjoy," said Logue. "Be prepared for a great theatrical experience."

The BIG ARTS Herb Strauss Theater is located at 2200 Periwinkle Way.✱

Council Passes Resolution Opposing Offshore Drilling

by Jeff Lysiak

On Monday, members of the Sanibel City Council unanimously approved a resolution to oppose offshore oil and natural gas drilling in the Eastern Gulf of Mexico in response to the proposed United States House of

Representatives Bill 4239.

In the bill, also known as the Secure American Energy Act, House members are considering expanding the exploration and drilling activities along the west coast of Florida, which – according to Sanibel's resolution – "would place severe limitations on protections for national marine monuments and marine resources, and would justify impacts to marine mammals associated with oil and gas exploration and drilling activities."

Vice Mayor Mick Denham made the motion to approve the resolution, which was seconded by Councilman Chauncey Goss. Fellow Councilmember Holly

Smith suggested that the resolution be amended to insert the word "strongly" prior to the words "opposing offshore oil and natural gas drilling." Her suggestion was approved before council voted, 5 to 0, in support of the legislation.

Now adopted, Sanibel will formally urge Florida's federal and state representatives to "refrain from any form of support or co-sponsorship" of HR 4239 as well as "any future legislation expanding oil and gas exploration in the Eastern Gulf of Mexico and to vote in opposition of such legislation."

Earlier in the meeting, members of the council passed a resolution opposing

changes to the Lee County Land Development Code which would allow septic tanks to be constructed seaward of the 1978 Coastal Construction Control Line.

During discussions on the proposed 2018 City Council Goals, Mayor Kevin Ruane requested that prior to approving the three top priorities for the upcoming year – improving water quality, sustaining the strength of the city's financial stability, and improving citizen service for those investing, maintaining and redeveloping their properties – each of those tasks be divided among members

continued on page 8

VOTED *Cooldest* JEWELRY STORE IN THE NATION



Watch as our Master Jewelry Designer turns your sea-side vacation memories into custom hand-crafted Sanibel and Captiva jewelry designs.

PROUD TO SPONSOR
San/Cap Heart Walk to benefit
The American Heart Association
Sunday, January 28th
Sanibel Community House


LILY Co.
JEWELERS

BEST OF THE ISLANDS
11 CONSECUTIVE YEARS!

ON-SITE CUSTOM DESIGN & REPAIR CENTER

520 TARPON BAY ROAD (ACROSS FROM BAILEY'S) | SANIBEL, FL 33957
239-472-2888 • LILYJEWELERS.COM



The Community House



Simple Life by Sissi Janku image provided

Community Shredding Day

A Community Shredding Day will be offered on Saturday, January 13 from 9 a.m. to noon at the north lot across from The Community House on Periwinkle Way. All documents will be shredded on site. Please remove binder clips and larger paper clips.
Cost is \$5 per box or grocery bag. Limit four boxes or bags per person without prior notice.

Duplicate Bridge

Sanctioned duplicate bridge will be offered on Tuesdays and Thursdays in January from 12:30 to 4 p.m. Led by bridge aficionado Susan Willoughby. Refreshments provided. Cost is \$10 paid to the organizer.

How Does Your Garden Grow?

A lunch and lecture series about enjoying the fruits of your own labors is being offered on the third Tuesday of every month at 11:30 a.m. The topic on January 16 is Growing Edibles in a Small Space. Danielle Flood from ECHO Global Farm will share tips on caring for plants that can grow in a small space and add life back into your diet. Some plants will be available for purchase following the program. Cost is \$30 per session.

Beading With Shells

Beading with Shells will be held on Wednesday, January 17 from 1 to 4 p.m.. Cost is \$35 for members and \$40 for guests. Anita Gober is the instructor.

Colorful Sips

Sissi Janku's Colorful Sips painting class will be held on Wednesday, January 17 from 7 to 9 p.m. No experience is necessary. Students will explore new ways to paint with acrylics. Bring your favorite snack or beverage. Registration can be completed online.



The Secure Shredding truck will be on site Saturday, January 13 photo provided
Cost is \$55 for members and \$60 for guests.

Post-Holiday Recovery Cooking Series

Chef Jarred will share techniques and recipes to help reset your healthy lifestyle. A demonstration will be held on Sunday, January 14 from 4 to 6 p.m. featuring Jicama Beet and Fennel Salad, Stuffed Squid in Spicy Green Curry with Carrot Coriander and Chickpea Fritters, and Strawberries, Crisp Meringues and White Balsamic Syrup. Another demonstration will be held on Wednesday, January 17 from 5 to 7 p.m. featuring Chicken Hazelnut and Raspberry Salad, Grilled Tuna with Pickled Vegetable Noodles, and Asian Pear Sorbet with Thyme.

Hands-on classes are \$75 for members and \$95 for non-members. Prepaid reservations must be made 72 hours in advance.

The Community House is located at 2173 Periwinkle Way. For more information, visit www.sanibelcommunityhouse.net or call 472-2155.✧

To advertise in the
Island Sun
Call 395-1213

beautiful life™

by KAY CASPERSON

KAY CASPERSON

spa • salon • boutique

30% OFF ALL SUPPLEMENTS

Because balanced beauty is a process that begins within, Kay created her essential nutritional supplements to nourish not just the mind and body, but the soul as well.

Use code **GETWELL** at checkout

January 11th - January 17th

*Offer valid in store or online. Cannot be combined with any other discounts or coupons. Excludes kits.

CAPTIVA • SOUTH SEAS
14830 Captiva Drive • 239-579-1470
captivaspa@kaycasperson.com

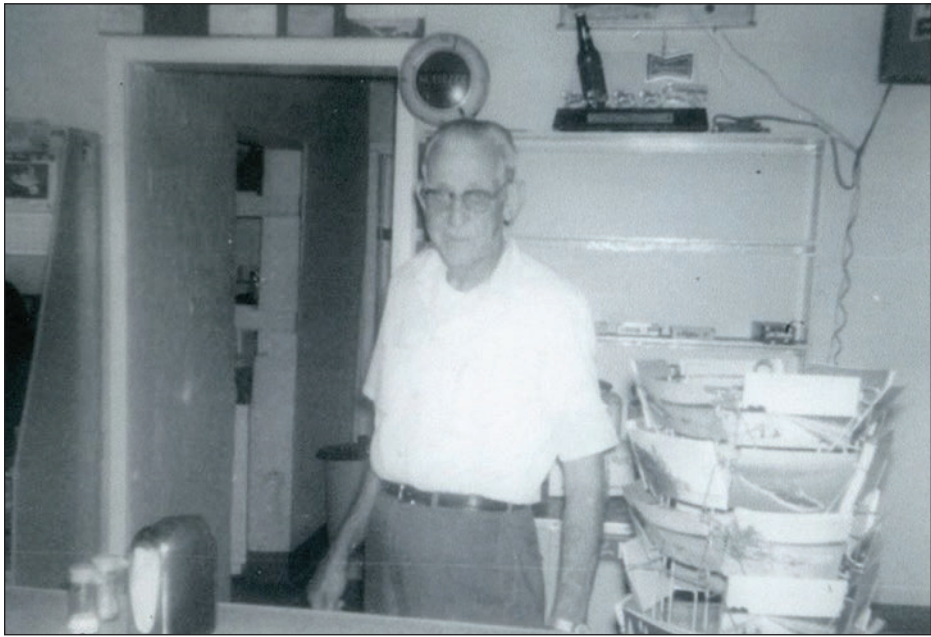
SANIBEL • SUNDIAL RESORT
1451 Middle Gulf Drive • 239-579-1470
sudialspa@kaycasperson.com

SHOP + CONNECT WITH US ONLINE

KAYCASPERSON.COM

Captiva Island Historical Society

Looking Back: Timmy ‘TM’ Wiles



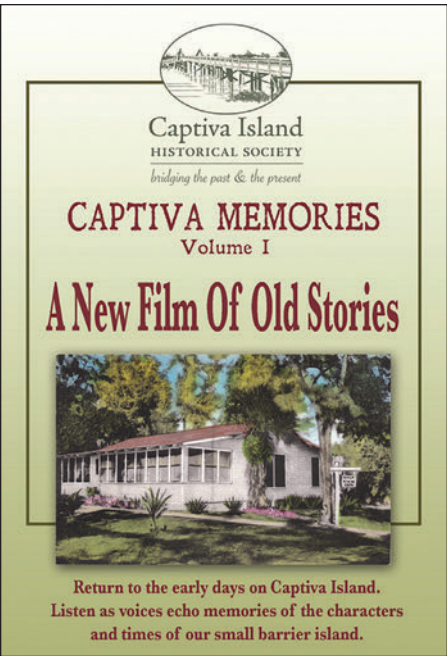
Timmy “TM” Wiles

photo courtesy Captiva Island Historical Society Archives

This week’s image is a 1966 photograph of Timmy “TM” Wiles at the counter of the iconic Timmy’s Nook, built by Wiles in 1952. It was a popular gathering hole on Captiva from 1964 to 1994.

The History Gallery, developed by the Captiva Island Historical Society, features many photos like this. All ages are welcome to step aboard a wooden replica of the old mailboat, *Santiva*, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane and open during library hours. Call 533-4890 for information.

Visit the Captiva Island Historical Society website www.captivaishistorical.org/archives/research to view many more images to bring you closer to Captiva.*

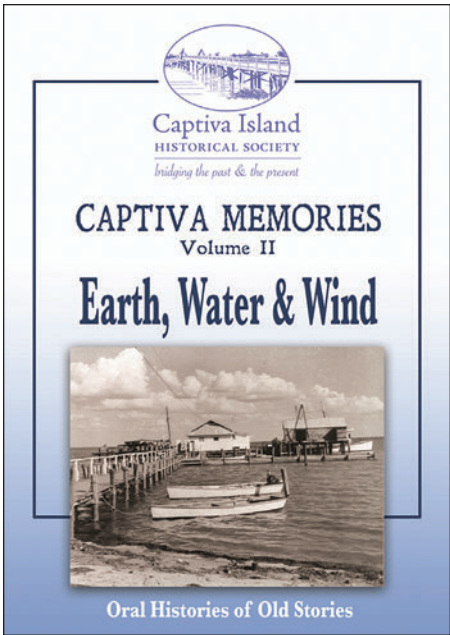


images provided

Night At The Movies Double Feature

The Captiva Island Historical Society has produced six *Captiva Memories* documentaries. These films capture the spirit of the island, as long-time residents share their priceless recollections.

On Tuesday, January 16, there will be a showing of two of the earliest films in the series at Tween Waters Inn. At 6:30 p.m., *A New Film of Old Stories* includes



stories from Dave Jensen, Queenie Viglione, Sarita Van Vleck, Shirley and Warren Stanton, Nancy Oden, Debby and David MacKenzie, Chic Bruning and Leslie Kowalski.

At approximately 7:15 p.m., *Earth, Water and Wind* features Dottie Wakefield, Kristie Anders, Matt Hall, John Dickey and Bob Sabatino. In each film, these Captiva islanders recall their memories of the characters and events that shaped the island’s history.

There is no admission charge but seating is limited and first come, first seated. Doors open at 6 p.m. There will be complimentary soft drinks and movie snacks, and a cash bar (no credit cards, please)*

Boat Ramp Rehabilitation Project Complete

The City of Sanibel Boat Ramp Rehabilitation project is complete and now open to the public. The boat ramp is located at 888 Sextant Drive.

The project consisted of removal and replacement of the deteriorated concrete ramp structure that was originally constructed in 1983. The completed ramp includes modified slopes for improved boating access and a new v-groove pattern for added vehicle traction. The dock walkways were widened and a railing was

added for safety.

The total project amount of \$285,532 was funded through a cooperative effort between Lee County and the City of Sanibel. Lee County Boating Improvement Program Funding in the amount of \$137,500 was provided with the remaining \$148,032 coming from the City of Sanibel Beach Parking Fund.

Parking at the boat ramp is available as paid hourly or through a valid Sanibel “C” parking pass. Sanibel residents can purchase a “C” parking pass at the Sanibel Recreation Center, located at 3880 Sanibel-Captiva Road.

Contact the Public Works Department at 472-6397 if you have any questions regarding this project.*



Save the Date

COMMUNITY HOUSING & RESOURCES
present their Annual Mardi Gras Fundraising Event

SATURDAY FEBRUARY 10, 2018



ENTERTAINMENT BY
THE PORCHDOGS
A CAJUN & ZYDECO BAND

Space is limited. Make your reservation now at: sanibelchr.org or (239) 472-1189. Formal invitation to follow.

Tropical Fabrics
Novelty Yarn
Quilting
Notions
Beads



Scrapbook Papers
Children’s Crafts
Art Supplies
Shell Crafts
Gifts

Open Monday-Saturday
www.threecraftyladies.com

Find us on
facebook

Ask about our Sewing Machine Rental Program!

STOP IN TUESDAYS AND THURSDAYS FOR OUR MAKE-IT-AND TAKE-IT CRAFT ACTIVITIES!

1628 Periwinkle Way • 472-2893 • Heart of the Islands, Sanibel

Committee Recommends Historical Recognition Policy

by Jeff Lysiak

During last week’s meeting of the city’s Historical Preservation Committee, members of the group reviewed the first draft of a policy establishing the criteria for Sanibel to officially recognize historical people that may include the naming/renaming of streets or other public facilities within the city. The single-page draft, created with the input of the committee at the request of Sanibel City Council, recommended what criteria should be considered and the procedure, from the initial application through review by the committee and council.

- According to the proposed policy, the four criteria given consideration for recognition include:
- The person(s) have significance or value as part of the development, heritage or cultural characteristics of the city that contributes to civic pride and wider public knowledge and appreciation of the heritage and history of Sanibel;
 - The person(s) are associated with the events that have made a significant contribution to the broad pattern of local history;
 - The person(s) are directly associated with an event or events significant to the city’s past;
 - The person(s) exemplify the cultural, political, economic, social and/or historic heritage of the community.

The draft goes on to detail the procedure of investigating public support for the naming/renaming of streets or facilities, suggesting that it should “have broad based appeal, be found consistent with the goals, objectives and policies of the Sanibel Plan regarding historical preservation, contribute to the conservation of property values and to the protection of equity invested by residents and owners of property fronting on the subject street or adjoining public facility proposed for recognition, and support the general interests of the other citizens of the city.” Consideration of the naming/renaming of a street or other public facility for an individual person “shall not occur until after the first anniversary of the person’s death,” the draft noted. To avoid confusion, proposed names shall not be a duplication of an existing name, be the same for all segments of a street and not be perceived to be offensive to any segments of the community. At the suggestion of City Manager Judie Zimomra, all requests to recognize historical people shall be submitted to the city’s planning department. Upon completion of staff review of the application, including all required documentation, the application will be forwarded to the Sanibel Historical Preservation Committee for their review. The committee will then make a recommendation for the city council to review the application.

Last year, the city installed the first Pioneer Family plaque along the Sanibel Heritage Trail. Members of the Gavin and Walker families, who originally came to Sanibel in 1917, were recognized on the plaque for their “substantial contributions to the economic and historical development of Sanibel and Captiva.” Shortly before the August 14 unveiling of the marker on Sanibel-Captiva Road, Eugene Gavin had requested that the city consider renaming Tarpon Bay Road for its significance as “a major walkway” between the Gavin and Walker homesteads. That request eventually led to the council wanting to establish a policy regarding the recognition of historical people on the island. Prior to the committee voting 8 to 0 – with member Ty Symroski absent – to approve the draft policy, chair Deb Gleason suggested that the committee conduct one final review of the proposed legislation before passing it along to city council. That review is expected to be completed at the next meeting, scheduled to take place at 9 a.m. on Thursday, February 1 at MacKenzie Hall.✱



From left, volunteers Annette Hendrick, Terry Jacob and Julie Kocourek photo provided

Historical Village To Hold Volunteer Training Classes

The Sanibel Historical Village board and committee members will conduct a training program to get new volunteers started and to help current volunteers refresh their memories about the many historical buildings, artifacts and stories to share with visitors. The program will consist of two classes. The first of the two classes will be from 1 to 3 p.m. on Monday, January 22 in Shore Haven, and the second class will be from 1 to 3 p.m. on Monday, January 29, also in Shore Haven. Classes will feature a general overview and presentations by village experts, as well as a guided tour

through the village. “Our training sessions are fun and a great way to meet people,” Executive Director Emilie Alfino said. “Anybody can volunteer, even if they start out without any knowledge of Sanibel history. We will teach you what you need to know and are always available to help.” Anyone interested in becoming a volunteer should call Alfino at 472-4648. The Sanibel Historical Museum and Village is open from 10 a.m. to 4 p.m. Tuesday through Saturday. It is located at 950 Dunlop Road (next to BIG ARTS). Admission is \$10 for adults over 18; no charge for members and those under 18. Docent-guided tours are available at 10:30 a.m. and 1:30 p.m. at no extra charge, based upon docent availability. There is handicap access to all buildings. For more information, call 472-4648 during business hours or visit www.sanibelmuseum.org.✱

To advertise in the *Island Sun* Call 395-1213

Island Winds Coiffures

HAIR SALON FOR WOMEN & MEN

Manicures and Pedicures by Lois

Hair Styling by Lily

LINDA • MARISA • JEANNE

695 Tarpon Bay Road, Sanibel

239-472-2591

WOMEN'S CLOTHING

MEN'S CLOTHING

SHOES

JEWELRY

HOME DÉCOR

TOYS

COLLECTIBLES

GIFTS

CARDS

SPECIALTY SHOPS

FAMILY DINING

TAKE-OUT

HAIR SALON

ART GALLERIES

PET NEEDS

ALTERATIONS/ DRY CLEANERS

VACATION & REAL ESTATE INFORMATION

f t p g+ i



SHOP ON SANIBEL



Come for the beaches... discover the shopping!

Now Open in The Village Shops

t2 TRADERS
LUNCH • BAR • DINNER • GIFTS

Tahitian GARDENS
1975-2019 Periwinkle Way

Olde SANIBEL SHOPPES
630 Tarpon Bay Road

Town CENTER
2496 Palm Ridge Road

The VILLAGE SHOPS
2340 Periwinkle Way

For individual shop information: www.ShopOnSanibel.com



Leader Bill Harris on trumpet and Tom Cooley on drums are among the members of the Bill Harris Experience Band photo provided

January 14 Is MLK Jazz Sunday

A special celebration of Martin Luther King Day will be the focus of worship services at Sanibel Congregational United Church of Christ (SCUCC) on Sunday, January 14. The 9 and 11 a.m. MLK Jazz Sunday services will feature special musical selections by members of the Bill Harris Experience Band. The congregation's senior pastor, the Rev. Dr. John H. Danner, will reflect on the legacy of Martin Luther King, Jr. in his sermon, Hiding in Shadows,

Shining in the Light. As always, the public is welcome to attend.

The 9 and 11 a.m. services will include the music of legendary jazz musicians, traditional spirituals and the anthem of the Civil Rights movement, *We Shall Overcome*.

The Bill Harris Experience Band is comprised of Dave McDonagh, saxophone; John Maik, piano; Ross Simons, bass; Tom Cooley, drums; and Bill Harris, trumpet.

"As we move into 2017 after a year filled with divisiveness, it is vital that we remember and reclaim Dr. King's inclusive vision of what he called the

Beloved Community," said Dr. Danner. "The improvisational qualities of jazz remind us that as things change in our world, we too may need to improvise new ways of being together."

In addition to the 9 and 11 a.m. worship services, SCUCC offers a 7:45 a.m. Chapel Service each Sunday. The church is located at 2050 Periwinkle Way on Sanibel, across from Periwinkle Place shopping center. For more information, visit www.sanibelucc.org or call 472-0497.✱

A Month Of Special Learning Opportunities

Sanibel Congregational United Church of Christ (SCUCC) is starting the new year with a number of special classes, programs and worship services. All will take place in the church, located at 2050 Periwinkle Way. Programs listed are free to attend and the public is welcome.

In Tricksters and Troublemakers, co-teachers, the Rev. Dr. John H. Danner, senior pastor at SCUCC, and Rabbi Stephen Fuchs of Temple Bat Yam will explore three biblical stories from both Jewish and Christian perspectives. In this course on Wednesdays, January 10, 17 and 24, with identical sessions at 10 a.m. and 7 p.m., they will look at challenging biblical texts, including the story of Cain and Abel, the Jacob Cycle, and Jesus' "Dishonest Steward" parable. The classes will be held in Fellowship Hall.

Sunday, January 14 is MLK Jazz Sunday at the church. The Bill Harris Experience Band will play at both the 9 and 11 a.m. services, and Pastor Danner will present a sermon inspired by the teachings of the Rev. Dr. Martin Luther King at those two services, as well as the 7:45 a.m. chapel service.

The Shared Scholar Lecture at 3 p.m. on Sunday, January 14 in the church sanctuary is presented by a consortium of faith communities on Sanibel and Captiva. This year's featured speaker is the Rev. Dr. J. Clinton McCann, who will present The Psalms as Doorway to Interfaith Dialogue. Dr. McCann is a noted biblical scholar who teaches at Eden Seminary in St. Louis. A reception will follow his lecture.

On Tuesday, January 16, Dr. McCann will be joined by the Rev. Richard Bruxvoort Colligan, a scholar and musician, to present this year's Shared Scholar Seminar, Peace and Justice in Psalms and Songs. The event, from 10 a.m. to 2 p.m. in Fellowship Hall, includes lunch. Reservations are required; call the church office at 472-0497.

The Shared Scholar Committee is made up of representatives from five congregations on the islands: Bat Yam Temple of the Islands, Captiva Chapel-by-the-Sea, Saint Michael and All Angels Episcopal Church, Sanibel Christian Science Church, and Sanibel Congregational United Church of Christ. Support for the series is provided by the participating congregations, a grant from the Leo Rosner Foundation, and freewill donations made by attendees.

In another Bible Study class, on Tuesday, January 23, from 10 to 11:30 a.m., Pastor Danner will begin a multi-week exploration of the fascinating story of Jonah. "There's no whale, but there is a Great Fish," said Danner, "and many lessons to be learned about dealing with those who are different in their beliefs and backgrounds." All are invited and encouraged to bring a Bible for this exciting presentation/discussion-format group class.

The month's classes will end and segue into February with Companions on the Journey: An Introduction to Spiritual Practices and Direction, taught by Pastor Danner. This Theological Studies course on Wednesdays, January 31 and February 7, will be presented in identical sessions at 10 a.m. and 7 p.m.

"Throughout the history of Christianity, men and women have sought out mentors to guide them on the spiritual journey," said Danner. "Often called spiritual direction, this form of spiritual discipline draws on centuries of wisdom and practice. This course will explore what it means to be in spiritual direction and how it can benefit one's practices of meditation and prayer, as well as one's relationship to the holy."

Participants will be invited to participate in an optional spiritual direction group.

Sanibel Congregational United Church of Christ offers three services every Sunday morning: a chapel service at 7:45 a.m., blended worship at 9 a.m. and traditional worship at 11 a.m. For more information, call 472-0497 or visit www.sanibelucc.org.✱



She Sells Sea Shells

"An Ocean Boutique"

"Where Islanders Have Sent Their Friends & Family To Shop Since 1976"

Sanibel & Worldwide Shells • Corals & Exotic Sealife • Shell Gifts
Jewelry • Books • Candles • Lamps • Sanibel Perfumes • Craft Supplies
T-Shirts • Tanks • Muscles • Hoodies • Hats • Cover-Ups & Dresses
Handmade Shell Xmas Ornaments & Flowers

WELCOME
BACK!

Celebrating Over

40 Years On Sanibel!

SEE OUR
SANIBEL
HOODIES

JANUARY CLEARANCE

MARKDOWNS THROUGHOUT THE STORE

LOW PRICES, BIG SAVINGS

FREE
GIFT!

Adult & Kids T's
sizes XS-XL

3 for \$23

XXL 3 for \$29

20% Off

Any Single Item

(cash sales only)

Good with coupon

not valid on sale items

WE
SHIP!

1157 Periwinkle Way

472-6991 • 472-8080

Open 7 Days 9:30am til' 9:00pm

SheSellsSeaShellsSanibel.com



Winner Best Shell Shop
-Islander/Island Reporter
Readers Poll 2000-2017
2015 Best Craft Shop &
Best Gift Shop



Voted The Best Shell
Shop in SW Florida
-News Press Readers Poll
2000-2017
Voted The Best Gift Shop
in SW Florida 2017

WOW

whims

women's clothing
gifts • jewelry • art

open 7 days a week!

mon - sat 10 am - 5 pm

sun 10 am - 4 pm

239-313-0535

2451 Periwinkle Way

Bailey's Center

Coffee, Tea And Trivia At Church

Beginning January 18, Coffee, Tea & Trivia is back at the Carpenter's Café at Sanibel Community Church every Thursday. It's fun for all, and everyone is welcome. The café opens at 6:30 p.m. and the game begins at 7 p.m.

The Carpenter's Café is located off of the back parking lot at Sanibel Community Church, an evangelical, non-denominational congregation with the church campus at 1740 Periwinkle Way. For more information, call 472-2684 or visit www.sanibelchurch.com.✱

PALM RIDGE PLACE

STOP BY AND SEE WHY THE LOCALS LOVE US!

ISLAND PHARMACY

Voted Best Pharmacy on the Island 8 years in a row!

Caring for you and about you

We are ready for all **your** needs with: Specially Formatted Bite & Itch Lotion
 • Natural No-See-Um Repellent • We also offer rental of Walkers, Wheelchairs
 Crutches • Special Orders Welcome • Deliveries Available

Heath Mart
 PHARMACY

In the
 Palm Ridge
 Plaza

239-472-6188

Fax 239-472-6144

We carry nebulizers,
 crutches, wound care

Every Day
 Items Also!

Over 9,000 Insurances
 Accepted and All Medicare D

We specialize in Customer
 Satisfaction

Bite and
 Itch Lotion

Small Store Feel,
 National Chain



MacIntosh
 BOOKS + PAPER

MacIntoshBooks.com

A SANIBEL TRADITION SINCE 1960

Book Signing
Charles Todd
Feb. 7th Noon



www.MacIntoshBooks.com

2330 Palm Ridge Road • Sanibel, FL 33957

239.472.1447

HOURS

Mon-Fri 9:30am-7pm, Sat & Sun 9am-5pm



Breakfast, Lunch & Dinner & Later

Pizza & Wings • Ice Cream
 Gluten Free Options
 & So MUCH MORE!

Sanibel's
 Favorite
 Delicatessen

WINNER
Best Pizza
Taste
of the
Islands



BOAR'S HEAD

Dine In or Take Out

239-472-2555

www.sanibeldeli.com



VACATION RENTALS
Premium Properties
Exceptional Service

PADDLEBOARD SALES
and rentals, bike rentals
Rashguards



(239) 579-0348



Sanibel's First Beauty/Barber est. 1951



OUR FAVORITE THINGS



We have
one of Hoda's
favorite things!

www.SanibelBeautySalon.com

(239) 472-1111

SanBeautys@aol.com



visit us online at www.beachfloordecor.com

Serving Sanibel & Captiva Islands for **39 years**



Main Showroom
 2330 Palm Ridge Rd.
 Sanibel, FL 33957

P: 239.395.2525

F: 239.395.2373

MOHAWK
HunterDouglas
 WINDOW FASHIONS
 PRIORITY DEALER

Curtains
 Window Treatments
 Furniture & Accessories
 Plantation Shutters
 Custom Upholstery
 Countertops
 Backsplashes
 Kitchen Remodeling
 Bathroom Remodeling
 Flooring
 Painting

LARGEST SHOWROOM ON SANIBEL ISLAND

License #S3-12258 | License #S3-11918

2330 PALM RIDGE ROAD SANIBEL ISLAND, FL



In honor of the Clinic for the Rehabilitation of Wildlife's 50th anniversary in 2018, Vice Mayor Mick Denham read a proclamation recognizing the organizations efforts to protect and preserve wildlife on the island photo by Brian Bohlman

New Bank Approved By Commission

by Jeff Lysiak

Plans to construct a new 3,270-square-foot bank facility with drive-through access on three heavily vegetated lots located off of Palm Ridge Road were approved by the Sanibel Planning Commission during Tuesday's meeting.

EC Palm Ridge, LLC, the owners of lots 3, 4 and 5 within Block D of the Palm Ridge subdivision, submitted both a conditional use permit and a development permit application to build a Chase Bank facility with a drive-through ATM amenity. The bank, to be located between Wells Fargo Bank and the Speedway gas station, will be accessed by motorists from both Palm Ridge Road and Wax Myrtle Way.

City Planner Benjamin Pople noted during his presentation that while banks are normally considered a permanent use, because of the drive-through feature, a conditional use application was required. A long-form application was also required due to the size of the proposed facility.

During discussions on the subject,

Commissioner Karen Storjohann questioned when the shared use path – noted on the proposed site plan – would be installed. Keith Williams, director of the city's public works department, explained that while the path was on the "near term radar" for construction, no official date to begin work was available.

Chairman Dr. Phillip Marks later added that due to the amount of large construction vehicles that will be accessing the site while the building is being built, having the shared use path added after construction made more sense.

Fellow Commissioner Chuck Kettelman noted that due to the potential for an obstructed sight-line for motorists entering and exiting the property, trees and plantings proposed for the site should be installed carefully, with public safety in mind.

Other issues with the application that were discussed during deliberations included way-finding signs along both Palm Ridge Road and Wax Myrtle Way, the proposed color of the building (beige) being too prevalent among other commercial buildings within the subdivision, and if the bank should consider submitting a waiver that would allow them to install two signs, since it will be accessible via two separate roadways.

"Currently, the city code allows only one ground-mounted or building



During Monday's city council meeting, Vice Mayor Mick Denham, left, read a proclamation recognizing the American Heart Association's upcoming Sanibel/Captiva Heart Walk committee members and volunteers. The event will be held on Sunday, January 28 at 2 p.m. at The Community House. photo by Jeff Lysiak

mounted sign," Senior Planner Roy Gibson told members of the commission. He also noted that the applicant may apply for a hardship waiver to the existing code.

Following some additional debate, Kettelman made a motion to approve the applications, which were later seconded by Vice Chair Dirk deWerff and approved 6 to 0, with Commissioner John Talmage absent and excused.

In other business, the commission welcomed newcomers Richard Johnson and Roger Grogman, who had only been appointed to the seven-member panel one day earlier. Marks was unanimously reappointed chairman of the commission for the upcoming year while deWerff was reappointed vice chair.*

From page 1

Offshore Drilling

of the council. Denham was asked with work with James Evans, director of the city's natural resources department, on specific water quality issues while Smith, a longtime member of the city's planning commission, was tasked

with overseeing redevelopment issues. Ruane suggested that he would handle financial matters.

The council is expected to adopt their 2018 goals at next month's meeting.

In other business, Dr. Phillip Marks was unanimously reappointed to a full planning commission term, whose seat will expire on January 11, 2021. Richard Johnson was appointed to serve a full, three-year planning commission term while Roger Grogman was appointed to fill a partial planning commission term, which expires on January 14, 2019. Johnson and Grogman's appointments were to fill seats vacated by Smith, who joined the city council last month, and Chris Heidrick, who resigned from his position effective December 31, 2017.

Also, council introduced an ordinance amending the Sanibel Code which will allow alcoholic beverages to be sold at performing arts and live performance venues without the prerequisite of food sales. A second reading of the ordinance, with public comment permitted, will take place during the February 6 council meeting.*

Independently Owned And Operated
COPYRIGHT 2018 Island Sun
LORKEN Publications, Inc.

Island Sun
NEWSPAPER
Sanibel & Captiva Islands

Read Us Online: www.IslandSunNews.com

The Islands of
SANIBEL CAPTIVA
CHAMBER OF COMMERCE

Greater
Fort Myers
CHAMBER OF COMMERCE

The Greater
Fort Myers Beach
First Chamber of Commerce

PRINTED ON
RECYCLED PAPER

USPS 18: Bulk Rate permit paid for at Sanibel, FL, 33957.
Postmaster: Send change of address to Island Sun,
1640 Periwinkle Way, Suite 2, Sanibel, FL 33957.
Published every Friday for the people and visitors of Sanibel and Captiva Islands.
Distribution: 8,000 - 10,000 per week (seasonal).
Mailed free to Sanibel and Captiva residents every Friday. Subscription prices: Third Class
U.S. \$60 one year, \$30 six months (Allow 2-3 weeks for delivery). First Class U.S. \$150
one year, six months \$75 (Allow 3-5 days for delivery).
Prices include state sales tax. Send subscription requests to:
Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957.
The Island Sun will correct factual errors or matters of emphasis and interpretation
that appear in news stories. Readers with news, tips, comments or questions, call
239-395-1213; or write to: Island Sun, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957.
FAX number: 239-395-2299.
Email: press@islandsunnews.com, E-mail: ads@islandsunnews.com
The Island Sun reserves the right to refuse, alter or edit any editorial or advertisement.

Publisher
Lorin Arundel

Advertising
Bob Petcher

Graphic Arts & Production
Ann Ziehl, Manager
Amanda Hartman
Justin Wilder

Reporter
Jeff Lysiak

Contributing Writers

Leah Biery
Barbara Cacchione
Kay Casperson
Walter Cheatham
Constance Clancy, EdD
Suzy Cohen
Linda Coin
Marcia Feeney
Ed Frank
Shelley Greggs
Jarred Harris
Marion Hauser, MS, RD
Ross Hauser, MD
Bryan Hayes
Craig R. Hersch

Tanya Hochschild
Shirley Jewell
Bob Kern
Dr. Jose H. Leal, PhD
Anne Mitchell
Capt. Matt Mitchell
Trinette Nelson
Gerri Reaves PhD
Angela Larson Roehl
J. Brendan Ryan, CLU,
ChFC, MSFS
Di Saggau
Karen L. Semmelman
Tom Sharbaugh
Jeanie Tinch

Churches/Temples

ANNUNCIATION GREEK ORTHODOX CHURCH

Reverend Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. 8210 Cypress Lake Drive, Fort Myers, annunciation.fl.goarch.org, 481-2099.

BAT YAM-TEMPLE OF THE ISLANDS

The Reform Congregation of Bat Yam Temple of the Islands meets for Friday night services at 7:30 p.m. in the Fellowship Hall of the Sanibel Congregational United Church of Christ, 2050 Periwinkle Way. Rabbi Stephen Fuchs. President Alan Lessack 579-0296.

HISTORIC CAPTIVA CHAPEL BY THE SEA

The Rev. Dr. John N. Cedarleaf Services every Sunday 11 a.m. November 12, 2017 thru April 29, 2018 11580 Chapin Lane, Captiva 472-1646

FIRST CHURCH OF CHRIST, SCIENTIST Sunday 10:30 a.m., Sunday School 10:30 a.m., Wednesday evening meeting 7:30 p.m. Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours). 2950 West Gulf Drive, 472-8684.

SANIBEL FELLOWSHIP, sbc

Join us for Bible study and Worship Sunday 10 a.m. at Island Cinema. Call Pastor Mark Hutchinson 284-6709.

SANIBEL COMMUNITY CHURCH

Dr. Daryl Donovan, Senior Pastor Sunday Worship 8 and 11 a.m. Traditional in historic Chapel, 9 a.m. Contemporary and

childrens church. Childcare available at all services. 1740 Periwinkle Way, 472-2684

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. 7:45 Chapel Service, 9 a.m. Blended Worship Service, 11 a.m. Traditional Workshop Service with Sunday School and nursery care at 9 a.m. 2050 Periwinkle Way 472-0497 www.sanibelucc.org.

ST. ISABEL CATHOLIC CHURCH

Pastor Reverend Christopher Senk, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., May through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Communion Service Monday and Tuesday 8:30 a.m. Holy Days call. 3559 San-Cap Road, 472-2763.

ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Dr. Ellen Sloan, Rector. Saturday Eucharist 5 p.m. Sunday Eucharist 8 and 10:30 a.m. Sunday School 10:30 a.m. Tuesday Morning Prayer 9 a.m. Wednesday Healing Eucharist 9 a.m. Prayer and Potluck first Wednesdays 6 p.m. Taizé Service - third wednesday 6 p.m. 2304 Periwinkle Way, saintmichaels-sanibel.org, 472-2173.

UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the first Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member's home on the third Sunday of each month. 2050 Periwinkle Way, ryi39@aol.com, 433-4901. ✨



Tahitian Gardens

1975 Periwinkle Way



*From the Past...
for the Present*

**THE CEDAR CHEST
FINE JEWELRY**
A Sanibel Tradition Since 1975

Tahitian Gardens • 1993 Periwinkle Way • Sanibel Island, Florida 33957

Telephone: 239.472.2876 • Toll-free: 800.749.1987 • www.CedarChestSanibel.com



AIP Outfitters
MENS WOMENS GIFTS FLY FISHING

Tommy Bahama | Peter Millar | Robert Graham | Nat Nast
ORVIS | Patagonia | ExOfficio | OluKai | True Flies | SWIMS
Island Company | Helen Kaminski | Coola | GoPro & more!

Adventures In Paradise Outfitters
2019 Periwinkle Way Sanibel, FL. 33957. 239-472-8236
www.TheSanibelStore.com

Sanibel Sole

MERRELL
BIRKENSTOCK
KEEN
TEVA
SPERRY TOP-SIDER
VIONIC
taos FOOTWEAR

Tahitian Gardens
1979 Periwinkle Way
Sanibel • 239-395-0385

Synergy
Life is good.

ALEX AND ANI
MADE IN AMERICA WITH LOVE®

Sanibel's Only Positively Authorized Dealer!
The Best Selection in Southwest Florida!

Synergy Tahitian Gardens
1981 Periwinkle Way • Sanibel Island, FL
239-395-5353 • SynergySportswear.com

Platinum Club Reception Kicks Off 2018 Season At BIG ARTS



From left, Susan Heisler, Mollie Avery, Barbara Dunham and Tom Dunham photos provided

More than 400 people attended the opening of BIG ARTS' season with the sold-out performance of *One Night in Memphis*. Prior to the show, 100 BIG ARTS supporters gathered for the initial Platinum Club reception in Phillips Gallery, which was co-sponsored by Sanibel Captiva Beach Resorts and The Sanibel Captiva Trust Company. The show was co-sponsored by Penny Wilkinson and Dick Boehning and Tom and Barb Dunham.*



Patricia Thurber and Davis Thurber



From left, Linda Green, Rich Green, Cathy Siderys and Harry Siderys



Merrill Taylor and Jim Reed



Ken Gill and Karen DeWitt



From left, Penny Wilkinson, Dick Boehning, Susie Freund, Tom Dunham and Barbara Dunham



From left, Chuck Kettelman, Nancy Roach, Chip Roach and Ralph Clark

Sanibel Film Sequel To Premiere At Community House



image provided

Since 2014, Eric Pfeifer has sponsored four full-length documentaries produced by seven-time Emmy Award winner David E. Carter, and most of them have played to full houses at The Community House, and had multiple encore showings.

Now, as the fifth film is ready for its January 30 premiere, Pfeifer is especially excited about the series finale. "David came to me several months ago and said, 'I think this will be our best film yet. I don't think I can do anything better than this one. Let's make this the last in the series,'" said Pfeifer.

Recently, Pfeifer looked at the finished film and thinks the audiences will agree that "we saved the best for last."

For one thing, the story is greatly enhanced by the inclusion of more than 60 vintage photographs taken by Charlie McCullough. Carter uses a "Ken Burns-style" of storytelling for this documentary. Over 150 pictures illustrate the storyline, with a voice narrative for each visual that takes the audience from 1946 through 1984, the 100th anniversary of the Sanibel Lighthouse.

"The ending of the film is especially powerful," Pfeifer said. "I think the audience will find this a very fitting way to conclude the documentary series."

Tickets are \$7 each and are now on sale at The Community House for the Tuesday, January 30 finale premiere. The screening will run from 7 to 8:30 p.m.

With the conclusion of the documentary series, Pfeifer's next community service focus is to greatly enhance the Sanibel Public Library's vintage photo collection. "As David worked on the documentaries, he found that there is a great shortage of post-causeway (1963 and later) photos in the library's collection," added Pfeifer, who promoted an initiative to get hundreds of additional photos into the online collection.

Library Executive Director Margaret Mohundro is excited to have the expanded Pfeifer Vintage Photo Collection as part of its now under way major renovation project.

Those who have pre-1999 photos of Sanibel and Captiva may lend them to the library, have them scanned, and then returned. More details can be found online at www.SanibelStories.com.✱

dealing with the death of their loved one.

Seminar topics include: Is This Normal?; The Challenges of Grief; Grief and Your Relationships; Why?; and Guilt and Anger.

Registration is not required, but the group closes to newcomers after the third session on February 12. The group meetings and discussions are free. However, if you would like to purchase the workbook that complements the presentations, there is a \$20 fee.

For more information, contact Diana and Jim Eriksson at jderiksson1@gmail.com or 472-2684.✱

Griefshare Support Group

GriefShare will be offered January 22 through April 16 from 5 to 7 p.m. in the Prayer Room at Sanibel Community Church.

GriefShare is both a seminar and a support group for grief recovery. It is a 13-week structured program featuring nationally recognized experts on grief recovery topics. Each weekly session consists of a video to watch, plus a small group discussion that allows group participants to talk about the content of the seminar and share how they are

2018 SHARED SCHOLAR LECTURE "THE PSALMS AS DOORWAY TO INTERFAITH DIALOGUE"

with



**The Rev. J. Clinton McCann, Ph.D.
of Eden Seminary**

SUNDAY, JANUARY 14 – 3 P.M.

**at Sanibel Congregational
United Church of Christ
2050 Periwinkle Way, Sanibel**

Co-sponsored by:

Bat Yam Temple of the Islands

The Leo Rosner Foundation

Captiva Chapel by the Sea

First Church of Christ (Scientist)

Sanibel Congregational United Church of Christ

St. Michael & All Angels Episcopal Church

A freewill offering will be taken.



2050 Periwinkle Way • Sanibel, FL 33957

(239) 472-0497 • www.sanibelucc.org



Molly Dunn



Kennedy Hanni



Preston Hanni



Kyler Kouril



Ronan Maughan



Kayce Nette



Colton Sullivan

Students Team Up With Pros At Chef Invitational

Local students will pair with six of Southwest Florida’s most renowned culinary artisans at the SWFL Chef Invitational fundraiser on Saturday, January 27 to support The Community House and its Culinary Education Center of Sanibel. The event begins at 6 p.m. at The Community House. For \$150 per person, members of the public can indulge their senses while supporting Sanibel’s growing culinary community.

The Community House Executive Director Teresa Riska-Hall said she expects the reservations for this rare opportunity to fill up fast. “Everyone will want to save the date and register early,” she said. “Our mission is building community by joining education, health awareness and social activity through food. Education is

an important component of our mission, so we’ve been thrilled to see the growing interest in our Culinary Education Center of Sanibel by adults and students.”

For tickets, call 472-2155 or go to www.sanibelcommunityhouse.net.

Following are comments from the young chefs who will be pairing up with professional chefs on January 27.

Molly Dunn (paired with Melissa Talmage) – “I like the cooking classes because I get to make foods we normally do not cook at home. Chef Jarred has taught me so much about cooking, when I get home and tell my parents what we have done in class, they are always amazed.”

Kennedy Hanni (paired with Werner Dietrich) – “Cooking is a talent but it takes time to perfect. The cooking classes at The Community House help me to learn new skills.”

Preston Hanni (paired with Werner Dietrich) – “Cooking is like chess. You have to learn the strategy before you begin. Cooking with a real chef is like

taking your first moves in chess! I love tasting what we make.”

Kyler Kouril (paired with Wilhelm Gahabka) – “Cooking is in my blood, because my Dad is a trained chef. I really enjoy the cooking class at SCA with Chef Jarred, and I’m excited about the event!”

Ronan Maughan (paired with Steve Joynt) – “I enjoy the cooking classes with Chef Jarred and Chef Jeff, they make learning about food fun and interesting. I also like that we get to cook and prepare meals as groups, it is fun being able to cook with friends.”

Kayce Nette (paired with John Wolff) – “I love to cook and am always looking for new recipes that my whole family will enjoy. The Culinary Classes at The Community House have been a fun way for me to learn new things that I can bring home to try as well. My latest birthday party was a baking contest with all of my friends. We paired up and baked different cakes and were judged on taste and also presentation.”

Colton Sullivan (paired with Craig

Panneton) – “I’m so excited for the opportunity to learn about cooking and food so I can help out more in the kitchen at home!”

Here are a few comments from the culinary students’ parents:

Carrie Dunn – “Molly loves the cooking classes at The Community House. She gets to learn new cooking skills, try new foods and have fun with her friends.”

Trish Hanni – “Cooking is a life skill. As kids grow into adulthood, the job of feeding becomes their own. This opportunity introduces lifetime skills in a fun environment and gives my kids a great sense of accomplishment.”

Babs Maughan – “I love seeing Ronan acquiring skills in the kitchen. He is not only learning an essential life skill he is also learning about different foods and cultures in a fun environment with his peers.”

The Community House is located at 2173 Periwinkle Way. For more information, call 472-2155 or visit www.sanibelcommunityhouse.net.✧

The **S**porty Seahorse Shop

Door Prizes!

PICK YOUR DISCOUNT

Come Celebrate

OUR 28th ANNIVERSARY

SALE

LOOKING FORWARD TO SEE YOU

THURS., FRI., SAT., SUN. - JANUARY 18th thru 21st

5% to 30% OFF

Discount applies to all merchandise. Not good on previously purchased merchandise.

239-472-1858 • 800-248-7563 • FAX 239-395-1858
362 PERIWINKLE WAY • SANIBEL ISLAND, FL 33957

Youth Ministry Takes Challenge

On December 28 and 29, members of H2O, the Sanibel Community Church youth ministry, took part in a nationwide event called the 30 Hour Famine. During the event, more than 20 young people fasted for 30 hours. During the fast, they listened to guest speakers, held a time of corporate worship, and

completed various service projects. Highlights included a local food drive, in which the students collected over a dozen large bags of non-perishable food items that were then donated to FISH of SanCap. They also participated in a fundraiser for World Vision, an international Christian humanitarian aid organization. The teens raised money through pledges per hour they fasted, and raised approximately \$1,000 for World Vision.✧

Arts & Crafts Fair

Saturday, February 3
9am - 2pm



Handcrafted items by 40 vendors

- | | | |
|-------------|--------------|-------------------|
| • Pottery | • Books | • Photography |
| • Jewelry | • Fabric Art | • Shell designs |
| • Paintings | • Glasswork | • Tropical Plants |

Center 4 Life

Palm Ridge Rd. & 2401 Library Way, Sanibel, 472-5743



EXPLOSIVE CLASSICAL!

**CLEVELAND
INTERNATIONAL
PIANO COMPETITION
WINNER**



**Sunday, January 14,
3:30 p.m.**

Nikita Mndoyants.
Coming to BIG ARTS on
the heels of his rave
reviews at Carnegie Hall.
Classical brilliance.

**FRISSON
ENSEMBLE
ORCHESTRA**



**Thursday, January 25,
7:30 p.m.**

Nine piece powerhouse
of New York's finest
classical musicians.
Showcases a myriad of
rarely-performed classics
with a whole new twist.

**NEW YORK
PHILHARMONIC
STRING QUARTET**



**Thursday, Feb. 1,
7:30 p.m.**

It doesn't get much better
than this! Four principles
from the Philharmonic will
grace the BIG ARTS stage
for the first time. A not to
be missed moment.

Order online Today!

www.BIGARTS.org | 239.395.0900



This strangler fig seedling successfully strives for sunlight photos by Gerri Reaves

Plant Smart

Intrepid Volunteers

by Gerri Reaves

The word survivor gets its share of attention these days, whether it refers to a victim of trauma or a participant in a television show.

But all around us are plants that volunteer in such seemingly inhospitable places that they evoke the name survivor.

Take the three Florida natives pictured



Ballmoss hangs out anywhere it can establish a hold and gather sufficient nutrients, in this case a fence surface

here.

It's difficult not to indulge in anthropomorphizing when looking at them, for were these plants people, they might be called brave, even fearless, not to mention innovative.

They inspire awe in their will to survive and carry on the species.

And, from a gardening perspective, they bring new meaning to the term low-maintenance.

Strangler fig (*Ficus aurea*) is notorious for starting a seedling almost anywhere. The results can sometimes be detrimental or even deadly if it begins in a platform



This corkstem passionflower probably started from a tiny fruit in a crack between bricks

plant like a cabbage palm (*Sabal palmetto*).

This species out-competes other plants, with host trees eventually dying from being shaded out, not from a dramatic strangulation, as the common name implies.

When a strangler fig sprouts on a structure, there's potential harm, as those ever-exploring roots seek cracks and damage paint.

That spirited sprout in the photo seems to be saying, "At last, full sun," as it peaks from under a gutter.

Native ballmoss (*Tillandsia recurvata*) is another story. Because it's an epiphyte, or air plant, roots are not a big threat.

Besides, this bromeliad (it's not really a moss) remains small in size, merely using a platform to gather moisture and nutrients.

Whether ballmoss balances on an electrical wire or lodges in a fence crevice, it's unlikely to do harm.

Heavy foot traffic and sun-baked bricks haven't stopped that corkstem passionflower (*Passiflora suberosa*) from taking up residence.

Judging from the size of the substantial stems, it's managed well since a pea-sized passion fruit, perhaps dropped by a bird, found its way into a crack in the pavers.

If left alone, the vine will become an attractive "groundcover" atop the bricks.

Before you decide to destroy an intrepid volunteer plant, first pause to consider its ingenuity -- dare we say intelligence? -- and then decide whether to banish it or let it be.

*Plant Smart explores the diverse flora of South Florida.**

Brighten Up Shady Areas



For color in shady areas, tropical shade plants come in a wide variety of colors and leaf patterns to brighten up the shady areas in your landscape.

Stop in and allow our knowledgeable staff to recommend the right shade plants for your outdoor space.



R.S. WALSH
LANDSCAPING

In The Garden • Retail Garden Center

3889 Sanibel Captiva Road across from the Sanibel School
(239) 395-5859 www.rswalsh.com



Find Us on Facebook & Instagram

City Of Sanibel Holiday Schedule

The City of Sanibel administrative offices will be closed in observance of Martin Luther King, Jr. Day on Monday, January 15 and will resume regular operating hours on Tuesday, January 16.

All refuse, recycling and vegetation waste collection by Advanced Disposal will be collected on your regularly scheduled day.

The Sanibel Recreation Center will be closed on Monday, January 15 and will resume regular operating hours on Tuesday, January 16.

Center 4 Life/Civic Center will be closed on Monday, January 15 and will resume regular operating hours on

Tuesday, January 16.

The following organizations have secured a Special Event Permit for this weekend:

Saturday, January 13, 10 a.m. to 3 p.m. – SanCap Art League, Art on the Veranda, Bailey's Shopping Center, 2477 Periwinkle Way;

Sunday, January 14, 8 a.m. to 1 p.m. – Sanibel Island Farmers Market, Sanibel City Hall, 800 Dunlop Road. Due to the ongoing construction at the Sanibel Public Library, Lot A (Sanibel Public Library) is now designated as handicap parking. Non-handicap parking is available at Lot B (Sanibel City Hall), Lot C (BIG ARTS) and Lot D (Herb Strauss Theater.)

Sunday, January 14, 1 to 4 p.m. – CROW's 50th Anniversary Open House, 3883 Sanibel-Captiva Road.*



VINTAGE GUITARS * VINYL * CDs * BOOKS

SANIBEL MUSIC

Buy - Sell - Trade * 1633 Periwinkle Way Unit E * 703-474-0200



Celebrate the Best of Comedy at BIG ARTS Strauss Theater

"The funniest comedy ever written!" - New York Post

NOISES OFF

MICHAEL FRAYN'S

COMEDY HIT

"Knee-slappingly funny!"

- New York Times

"Noises Off" is presented by special arrangement with Samuel French, Inc.

JANUARY 12 - FEBRUARY 17

Preview: January 11, 7:30 PM

Opening Night & Reception: January 12, 6:30 PM

"If laughter is the best medicine, this flawless show is capable of curing double pneumonia."

- Terry Teachout, The Wall Street Journal

Generously sponsored by



HEIDRICK
& Co.
www.SanibelInsurance.com

www.BIGARTS.org | 239.395.0900

Never Too Cold To Catch Sheepshead



by Capt.
Matt Mitchell

Plummeting temperatures from a extremely strong cold front dropped our water temperature in the sound from the mid 70s to the low 50s in just a few cold days and nights. For a whole week our day time high temperatures struggled to reach even 60 degrees. Once we got past the climate shock and the strong winds let up, anglers could finally make it back out on the water. With such cold temperatures it proved to be the perfect time to go sheepshead fishing.

Getting out and fishing during these Florida extreme cold conditions took lots of warm clothing and was all about layering up. After pushing the scheduled charters back a few hours till

mid-morning, we had some fantastic sheepshead action. Tucking the boat out of the windy conditions was really pretty nice. Better yet, the sheepshead bite was on fire. From mangrove creeks to channels, pilings and jetties, the sheepshead have now pushed into the sound in huge numbers. Trips that I did manage to get out due to the weather this week were all about sheepshead, and my clients all went home with big smiles and lots of fillets.

Shrimp is my bait of choice for sheepshead fishing. In fact, I prefer a chunk of shrimp curled onto a small jig head to both hide the hook and make it harder to be stolen. Although the sudden and severe temperature drop puts almost all other species we target into lock jaw mode, this crazy cold is the perfect set-up for sheepshead. With cold temperatures and relatively strong winds most days, I opted to stay close to home by ducking and hiding in 'Ding' Darling. From the major creek entrances all the way back into the deepest hidden feeder creeks, we caught sheepshead of all sizes with our biggest ones measuring just over 16 inches.

As conditions continue to improve and our winds settle down, I will be running a little further from home to target larger sheepshead in and around the passes. The cooler

water also means much clearer water as it is now getting possible to look at many of my favorite big sheepshead holes and see exactly what size fish are there. Cooler water should also bring an end to the red tide that's been in the news and plaguing the Gulf side of our barrier islands.

The wall at Redfish Pass produces lots of sheepshead every year for the anglers that choose to fish for them in this very congested non-secret spot. If you are one of the first boats there after a cold front, you can do really well. Although, after a few days, most of these fish get picked over pretty hard which drastically reduces the average size.

Some of the largest sheepshead of winter will be near shore reefs during calmer conditions. Any kind of sunken concrete within a few miles of the beaches is a good place to drop a bait down. Any of the man-made reefs found on the Lee County boaters charts will be holding some giant sheepshead with some of these fish even getting close to 10 pounds. I-pilot trolling motors are the perfect aid for fishing this nearshore structure when in the spot lock/anchor mode. Being able to fish your bait offerings straight up and down in this deeper water will really increase your hook-up ratio.

During periods of cold like we will experience during these next few months, sheepshead – although not the most glamorous fishing – can save a day on the water and send you and your family and friends home with an excellent dinner. When I'm in the mood and catching these fish, it's just good fast-paced fun fishing. Don't feel left out if you don't have a boat. Some of the best sheepshead fishing is also happening at piers, bridges and jetties all easily accessible by shore-bound anglers.

Florida regulations on sheepshead include 12-inch minimum size and 15 per angler per day. I find this a ridiculously high limit, so please enjoy and only take what you plan on eating.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.✪



A cooler full of sheepshead caught this week with Capt. Matt Mitchell photo provided

Send Us Your Fish Tales

We would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include a photograph with identification. Email to press@islandsunnews.com or call 395-1213.

CLEAR YOUR GEAR It Catches More Than Fish



Lead is toxic.
Choose non-lead
weights.



BOAT RENTALS

Fishing • Cabbage Key
Dolphin Watching
Captains Available

472-5800
Jensen's Marina
Captiva Island

FLORIDA'S #1 SELLING INSECT REPELLENT

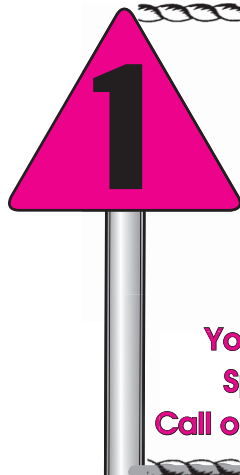


- Locally owned and operated
- 100% natural ingredients
- Smells great
- Safe to use on kids
- Works on pets & horses
- Non-greasy or sticky formula
- Repels mosquitoes & most biting insects



Visit Our Website for Locations
on Sanibel & Captiva Islands

WWW.NONOSEEUUM.COM



ISLAND MARINE SERVICES, INC.

- NEW MOTOR SALES • REBUILT POWERHEADS •
- FACTORY TRAINED •

MERCURY – MARINER – JOHNSON – EVINRUDE
SUZUKI – YAMAHA – OMC – I/O'S – MERCURUISER

Courteous Professional Marine Repair Service • Dockside Service
Serving Sanibel & Captiva For Life

472-3380 • 466-3344

Your Bottom
Specialist
Call on Paint Prices



Dave Doane

Ranked Sanibel's #1 Shopping Destination

by the Lee County Visitor
and Convention Bureau



Island Pursuit
casual authentic sportswear since 1983
2075 Periwinkle Way
239-472-4600
islandpursuit.com

COME & ENJOY!

Family Owned & Operated

Open Daily • Breakfast 7am • Lunch @ Noon • Dinner 5pm to Close

Full Liquor Bar • Happy Hour 4-6pm • Patio Dining

239-472-2525 - BlueGiraffeSanibel.com

Periwinkle Place Shopping Center • 2075 Periwinkle Way, Unit 14 • Sanibel




Sanibel Day Spa
ESCAPE RELAX RESTORE

Massage
Skincare
Hair & Nails

PERIWINKLE PLACE SHOPPING CENTER
239.395.2220 • 877.695.1588

WWW.SANIBELDAYSPA.COM

MM# 2782

The day has come!!!

Trader Rick's

for the artful woman

Same Great Shop! Fabulous New look!

ADD SOMETHING BREATHTAKING
TO YOUR WARDROBE TODAY!

Periwinkle Place 472-9194



CONGRESS JEWELERS

SEALIFE ♦ FASHION ♦ DIAMONDS ♦ ESTATE

Periwinkle Place Shops • Sanibel Island
239-472-4177 • CongressJewelers.com

Shop Mon-Sat 10-8, Sun 12-6
Dine 7am-8pm or later

2075 Periwinkle Way

Open Daily • 2 Miles West of Causeway Road on the Left

www.periwinkleplace.com




**Periwinkle
Place Shops**

Sanibel Day Spa Blue Giraffe Original Chico's

**BREAKFAST
LUNCH
DINNER**



Campers participated in a penguin obstacle course on the beach

photo provided

Penguin Week At Sea School

submitted by Leah Biery

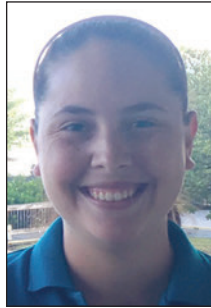
Participants in Sanibel Sea School's first week of Winter Camp, Flipping out for Penguins Week, enjoyed four days of ocean fun and learning about the unusual, flightless birds that inhabit the southern ocean. "We thought penguins were an appropriate topic for the end of December, since they are highly adapted to life in and around very cold waters," said Nicole Finnicum, the organization's director of education.

Campers practiced diving for food

like penguins, did an experiment to understand how oil helps keep penguins' feathers dry, and compared their height to that of different penguin species. They also made penguin art, waddled through an obstacle course, and participated in an activity about melting glaciers to learn how climate change is affecting penguins and the areas where they live.

Sanibel Sea School is a 501(c)3 nonprofit whose mission is to improve the ocean's future, one person at a time. The organization offers two weeks of winter camp and many weeks of summer camp each year. To learn more about these and other programs, visit www.sanibelseaschool.org.✱

New Faces At Tarpon Bay



Lindsey Anderson



James Alvarez III

Tarpon Bay Explorers, the official concessionaire for the JN "Ding" Darling National Wildlife Refuge, welcomes three new staff members. The Explorers filled three positions this year including naturalist, mechanic and fishing captain. The company provides guided eco-tours by kayak, standup paddleboard, pontoon boat and tram for the refuge. They also offer fishing charters on Tarpon Bay as well as kayak, canoe, standup paddleboard, family pontoon boat and bicycle rentals. A unique, nature-themed



Capt. Dan Tobias

gift shop is onsite.

Naturalist Lindsey Anderson is a born and raised Floridian. Her native homeland is Lakeland, Florida, but she relocated to Fort Myers to attend Florida Gulf Coast University. Anderson earned a BS degree in marine science in 2013. Anderson's love for marine science and desire to educate the public is a perfect fit for the Explorers' family. In her free time, she enjoys scuba diving and hanging out at the beach with her new husband.

Fishing Capt. Dan Tobias – also known as Capt. Toby – joined the Tarpon Bay Explorer family a few months ago. Originally from Chicago, Tobias resides in Bonita Springs. He earned a degree in communications from Florida State University, which inspired a long career in the film and TV industry. After 30 years in the industry, Tobias relocated to start his own fishing charter business. Nowadays, that's a majority of what he loves to do: fish and interact with people who share a similar passion.

Boat mechanic James Alvarez III is another born and raised Floridian. He grew up in Cape Coral and recently became a certified mechanic through Fort Myers Technical College. Alvarez feels right at home at Tarpon Bay since he gets to be surrounded by everything he loves: fishing, boating, nature and all other water-based activities. Outside of work, he enjoys spending time with his family and fly fishing. He is eager to find some free time to get out on Tarpon Bay and test his angling skills.✱

THE GROG SHOP

Wine • Spirits • Liqueurs • Cigars • Gift Items

This Week's Specials

**Smirnoff
Vodka**

1.75 Ltr.

\$22.99

**Kendall Jackson
Chardonnay**

750 ml.

\$13.99

*One of the Best Selections of Domestic
and Imported Wines on the West Coast
Best Liquor Selection on the Islands
Special Orders and Case Discounts*

Walk-in Humidor

Great Selection of Cigars & Accessories

Where the Locals Shop!

Bailey's Shopping Center (next to Island Cinema)
Corner of Periwinkle and Tarpon Bay • 472-1682
Mon.-Sat. 9 a.m. - 9 p.m. Sun. noon - 7 p.m.



World Renowned Brand To Visit Fly Shop On Sanibel

World-renowned fly fishing brand Sage once again hits the road for its On the Water Tour. This time, Sage will visit Sanibel during its stop at Norm Ziegler's Fly Shop on Friday, January 26. The event takes place from 3 to 8 p.m.

Join Sage to talk about all things fly fishing and pick up some fly fishing tips. Sage will bring along a 1985

Westy, along with a full quiver of the new SALT HD and X rods, with Sage reels and RIO lines to match.

In addition to rods, reels and lines to cast, Sage will have free food and drinks, giveaways and will be raffling off a brand new, 9-foot 8-weight SALT HD rod, a SPECTRUM MAX 7/8 reel, and a #8 RIO Flats Pro fly line. Get one raffle ticket free by signing up for Sage's email newsletter and every \$10 you spend at the fly shop that day will get you an extra ticket. Winners need to be present to claim their prize.

Norm Ziegler's Fly Shop is located at 2242 Periwinkle Way on Sanibel.✱

Sanibel Double D, LLC
DESIGNATED DRIVERS
TAXI Service 239.472.3458

Airport Transportation

**"BEST
RATES"**
Serving
Sanibel &
Captiva
Islands

"For All Your Island Needs"

- Dinners • Deliveries • Shopping
- Late Nights • Doctor's Appts.

www.SanibelDoubleD.com

Licensed & Insured • Locally Owned & Operated Since 2007

CROW Case Of The Week:

Florida Box Turtle

by Bob Petcher



The Florida box turtle (*Terrapene carolina bauri*) is a member of the American pond turtle family. It can be found primarily in marshes, swamps, rivers or forests in areas of high humidity.

The average size of the Florida box turtle is four to six inches. Without complications, it can live a long life with an average life span of 50 years and a capacity to live more than 100 years. These turtles are great climbers due to their very sharp claws. Interestingly, they normally have four toes on their back feet.

In distinguishing the sex of the Florida box turtle, check the eyes. Males are known to have bright red or orange eyes, while females have dark red or brown eyes. Even with the cold of winter, Florida box turtles do not hibernate. Rather, they just slow down during the cooler temperatures.

Florida box turtles have artistic shells. While the background of the highly domed carapace is black, the markings feature patterned yellow stripes that are picturesque. The shells also possess a hinge so it can completely enclose its body within its shell, something only box

turtles and mud turtles have the ability to do and do so to protect themselves from being attacked. Common predators include skunks, raccoons, dogs, birds like crows and ravens, as well as snakes.

At CROW, an adult male Florida box turtle was the first admitted patient of the new year. Officials say it arrived from Sanibel with a partially amputated right hind limb that was suspected to be secondary from a predator attack. The wound contained maggots and the tibia and fibula of the limb were exposed with some necrotic tissue present. The turtle was given pain medication and the wound was flushed and bandaged.

"Fly eggs hatch into maggots/larvae 24 hours after being laid, so the wound was a minimum 24 hours old," said Dr. Robin Bast, CROW veterinary intern. "Due to the large amount of maggots in the wound and the amount of necrotic – dead and infected – tissue present, as well as the dessicated – dried-out – condition of the exposed bone, I suspect the injury was several days old before the turtle was admitted to the hospital."

CROW clinical staff applied wound management over the first few days to eliminate the maggots. On January 4, surgery was performed to remove the necrotic tissue, and the tibia and fibula fragments were removed. The wound was closed around the femur and sutured.

"Initially, the wound was flushed with sterile saline and treated with topical Capstar flush. This is a medication that can be used to treat cutaneous myiasis, or flystrike. Flystrike is the term used to describe the presence of maggots



Patient #18-0001 has a healthy appetite after surgery

photo by Brian Bohlman

in a wound," said Dr. Bast. "Surgery was performed to amputate the limb at the stifle (knee). The exposed, necrotic tibia and fibula were removed; necrotic tissue was debrided, or trimmed away, and healthy tissue was closed over the amputation site. The femur did not appear to be affected by the injury. The patient recovered from anesthesia uneventfully, and is eating well on its own."

"The box turtle will receive a course of pain medication as well as systemic antibiotics to treat infection. The amputation site will be closely monitored to ensure it is healing appropriately. The amputation has not hindered its ability to move around, so no additional physical therapy is indicated at this time."

If all goes well for the patient, he may be released before the second month of 2018.

"Once the amputation site has completely healed and rechecked blood work and radiographs are found to be within normal limits, then the box turtle can be released," said Dr. Bast. "I expect this will be within the next two to three weeks if no complications arise."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

"Top 5 Breakfast in Florida" - Southern Living

BEST LUNCH & BEST FAMILY DINING

Like us on
Facebook

Now Serving FULL LIQUOR
Tropical Cocktails

Happy Hour
All Day Long

Outdoor
Tropical Dining



11 YEARS & COUNTING!

by Best of the Islands

Live Music &
Outdoor Games

Fresh Seafood &
Dinner Specials

Huge Kids
Menu

BREAKFAST, LUNCH & DINNER

239.472.0606 • SanibelIslandCow.com

Open 7 am – 9 pm • Open "8 Days a Week"

2163 Periwinkle Way • Sanibel Island



Shell Of The Week

Winged Chimney Clam



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

The Winged Chimney Clam, *Gastrochaena diffilis* Deshayes, 1855, is a boring clam that spends its life lodged into the structure of empty shells or corals. The elegant shell of this species is very fragile and will not be found outside of its host structure. A young Winged Chimney Clam will settle onto a shell (or coral) and begin the boring process

right away. Boring is done chemically, not mechanically. As its close relative, the Stimpson Chimney Clam, does, when its size eventually surpasses the thickness of the host shell, completely piercing it from side to side, the Winged Chimney Clam is capable of building a “dwelling” of mucus and sand and broken shell particles for its protection. Learn more about local mollusks at www.shellmuseum.org/shells/southwest-florida-shells.

Shell Museum Events

See truly giant shells. Watch a live Tank Talk. Take a daily beach walk. Check out our family programs. We are the only natural history museum in North America devoted entirely to shells. Drop by and let us inform and inspire you. Visit www.shellmuseum.org or call 395-2233.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.



The Winged Chimney Clam, *Gastrochaena diffilis*, from Sanibel photo by José H. Leal

Shell Club Presentation

Cone Snails, Tennis Rackets, Pain Medications, and the Sanibel Shell Show is the title of Dr. Tom Annesley’s presentation at the Sunday, January 21 meeting of the Sanibel-Captiva Shell Club. His presentation will focus on scientific discoveries involving cone snails and their toxins. But as with many advances in science, there are elements of luck, happenstance, intrigue, mistakes, and creating lemonade out of lemons that contribute to the story. Dr. Annesley will show us how the supposedly unrelated topics of tennis, pain medications, and even the Sanibel Shell Show fit into the story of cone snails.

The meeting will be held in the auditorium on the main level of the Bailey-Matthews National Shell Museum. It begins at 2 p.m. and is open to the public free of charge. Refreshments will be served and door prizes will be given.



Tom Annesley photo provided

Rules To Remember For Paddlers



by Walter Cheatham
Paddleboards, kayaks and other vessels “under oars” are increasingly popular in the Sunshine State. Related regulations are constantly changing and under review. However, there are a few rules

worth memorizing right away. First and foremost, all paddle craft must carry a United States Coast Guard-approved personal flotation device (PFD). Children under the age of 6 are required to wear a proper PFD at all times. In addition, all paddlers must have a sound-producing device, such as a whistle. I find that this is easiest to remember by attaching it to my PFD.

When sharing space, the vessel with the least maneuverability has the right of way. Often, this means a paddle craft, but it can also apply to very large boats that take a long time and distance to turn. Remember,

tiny paddle craft may not be seen, and sometimes they are ignored. My advice would be to always take your own safety into account by giving way to bigger boats. Pay special attention when crossing boat channels and main waterways.

Also, if you decide to paddle between sunset and sunrise (after dark), you must carry a white light-producing device that is powerful enough to be seen by boaters. Due to the proliferation of paddling in Florida, further regulations may be added in the future. To stay abreast of this information, there are two websites to check regularly. For state regulations, visit the boating regulations information page from the Florida Fish and Wildlife Conservation Commission at www.myFWC.com/boatingregulations. For information on federal boating guidelines, visit www.navcen.uscg.gov.

No one likes rules, but there are good reasons to have them and follow them on the water. It only takes a few minutes to learn the regulations that will help you enjoy many days of safe and happy paddling adventures.

Walter Cheatham is an experienced paddler and ACA-Certified Paddling Instructor. Ocean Tribe Paddlers helps the Southwest Florida paddling community better explore, enjoy and understand the ocean. Visit www.oceantribepaddlers.org or follow on Facebook to learn more.

★

CAPTIVA CRUISES

★

Come sail away with us!

For over 30 years, Captiva Cruises has been providing first class tours on Pine Island Sound. Come see us and have some FUN while exploring the natural beauty of our islands. Call or book your tickets online! Reservation are Required.

239-472-5300
CaptivaCruises.com

NATURE BRACKETS®

(239) 454-1001

- Easy to Install
- Weather Proof
- Bring to Life any Mailbox, Porch or Shelf

naturebrackets.com



***Join us as we kick-off our celebration of 50 years:
Passionate about Wildlife, Committed to Care and Education!***

Sponsored in part by:  **LCEC**
PEOPLE. POWER. POSSIBILITIES.

What:

CROW Open House

When:

1pm - 4 pm, Sunday, Jan. 14

Where:

CROW Visitor Education Center

Cost:

It's FREE!

Visit www.crowclinic.org for more details!

Explore the
Visitor Center,



Tour the
Hospital,



Meet the
Animal Ambassadors!



CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact David Waszmer, Visitor Education Center and gift shop manager at 472-3644 or dwaszmer@crowclinic.org. Hours are 10 a.m. to 4 p.m. Monday through Saturday. CROW is located at 3883 Sanibel-Captiva Road.

Friday, January 12, 11 a.m. to 12:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Friday, January 12, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Why Animals Come to CROW (daily presentation).

Whether animals are sick, injured or orphaned, CROW aims to lead in their recovery. From fishing line entanglement to abducted babies, this presentation will address the most likely reasons patients are admitted to the hospital.

Friday, January 12, 2 to 3:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Friday, January 12, 2 p.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Patient Profiles: Birds of Prey (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW's animal ambassadors will be present.

Saturday, January 13, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Baby Care at CROW (daily presentation).

Wildlife parents are devoted to the care of their young and rarely abandon them. Juveniles found "abandoned" might actually be in a natural stage of development. Those needing assistance are placed in a specialized wing of the wildlife hospital and are provided supportive care around the clock until they are old enough to care for themselves.

Saturday, January 13, 2 p.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Patient Profiles: Gopher Tortoises (daily presentation).

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is

classified as a "keystone species."

CROW's presenter explains why they are admitted and how the medical staff treats this species. One of CROW's animal ambassadors will be present.

Sunday, January 14, 1 to 4 p.m., free for all ages – CROW's 50th Anniversary Open House (special event).

To kick-off the celebration, CROW is opening its doors free of charge. Explore the Visitor Education Center and meet the animal ambassadors. Experience a behind-the-scenes look at the hospital with abbreviated Wildlife Walk guided tours.

Monday, January 15, 11 a.m. to 12:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Monday, January 15, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Patient Profiles: Snakes of Southwest Florida (daily presentation).

Florida is home to 46 species of native snakes, only six of which are venomous. Although there is a widespread fear and misunderstanding of this animal, most species are harmless to humans and form vital links in the ecosystem. Snakes are extremely valuable because they are efficient at monitoring pest populations without relying on chemical pesticides which can degrade the environment and harm other animal species. One of

CROW's animal ambassadors will be present.

Monday, January 15, 2 p.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – CROW Case of the Week (daily presentation).

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

Tuesday, January 16, 11 a.m. to 12:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Tuesday, January 16, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Patient Profiles: Birds of Prey (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW's animal ambassadors will be present.

Tuesday, January 16, 2 p.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Landscaping for

continued on page 38

TRADERS

Gulf Coast Grill & Gifts

Coastal Cuisine - Raw Bar Shopping - Jewelry

Live
Entertainment!
Tuesdays - Thursdays



A favorite Island spot, since 1998

TRADERS HOURS

Lunch 11:00 - 2:30 • Happy Hour 3:00 - 6:00 • Dinner 5:00 - 9:00
Open Monday - Saturday

239-472-7242

1551 Periwinkle Way, Sanibel Island

TradersSanibel.com



Lighthouse Cafe

The World's Best Breakfast

NOW SERVING DINNER! Dec 15-May 1
Dinner Reservations Recommended



- Slow-roasted prime rib au jus, burgers, fish sandwiches, salads, chicken parmesan, pasta, ribs and more.
- Fresh local grouper, yellowtail snapper, hogfish, mahi-mahi, tripletail, ahi tuna, and salmon.
- 14 oz coffee-rubbed ribeye steak.
- Homemade desserts, quality cakes from epicurean bakeries
- Craft, Import and Domestic beers, as well as a comprehensive wine list

Call Ahead Seating Available

BIG PARTIES DON'T SCARE US (call ahead for reservations)

Share your comments, photos and stories: [Facebook.com/lighthousecafeofsanibel](https://www.facebook.com/lighthousecafeofsanibel)



239.472.0303 | 362 PERIWINKLE WAY, SANIBEL | LIGHTHOUSECAFE.COM



Sanibel-Captiva Conservation Foundation

Take a Walk on the Wildside of SCCF Preserves

- Learn about the beach and estuary at a guided walk of Bowman's Beach and bayou (owned by Lee County; managed by the City of Sanibel). Keep an eye out for shorebirds and gopher tortoises as your guide leads you along the beach towards Blind Pass and then returns along the back dune/bayou trail. *Meet your SCCF guide at Bowman's Beach at the foot of the bridge that crosses the bayou on the way to the beach.*
- Explore the the Shipley Trail at the Bailey Homestead Preserve and connect to the Pond Apple Trail. Circle the man-made ponds that are home to wildlife such as alligators, anhingas, and woodstorks — sometimes eagles can be spotted. *Meet at the Welcome Kiosk at the head of the Shipley Trail, near the entrance.*
- Learn about the many ways SCCF utilizes this living laboratory and how the Baileys farmed this land on a Making the Land Work tour of the Bailey Homestead Preserve. *Meet at the Welcome Kiosk at the head of the Shipley Trail, near the entrance. \$5 for non-members.*
- Learn about the uses of the native plants in this Garden Walk at SCCF's Native Landscapes & Garden Center. *Meet on the deck at the Native Landscapes & Garden Center. \$5 for non-members.*
- Walk the ridge-and-swale backbone of Sanibel on this Explore Sanibel's Interior Wetlands guided walk behind SCCF's Nature Center. *Meet at the Nature Center.*
- Learn about native plants at different SCCF preserves with Weeds 'N Seeds. *Meet at the Nature Center porch at 8:45 a.m. and carpool to the site. Depending on the location visited, you may need parking money.*

FOR MORE INFO, VISIT www.sccf.org, look for Programs (upper right) and scroll down for the Calendar



Make Your Own Solitary Bee Box at BHP

Many of Florida's solitary bees lay their eggs in hollow branches. Attract these wonderful pollinators to your own yard by making your own bee box! All materials will be provided, and participants will go home with a box and information about attracting these fascinating pollinators to your yard. Please bring your own hammer, if possible. Tuesday, January 23 at 10:30 a.m. at the Native Landscapes & Garden Center. RSVP to the Garden Center at 472-1932. Fee: \$25.



Florida Panthers and Wildlife Corridors

Florida panthers are the rarest mammals in North America — and their future depends on wildlife corridors. While not found on Sanibel, they play an important role in maintaining the ecosystems of Southwest Florida. The last few years have



seen record-breaking panther deaths, but there is hope in protecting their habitat and allowing the elusive cat to spread north into its historic habitat. Learn what makes Florida panthers unique and why they are so vital to our environment. Tuesday, January 16 at 10 a.m. at the Nature Center. \$5 per adult; free for members and children.

SCCF JANUARY 2018

HAPPENINGS
PROGRAMS
OPPORTUNITIES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
14	15 Sanibel: The City That Almost Wasn't-10	16 Native Plant Garden Walk-9@ BHP Panthers & Wildlife Corridors-10 Nature Ctr Trail Walk-11	17 Bowman's Beach Walk-9 Making Land Work tour at Bailey Homestead-10 Gator & Croc Tales-10 Nature Ctr Trail Walk-11	18 Turtle Tracks-10 Nature Ctr Trail Walk-11	19 Shipley Trail Tour-10@ BHP	20
21	22 Weeds Seeds Walking Tour-8:45 Hurricanes, Water Spouts & Lighting-10	23 Native Plant Garden Walk-9@ BHP Make a Bee Box-10:30@ BHP Nature Ctr Trail Walk-11	24 Bowman's Beach Walk-9 Making Land Work tour at Bailey Homestead-10 Nature Ctr Trail Walk-11	25 Bobcat Tales -10 Nature Ctr Trail Walk-11	26 Shipley Trail Tour-10@ BHP	27
28 Caloosahatchee Oxbow & Riverfore Tour (Jan almost sold out). Next cruises on Feb. 4 and 18; March 11 and 25	29 Prescribed Fire as a Conservation Tool -10	30 Native Plant Garden Walk-9@ BHP Nature Ctr Trail Walk-11	31 Bowman's Beach Walk-9 Making Land Work tour at Bailey Homestead-10 Otter Tales -10 Nature Ctr Trail Walk-11	<div>Programs meet at the Nature Center unless otherwise noted.</div>		



Male Anna's Hummingbird © Image Copyright 2017 William E. Heyd; All Rights Reserved

Hummingbird

Presentation On Barred Owls And Hummingbirds

San-Cap Audubon's own photographer and scientist, Bill Heyd, returns to present his program, Images to Inspire: Barred Owls & Hummingbirds, at The Community House on Thursday, January 18 at 7:30 p.m. Join Heyd as he uses his proprietary photographs and related scientific research to delve into the intimate activities of these unique and very different avian species.

In January 2017, Heyd presented a program on barred owl nesting to Sanibel-Captiva Audubon. In this follow-up presentation, he will use his images to describe observations of, and insights into, the barred owl young that have fledged from the nest. In addition, Heyd will utilize his insight and images to enlighten participants on many of the 16 hummingbird species that commonly nest in the U.S. While barred owls and hummingbirds may not have a lot in common, the nests of both species can be very difficult to find, thus presenting similar complications to Heyd as a research photographer.

With a PhD in organic chemistry, Heyd spent 30 years with Upjohn and successor companies as a medicinal chemist, patent scientist, research contracts scientist, technology licensing evaluator

and administrator in central nervous system disease research. He retired from Pfizer in 2003 and, in 2009, after several more years consulting on technology evaluation and patent work for small start-up life sciences companies, Heyd decided to fully focus his talents and enthusiasm on wildlife, nature and photography. One of his earliest memories of photography was when his dad opened his Kodak camera, extended the bellows, set the self-timer and dashed toward the family so that he could be in the picture. How times have changed. In his work today, Heyd uses a Canon EOS1DX SLR which can take up to 12 images per second while continuously focusing for each exposure. Heyd also prepares for wildlife photography excursions by learning the subjects' potential behaviors and utilizing what he calls the three P's – be prepared, be patient and be persistent.

This is the third of eight Sanibel-Captiva Audubon lectures to be held in 2018 on Thursday evenings at 7:30 p.m. All are welcome to attend. Doors open at 6:30 p.m. and parking is available at The Community House as well as across Periwinkle Way in the Herb Strauss Theater parking area. A \$5 donation per attendee is appreciated with proceeds after costs being used to promote conservation on Sanibel and in Florida.

The Community House is located at 2173 Periwinkle Way on Sanibel. For more information, call Bill Jacobson at 395-1878 or visit www.san-capaudubon.org.✧



Bill Heyd

photo provided



© Copyright 2011, 2017 William E. Heyd

Barred owl

photo by Bill Heyd



239-47BEACH (472-3224)

BEACH PIEZ PIZZA



NY STYLE PIZZA
New Subs & Salads
Get Your Frequent Piezer Card!
Stop In For Details
www.beachpiez.com

2441 Periwinkle Way
Sanibel Island, FL 33957
Tel: 239-47BEACH (472-3224)

Open Mon-Sat. at 11 am
Open Sun. at 4 pm

Delivery Available

Locally Owned By:
Chuck Bergstrom
Island Resident
Award Winning REALTOR®

Shell Found



Bruce Hanselman photo A. Ziehl

Bruce Hanselman from Salisbury, Illinois found a lion's paw on the beach at Mitchell's SandCastles, where he was staying. Hanselman said he found the shell during pre-dawn hours in a shoreline pile.☆☆

Fish Caught



Jack Gillenwater photo provided

Jack Gillenwater from Richmond, Virginia caught this awesome snook in the lake on the 14th hole at The Dunes Golf & Tennis Club at sunrise just before heading back home.☆☆

Shells Found



Dylan Page photo provided

Dylan Page, visiting from Washington Courthouse, Ohio, found a junonia at Gulfside City Park beach access on January 2. Page also found two alphabet cones and a pear whelk on the beach along West Gulf Drive. "I can't wait to return this June to continue the Sanibel Stoop," he said.☆☆

Shell Found



Kristen Klos-Maki photo provided

Kristen Klos-Maki, visiting from Duluth, Minnesota, found a junonia on the beach along Middle Gulf Drive. She found the rare specimen during her morning walk near the water's edge and said she was "thrilled after many years of shelling. It will remain in a place of honor."☆☆

Enjoy
The Best
Wood-Fired
Pizza & Local
Craft Draft
on the Islands!

MATZALUNA
CRAFT BEER • PIZZA • PASTA

HAPPY HOUR
4:30-6:30 • 7 DAYS

matzaluna.net

\$2.50 OFF
The purchase of each adult entree.
Present this ad to your server. Must be seated prior to 5:30 p.m.
Not valid on Pizza or with any other coupon or discount.
Expires 1/17/18

1200 Periwinkle Way (239) 472-1998 Full Liquor
Open 4:30-9:30 pm 7 days • Take Out Available • Gluten Free Pasta

Aw Shucks!

OYSTERS

Oyster Bar now open 7 Days
serving the largest selection of oysters in Southwest Florida

"We serve it fresh...."

STONE CRAB CLAWS
Call for Availability

....or we don't serve it at all!"

THE SANIBEL GRILL
SEAFOOD • SPORTS • SPIRITS

BEST PLACE TO WATCH THE GAME!

BEST OF THE ISLANDS SEAFOOD!

the TIMBERS RESTAURANT & FISH MARKET

Serving Fresh Fish Since 1978

39 Years of Fresh Fish on Sanibel Island!

Friday is LOBSTAH NIGHT!

Happy Hour Daily
4:00pm - 6:00pm & 10:00pm - Midnight

Grill Open Mon-Fri 4:00pm - Midnight
Noon on Sunday

Oyster Bar Open Monday - Sunday
Fish Market Open at 11am - 9pm (2pm - 9pm Sunday)

13 Dinners for \$15,
before 5:30pm • 7 days

Restaurant Open 7 Days 5pm - 9:00pm

472-3128 • 703 Tarpon Bay Road • www.timbersofsanibel.com
Winner Best Seafood 2010-2017



Dr. Jose H. Leal

photo provided

Mollusk Matinée Return To The Shell Museum

The acclaimed Mollusk Matinée intramural lecture series returns to the Bailey-Matthews National Shell Museum. Talks will be given by museum educational and scientific staff from 2 to 3 p.m. every Tuesday from January 23

through April 17.
Mollusk Matinée lectures are free with paid museum admission; no charge for members. Presenters include José H. Leal, PhD, science director/curator; Rebecca Mensch, MS, marine biologist; and Leigh Gay, outreach coordinator.
The lecture series schedule is:
January 23 – Mollusks in Peril: Why Should We Care? by José H. Leal;
January 30 – Cephalopods by Rebecca Mensch;

February 6 – CSI: Mollusks by Leigh Gay;
February 13 – Beach ID by Rebecca Mensch;
February 20 – Beach Birds by Leigh Gay;
February 27 – Lifestyles of Deep-Sea Mollusks by José H. Leal;
March 6 – Giant and Colossal Squids by Rebecca Mensch;
March 13 – Cross-Examining the Usual Suspects – by José H. Leal;
March 20 – Wildlife of Sanibel by Leigh Gay;
March 27 – Tusk Shells by Rebecca Mensch;
April 3 – The Bahamas Deep-Sea Expedition by José H. Leal;
April 10 – Beach ID by Rebecca Mensch;
April 17 – CSI: Mollusks by Leigh Gay.
For all those who have ever searched for the perfect shell, the Bailey-Matthews National Shell Museum is a rare find. It is the only museum in the United States solely devoted to shells and the mollusks that create them. This accredited natural history museum is home to world-renowned malacologist José H. Leal, PhD, marine biologists, and highly-educated volunteers who are passionate about the study of shells, mollusks and protecting the ocean’s amazing biodiversity. Among its many educational programs, the museum offers school programs, community outreach programs and daily beach walks. For more information, visit www.shellmuseum.or or call 395-2233.
The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road.*

LIVE ON THE ISLANDS

Il Cielo has live entertainment with Scott McDonald on Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday.
Island Cow on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it's Dan Confrey.
Sea Breeze Café at Sundial Beach Resort & Spa has live island style entertainment on Mondays.
Traders Gulf Coast Grill & Gifts has live entertainment on Tuesday and Thursday with the Danny Morgan Band. Chris Workman plays on Wednesday.
Traditions on the Beach at Island Inn has live entertainment on Friday with Woody Brubaker and Marvilla Marzan. Dusk Duo performs on Saturday. Woody Brubaker Duo plays on Sunday. Woody Brubaker performs on Wednesday. On Thursday, it's the Barbara Dexter Duo.
*Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299.**



Cip's PLACE
Island Restaurant



Enjoy Indoor & Outdoor Dining in a Casual and Friendly Atmosphere.




Lunch & Dinner
11 a.m. to 9:30 p.m.
Happy Hour Daily
4 to 6 p.m.
239-472-0223
2055 Periwinkle Way, Sanibel, FL 33957
Located in the Forever Green Shopping Center
www.CipsPlace.com


WE GLADLY ACCEPT RESERVATIONS FOR DINNER AND LARGE PARTIES

 **FOOD**
Jean Le Boeuf, News-Press

FAMILY FRIENDLY
TAKE OUT AVAILABLE



COQUINA
Coffee




JERRY'S
Foods

Open 6am / 7 days a week

Now Open at Jerry's Coquina Coffee Bar

Specialty Items Include:
Espresso, Cappuccino,
Caramel Macchiato,
Tazo Tea, Frappuccino
& Iced Coffee



1700 Periwinkle Way
(239) 472-9300

Audubon ‘Ding’ Darling Bird Walk



Reddish egret at the JN “Ding” Darling National Wildlife Refuge photo by France Paulsen

The next bird walk of the Sanibel-Captiva Audubon 2018 season will be held on Saturday, January 13 at the JN “Ding” Darling National Wildlife Refuge. Participants will meet in the overflow parking lot (to the left as you drive in) at 8 a.m. These bird walks are open to the public and all levels of experience. A \$5 donation is appreciated. Refuge fees will apply. The Duck Stamp and Federal Senior Pass are accepted for admission. For more information, visit www.san-capaudubon.org.

Osprey Presentation At CROW

If you’re curious about those large brown and white birds who nest in high trees and make a lot of noise, come to the Clinic for the Rehabilitation of Wildlife (CROW) for The Story of Ospreys on Tuesday, January 16 at 4:15 p.m. The program will be held in the Visitor Education Center, located at 3883 Sanibel-Captiva Road.

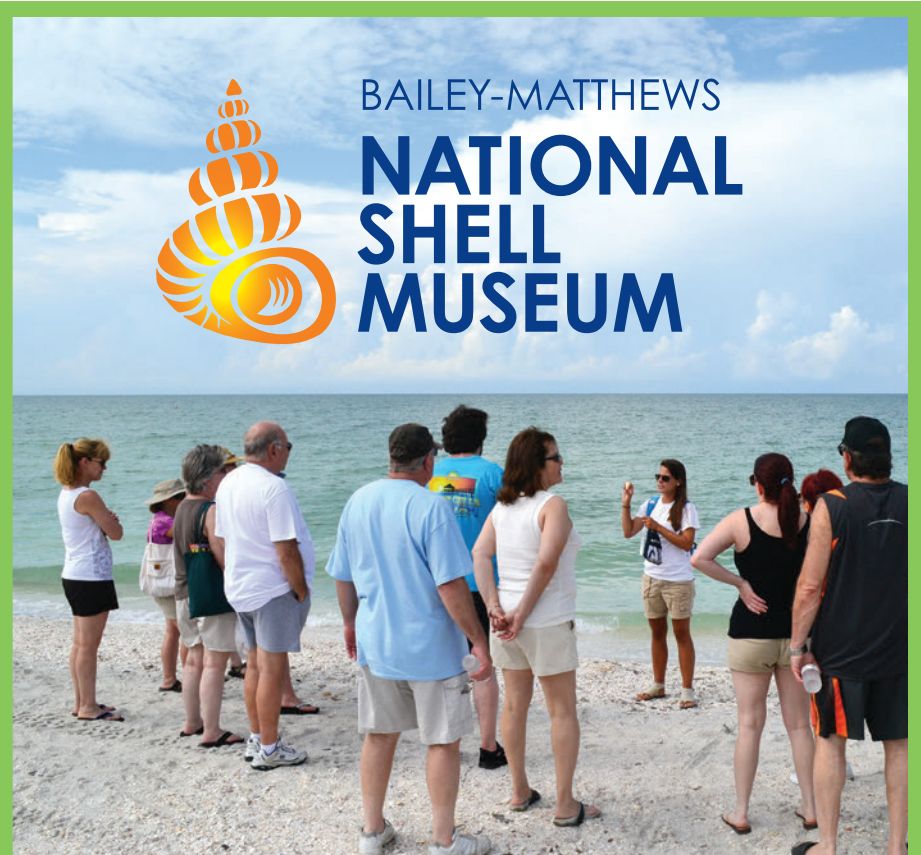
Ospreys breed in Southwest Florida from December through April. Because they build their nests right out in the open, their behavior is easy to observe. But it is not always easy to understand, so presenter Claudia Burns – who has monitored osprey nests for 25-plus years as an International Osprey Foundation volunteer – uses photos, videos and recorded vocalizations to explain osprey behavior. The presentation is dedicated to Mark “Bird” Westall, founder of The International Osprey Foundation, who lost his battle with ALS last year.

Prior to the presentation, visitors are encouraged to explore the Visitor Education Center, which exhibits CROW’s commitment to save wildlife through state-of-the-art veterinary care, research, education and conservation medicine, and is located across from The Sanibel School. Reservations are recommended for the presentation, with admission of \$10 for adults, \$5 for teens, free for children under 13.

For reservations or more information, call 472-3644 ext. 229 or email dwaszmer@crowclinic.org. To learn more about CROW, visit www.crowclinic.org.



Osprey carrying a fish photo courtesy of The International Osprey Foundation



DAILY BEACH WALKS AT ISLAND INN

(ADVANCE RESERVATIONS REQUIRED)



PHOTO BY NIKORETRO (CC BY-SA 2.0)

3075 Sanibel-Captiva Road
Sanibel Island, Florida 33957
(239) 395-2233

Open Daily, 10 a.m.-5 p.m.
www.ShellMuseum.org



JANUARY 2018
MUSEUM
SPONSOR

Bailey's
Groceries - Hardware - Gifts



Alan Parker, left, resident volunteer at the JN "Ding" Darling National Wildlife Refuge, explaining some of the artifacts he showed during his Gators & Crocs lecture last week
photos by Jeff Lysiak

Refuge Offers Program On Alligators And Crocodiles

by Jeff Lysiak

On one of the coldest days of the season last week, more than two dozen people attended a lecture about alligators and crocodiles, learned how to distinguish the reptiles from one

another, and learned details of their anatomy, lifecycle, behavior, habitat and history on the islands. Alan Parker, one of the resident volunteers at the refuge and a retired teacher, delivered a 40-minute presentation with photographs and genuine artifacts of alligator teeth, claws, scutes and a skull. "When it's cold like this, alligators can slow their metabolism way down... almost like they're dead," said Parker, who hails from North Carolina. "They hunker down in shallow water, or you can find them basking on the banks of



Alan Parker holding an alligator skull

the bays and rivers, or even on mudflats during low tide." According to Parker, the cold-blooded reptiles draw in heat through their scutes (bone plates which grow between layers of skin), which act like solar panels. "The scutes collect heat from the sun when the alligator sunbathes and warms the blood that runs through the vessels of the skin, transferring the heat throughout the body," the refuge website explains. Crocodiles, however, do not fare well in lower temperatures. One longtime resident of the island, an 11-foot croc nicknamed Wilma by locals, passed away in 2010 due to an extended coldfront. Her skeleton is now on display inside the refuge's Visitor & Education Center.



Sample of an alligator tooth

While there are 23 different species of crocodile in the world, there are only two varieties of alligator – American and Chinese. The American alligator, which can be found in coastal regions between Texas and North Carolina, can only survive in fresh water; crocodiles prefer warmer climates and saltwater. Parker also pointed out the physical differences between alligators and crocodiles. Alligators have a U-shaped snout while crocodiles have a pointed, V-shaped snout with protruding teeth. "Alligators also eat mostly at night," Parker told the group. "And they can go up to six months without eating." One startling detail shared during the lecture was the PSI (per square inch) pressure that can be applied by the jaws of an alligator. While a human's bite is

Traditions On The Beach

Contemporary Cuisine - Sanibel Style
Located Within the Historic Island Inn

Tasty Tapas Menu

Tempt Your Tastebuds & Sip on Signature Cocktails
Available in our Bar & Lounge • Daily 4-6pm

Early Sunset Menu

Dine Early with our Sunset Menu • 3 Course Meal for \$29
Monday - Friday 5-6pm in the Dining Room

DRINK • **DINE** • **DANCE**

Reservations Suggested
Traditional Dinner Menu Served Daily 5pm-Close
Visit Our Website For Our Entertainment Lineup & Menus

TraditionsOnTheBeach.com
(239) 472-4559 3111 West Gulf Drive • Sanibel, FL 33957

SWEET Melissa's CAFE

Happy Hour at Sweet Melissa's Cafe!

MONDAY THRU FRIDAY, FROM 4-6 PM.

DISCOUNTED BEER, WINE, COCKTAILS + FOOD

"End your day with a k.o.!"

LUNCH SERVED M-F 11:30 AM - 2:30 PM

1625 Periwinkle Way, Sanibel FL - 239.472.1956
sweetmelissascafe.com



Alan Parker getting assistance from Eve Rosenberg of Chicago, Illinois, demonstrating the size of a juvenile alligator

measured at roughly 150 PSI, an alligator can shut its mouth at a whopping 3,700 PSI.

In addition, Parker described the alligator's mating ritual, how they construct a nest, lay their eggs and protect their young, born in a clutch that numbers between six and 80 eggs. Ambient temperatures will determine the sex of the newborns – “We like to say Hot Guys and Cool Chicks,” noted Parker.

Inside the refuge, alligators are often seen along the Wildlife Education Boardwalk (located near the toll booth), along the Indigo Trail and nearby waters along Wildlife Drive. On Sanibel, they can be found along the yellow trail inside the Bailey Tract on Tarpon Bay Road and in the reclamation pond off

Periwinkle Way (near Dairy Queen). The island is currently home to two known crocodiles, one marked with a red tag and another with a green tag. Parker also stressed never feeding any alligators or crocodiles, and keeping a safe distance – 20 feet minimum – when viewing or photographing them. Free with paid admission, Gators & Crocs is a program offered at the JN “Ding” Darling National Wildlife Refuge every Thursday at 11 a.m. through April 6. The presentation is held inside the Crossdike Pavilion located off Wildlife Drive. Attendees are encouraged to bring water, sunscreen, insect repellent and binoculars. For more information on other programs offered at the refuge, visit www.dingdarlingsociety.org.✪



Model of a mother and baby alligator next to an alligator claw



One of the resident alligators at “Ding” Darling





SEASIDE DINING
*Taste of the Islands “People’s Choice Award”
Winner Seven Continuous Years*
Lunch & Dinner
472-8138
SANIBEL MARINA
634 N. Yachtsman Drive • www.sanibelmarina.com



- Sanibel and Captiva Islands’ Most Exciting Boat Tour
- Circumnavigating Sanibel & Captiva Islands with Dolphins

239.472.2328 • www.sanibelthriller.com
Reservations are required • Also Available for Private Charters
Departing from Sanibel Marina
634 N. Yachtsman Dr. • Sanibel Island



Nonprofit Partners With Apparel Company



MANG apparel is now available at Sanibel Sea School's Ocean Tribe Outfitters

photo provided

Sanibel Sea School has been selected as one of the first brick and mortar retailers for MANG, an outdoor apparel company that plants a mangrove

tree for every item sold. The nonprofit organization will carry a variety of quality, UV-protective fishing shirts for men, women and youth in its retail space, Ocean Tribe Outfitters.

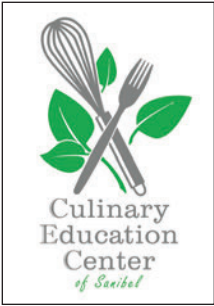
Founded by FGCU graduate Kyle Rossin, along with his brother, Keith, MANG is on a mission to help everyone in Florida understand the importance of mangrove ecosystems and how to protect them. "We see each shirt sold as an opportunity to give back to the environment," said Rossin, who majored in environmental science during college. "Our Buy One, Plant One initiative has made it possible for us to work with both public and private landowners to collect, propagate and plant mangroves in a variety of coastal areas," he added. The company also provides educational outreach programs for students, and recently visited Heights Elementary School in Fort Myers.

"When a mutual friend introduced me to Kyle, we started talking and realized how closely our goals are aligned," said Dr. Bruce Neill, Sanibel Sea School's executive director. "We are excited for this opportunity to support MANG, and I think our customers will value their products and their business approach." Both Neill and Rossin envision growing their partnership in the future to include educational initiatives and coastal restoration projects.

Ocean Tribe Outfitters is located at 455 Periwinkle Way and is open from 9 a.m. to 4 p.m. Monday through Friday.

More information about MANG is available at www.manggear.com.✴

The Community House The Eggplant



by Resident Chef Jarred Harris

The eggplant is one of the most versatile vegetables to cook with. It can be found in many shapes, sizes and colors. I use this wonderful vegetable as a meat substitute because of the firm texture the eggplant has when cooked.

The eggplant is originally from China and is actually a fruit. The eggplant is the berry of the aubergine plant, which is a member of the nightshade family and related to the tomato, which also is a fruit.

The term "eggplant" comes from 18th century British Colonialized India where a small, white egg-shaped variety was widely available.

The eggplant contains high levels of vitamins C and K. The eggplant also contains potassium, copper, magnesium, phosphorus, folic acid and nicotine. Yes, nicotine! The eggplant contains more naturally occurring

nicotine than any other vegetable, but don't worry – you would have to consume 20 to 40 pounds of eggplant to get the same amount of nicotine as one cigarette.

Eggplant is used to help lower blood pressure and cholesterol. Juice made from the leaves and roots is used to treat cough, toothaches, throat and stomach disorders.

If you have never used eggplant before, I recommend you try this simple recipe.

Baba Ganoush

Ingredients

- 1 large eggplant
- 4 cloves garlic (minced)
- 2 tbsp. tahini
- ½ lemon (juiced)
- ½ tsp. salt

Method

Score the eggplant with a sharp knife and place on a baking tray in a 475F oven and bake for 45 minutes.

Remove the eggplant from the oven and cool until it is easy to handle.

Peel the eggplant and throw away the skin.

Place the eggplant and the rest of the ingredients into a food processor and puree.

Remove from the food processor and drizzle with olive oil.

Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel. For volunteer opportunities or questions, contact him at kitchen@sanibelcommunityhouse.net or call 472-2155.✴

Serving Breakfast 'til 3:00 everyday!

- Carry Out
- Kids Menu
- Beer & Wine

Dine inside or out.
You'll love our pet-friendly outdoor patio!

Breakfast & Lunch 7am - 3pm

Olde Sanibel Shoppes
630 Tarpon Bay Road
Sanibel, FL 33957
239.472.2625
fax 239.395-1458
OverEasyCafeSanibel.com

NO TIME? NO PROBLEM!

Call us with your
order and we'll have it
ready to go!

All Natural Pet Food
Treats • Chews
Pick Up Bags • Litter
Shampoo • Frontline
Vitamins

Shop Local

630 Tarpon Bay Rd.
239-395-1464 • Islandpaws.com

Free Workshops At Garden Center

All Native Garden Center, Nursery & Landscapes will be hosting free public workshops on selected Sundays at 1 p.m.

On January 14, Sue Scott, site owner of The Back Ten Feet, will show how you can welcome life into a landscape by converting unproductive turf grass areas into drought tolerant, wildlife friendly, interesting and storm protective landscapes. The Back Ten Feet workshop will show how to eliminate fertilizers and pesticides in order to keep our waters clean and your yard safe for children, pets and wildlife.

On January 28, John Sibley, All Native Garden Center owner, will share his insights on the appropriate plants and landscapes for the Southwest Florida subtropical climate using the nine principles of the Florida Friendly Gardening Program: right plant, right place; water efficiently; fertilize appropriately; protect the waterfront; reduce storm water runoff; mulch; attract wildlife; control yard pests responsibly; and recycle waste material.

On February 11, John Kiseda, environmental educator, will offer the tips and tricks of gardening in Southwest Florida that will help bring life to your landscape. The Gardening for Wildlife workshop will have emphasis on Florida native plants that cater to the needs of local wildlife and sustainable gardening

techniques.

On February 25, Martha Kendall, Calusa Heritage Trail docent at Pineland, will explain the list of plants identified by archaeologists from Pineland's ancient deposits. The Plant World of the Calusa workshop will show how each plant might have been used by the Calusa, based on information on known uses of similar plants throughout the Western hemisphere.

On March 11, Sibley will provide tips to help you prepare your outdoor home for gorgeous and productive landscaping results. The Preparing Landscapes for Spring workshop will show that spring is the perfect season for a variety of landscaping endeavors, both large and small. But, before you dive right into yard work, it's important to prepare.

On March 25, let your imagination guide you as Brenda Thomas, CREW environmental education specialist, takes you on a visual stroll through wispy Florida wildflowers of the CREW Land and Water Trust. Few states have the abundance of wildflowers that Florida has. The Florida Wildflowers of the CREW Trust workshop will help you come to understand how wildflowers are essential to the pollinators responsible for every third bit of food we eat.

All Native Garden Center, Nursery & Landscapes is located at 300 Center Road in Fort Myers. It is open Monday through Saturday from 9 a.m. to 5 p.m. and Sunday from 10 a.m. to 2 p.m. Register for any of the workshops online at www.allnative.biz or call 939-9663.✴

BIG ARTS Benefit Features Rock And Roll Legend

Rock and Roll Hall of Fame singer Darlene Love will bring her distinctive vocals and fabulous band to Sanibel for the 2018 BIG ARTS Annual Benefit, You Gotta Have Love. Love's voice helped launch a hundred hits and was described by *The New York Times* as "embedded in the history of rock and roll as Eric Clapton's guitar and Bob Dylan's lyrics."

"This will be an evening long remembered," said benefit co-chair Melissa Congress. "Darlene Love is an inspiration to many and we graciously welcome her to our island and BIG ARTS."

Love, a preacher's daughter born in east Los Angeles, discovered her voice as a young girl standing next to an old victrola belting out Marian Anderson songs. It was joining The Blossoms that led to her being discovered by Phil Spector, who was developing his signature 1960s girl-group sound. Love would serve as backup vocals for several famed groups and singers from Cher to Aretha Franklin.

Throughout the years, there would more names linked with Love, including Elvis, Dionne Warwick and Nancy Sinatra. However, Love had an epiphany at the age of 40 and decided she was tired of her vocals being "used as an expensive accessory" to other artists. She disappeared from the music scene for nearly 10 years, and eventually fell on hard times. One day, while working as a maid in Beverly Hills, Love heard herself on the radio and vowed to make a comeback.

She did just that with appearances in all four *Lethal Weapon* movies, starring roles in Broadway hits like *Hairspray* and *Grease*, as well as headlining concert tours worldwide. Love's determination to begin a solo career midlife inspired a movie about her and *My Name is Love*, partly a dishy showbiz memoir, but mostly the story of a woman who never lost her will to sing.

Love was featured in the Oscar-winning documentary *Twenty Feet from Stardom*, a compelling 2013 film that shines a spotlight on the untold story of backup singers behind some of the greatest musical legends of the 21st century. It has been slow to come, but Love is finally getting the recognition she deserves as one of the greatest

performers and vocalists of all time. She was inducted into the Rock and Roll Hall of Fame in 2011.

"Darlene Love has endured a rough road with grace and fortitude," said Susan Heisler, event co-chair. "It's truly an honor to have her headline the BIG ARTS Annual Benefit."

Following Love's performance in Schein Hall, there will be a drawing for four prizes: A private cruise aboard a 44-foot yacht for lunch at the Useppa Club; one-of-a-kind artwork by gifted Sanibel artist, the late Ikki Matsumoto; jewelry from Congress Jewelers; and a gourmet experience at the Captiva House. Purchase three tickets for \$100 – with only 300 available – by calling 395-0900 during box office hours. Attendance is not required to participate in the prize drawing.

Sponsorship are available for the benefit, which will be held on Friday, February 23 at BIG ARTS. Sponsor levels include Presenting (\$10,000), Pacesetter (\$5,000), Producing (\$2,500) and Supporting (\$1,500). All sponsors receive complimentary tickets, invitation to the sponsor and patron pre-show reception, prominent recognition, premier seating and other perks. Patrons (\$275) receive an invitation to the pre-show party,



Darlene Love photo provided

preferred seating, name listed in the event program and an invitation to the private patron and sponsor appreciation dinner in March.

To become a sponsor or patron, contact Annie Campbell at 472-9700 or acampbell@bigarts.org before January 15. Standard tickets go on sale January 22 and can be purchased by calling 472-9700.✱



U.S. Navy escort carrier *USS Santee*, 1942

photo courtesy U.S. Navy

Sanibel Public Library News

The first phase of Sanibel Public Library's Your Library Reimagined project is almost complete. Weekly youth program is being scheduled for a week at a time, due to the renovation. During the project, a portion of the facility is open to the public while the infrastructure is updated in the other part of the building. The library will provide service through this time, but will occasionally have to close for a day or two when there is utility work.

At 10 a.m. on Monday, January 15, Duane Shaffer's popular WWII programs begin with *America Strikes Back: U.S. Carrier Raids – Spring 1942*. This season, all of Shaffer's WWII lectures will be held at The Community House due to the library's remodel project. His second WWII lecture, *The Siege of Budapest*, will be held at 10 a.m. on Tuesday, February 13. The full schedule is on the calendar at the library's website.

Children's programs for next week:

Geared specifically for children in fourth through sixth grade, the After-school Clique will meet on Tuesday, January 16 at 3 p.m. There will be crafting, building, making and playing – with books and a snack thrown in.

Family Storytime for young readers and their caregivers will be held on Wednesday, January 17 at 11 a.m. This program helps develop pre-reading skills through songs and stories.

The After-School Crew (for children in kindergarten to third grades) will meet on Thursday, January 18 at 3 p.m. There will be favorite books, new books, never-knew-existed books, games, crafts, plus a snack provided.

Sanibel Library provides computers at no charge to use for Internet access, with a 10 cent per page fee for printing. High speed WiFi is available throughout the library for patrons bringing their mobile devices. Library cards are available to Sanibel and Lee County residents at no charge. Visitors may purchase a library card for \$10, valid for one year.

For more information, call 472-2483 or visit online at www.sanlib.org.✱

Il Cielo

1244 Periwinkle Way, Sanibel, FL 33957



A dynamic culinary experience in an elegant setting.

We pride ourselves in presenting unparalleled service, a splendid environment, and unforgettable cuisine.

Enjoy a romantic dinner of fresh Local Seafood, great Steaks, American Lamb, and Fresh from Florida Produce!

Sample our carefully curated wine list or one of our specialty cocktails.

Don't forget our in-house made desserts like the Caramel Salted Chocolate Mousse Cake or the Key Lime Trio.

OPEN 7 days

4:30pm until 9:00pm

Sunday Brunch from 11am to 2pm

For reservations call 239-472-5555

www.ilcielosanibel.com or www.opentable.com

Follow us on www.facebook.com/IlCieloSanibel



Voted Best Fine Dining
2014, 2015, 2016 & 2017

Best Seafood Winner 2016, 2017

Taste of the Taste Winner 2016

Happy Hour Every Day
from 4:30-6pm

Enjoy live Piano music
by Scott McDonald
Tuesday through Sunday beginning at 7pm.

FINEST FARE ON THE ISLANDS

BAILEY’S GENERAL STORE

Bailey's General Store has a full deli, bakery, coffee bar, daily lunch specials, take out and catering for cook-outs, picnics and parties. This is the oldest supermarket on the islands, established long before a causeway linked Sanibel to the mainland. Services include shopping for your groceries and delivering them to your home or vacation destination. Pick up the extensive list of gluten-free products near the entrance to the supermarket. Bailey's has a second location at Sundial Beach Resort & Spa. 472-1516

BEACH PIEZ

Beach Piez New York style pizza offers carry out and delivery on Sanibel and Captiva. Opening hours are Monday through Saturday at 11 a.m. and Sunday at 4 p.m. Delivery available after 4 p.m. daily. With fresh ingredients, mouthwatering mozzarella, 'secret recipe' dough and amazing pizza sauce, Beach Piez Pizza delivers the best pizza, subs and salads the island has to offer. 239-472-3224

BLUE GIRAFFE

Family owned Blue Giraffe, offers casual island dining for "no wait" breakfast from 7 a.m. to noon daily as well as lunch and dinner seven days a week until 8 p.m. Dine outside in the garden atmosphere of Periwinkle Place or inside at hand-painted tables, inspired by local artists. The menu is full of traditional and unique breakfast items, signature burgers, custom sandwiches, fresh and local seafood, salads, steaks, pork and vegetarian options. There is a full liquor bar and various local beers on tap. 472-2525

BLEU RENDEZ-VOUS FRENCH BISTRO

Parisian Chef Christian Vivet and his Floridian wife Mari Vivet are hosts of the classic French bistro. Choose from an array of appetizers, the extensive a la carte menu, a Prix Fixe Tasting Menu, the Chef's Bleu Inspirations or Petite Plates. Pair your dinner with an extensive French and domestic wine list, dessert wines or French craft beers. Authentic French dishes and desserts are prepared from scratch in the open kitchen. You'll feel welcome by Mari's southern hospitality as you are greeted at the door. Open Tuesday to Saturday at 5 p.m. Reservations encouraged. 565-1608

CIP'S PLACE

Cip's Place is named for the late Jimmy Cipriani, a longtime islander and owner of the property on which the restaurant sits. In Jimmy's memory, Cip's styles itself as a local watering hole. A large mural shows many islanders through the ages – including "Cip" – and if you don't recognize them all, ask to see the "key." Food choices range from "comfort" to culinary with some Caribbean and island favorites as well. Try the home-made potato chips, fried buttermilk chicken with sage gravy and snapper tacos. Choose between the outdoor garden patio and front porch. Indoor seating and full bar are also available. Hours are 11 a.m. to 9:30 p.m. daily, with happy hour from 4 to 6 p.m. 472-0223

DOC FORD'S RUM BAR & GRILLE

Doc Ford's is a well-known local's restaurant, famous for its great food and service with plenty of indoor and outdoor seating boasting "Award winning flavors from the Caribbean Rim." The restaurant is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels. With locations on Sanibel & Captiva Islands and Fort Myers Beach, all locations offer island favorites like Yucatan shrimp and fish tacos along with raw bar selections and fresh local seafood dishes. Premium rums and tropical drinks such as the Island Mojito are a specialty of the house. The combined menu offers both lunch and dinner daily from 11 a.m. to 10 p.m. 472-8311, 312-4275, 765-9660

DUNES GOLF & TENNIS CLUB

The Dunes Golf & Tennis Club is open to the public and serves lunch daily from 11 a.m. to 3 p.m. Chef specials include an assortment of salads, wraps and sandwiches, soup buffet Monday through Friday, and the popular hand-battered coconut shrimp and steak sandwich. Dinner is available only on event nights from 6 to 9 p.m. or for special seasonal dinners. Featured monthly events include Trivia Night, Karaoke and Themed Dinner Nights. There is a Friday a la

carte dinner menu with featured selections each week, such as steak and seafood.

Take in the sunset views while sipping on your favorite drink. Happy hour is every day from 3 to 6 p.m. Enjoy with the famous crab bisque as a starter. 949 Sand Castle Road, 472-3355

GRAMMA DOT'S

Gramma Dot's, the only dockside dining on Sanibel, offers a lunch and dinner menu seven days a week from "Sanibel's only seaside saloon" where you can dine at the Sanibel Marina in view of luxury yachts and fishing boats and watch the comings and goings of seagoing folk and fishermen. The menu features a full line of fresh seafood, salads, sandwiches and more. Appropriate dress is required. If you're arriving by boat, check in with dockmaster for a lunch slip, monitor VHF 16. You can tie up for a night or two at the available dockage if you wish. Gramma Dot's is open daily at 11:15 a.m. For dinner, arrive before 8 p.m. 472-8138

IL CIELO

Il Cielo offers creative American cuisine and internationally inspired specials in an upscale casual atmosphere. From locally caught fish, American lamb and grass-finished beef to farm-fresh organic produce, there is a thoughtfully prepared dish on the menu for everyone. Il Cielo is open 7 days a week from 4:30 to 9 p.m. Happy hour is from 4:30 to 6 p.m. and features signature small plates, appetizers and half-priced house wines, domestic beers and well drinks. There is live piano music by Scott McDonald Tuesday through Sunday nights beginning at 7 p.m. 472-5555

ISLAND COW

The Island Cow is a family favorite with its colorful indoor and outdoor seating and live entertainment. "Come as our guests... leave as our friends!" is the motto. The Cow serves breakfast, lunch and dinner featuring fresh local seafood and meats and has an extensive children's menu. Starbucks coffee is also on the menu. **Now serving full liquor island cocktails!** Breakfast is served between 7 and 11 a.m. Hours are 7 a.m. to 9-ish p.m. 472-0606

ISLAND PIZZA

Island Pizza is named so because it does pizza right. The dough is made daily and the ingredients include fresh produce from local vendors. That is why the "family-owned" restaurant has been voted "the best pizza on the island" from 2009 to 2016. Known as quaint and colorful, Island Pizza has more than 9 years of experience while specializing in home-cooked Italian cuisine. Besides pizza and classic Italian entrees, Island Pizza has a large selection of appetizers and salads as well as wings, calzones and seven choices for kids. Boar's Head deli meats are also served on subs.

Open seven days a week from 11 a.m. until late evening. Lunch is served 11 a.m. to 5 p.m. with buy-one-get-one drafts on happy hour from noon to 5 p.m. Eat in, take out or free local delivery. 472-1581

JERRY’S RESTAURANT AND DELI

Jerry's Restaurant and Deli in Jerry's Market is the next best thing to dining in a tropical garden. This family-style restaurant has large windows to view the lush garden with caged tropical birds that are favorites with visitors and residents. Daily specials are offered in the spacious restaurant and you can order a sandwich or hot food from the deli or help yourself at the well-stocked salad bar to take out. The restaurant is open for breakfast, lunch and dinner from 7 a.m. to 8:30 p.m. 472-9300

LA BELLA VITA RISTORANTE

Sanibel Island Beach Resort's new restaurant features Italian signature dishes with an emphasis on coastal flavors and fresh ingredients. La Bella Vita Ristorante serves breakfast daily from 8 to 11 a.m. and dinner from 5:30 to 9 p.m. There is also the Poolside Tiki Bar with casual fare and views of the beach and sand dunes. It is open daily from 11 a.m. to sunset with lunch available daily from 11 a.m. to 5 p.m. The eateries are a part of the boutique hotel on the edge of the Gulf of Mexico at the corner of Donax Street and Middle Gulf Drive. www.sanibelbeachresort.com. 472-4123

MATZALUNA ITALIAN KITCHEN

Are you in the mood for pizza? Matzaluna Italian Kitchen has a wood-fired oven to bake authentic pizzas, including gluten-free ones. That's in addition to a big menu, involving over 20 combinations of pasta dinners from \$11.95 (including soup or salad and fresh baked bread), affordable veal, tender chicken, choice steaks and seafood (Italian style) in a casual market-like setting. Gluten-free pizza is also available. Matzaluna offers a large selection of Florida craft beer, both on draft and in cans and bottles. Enjoy \$5 apps at the bar from 4:30 to 5:30 p.m. Hours are 4:30 to 9:30 p.m. daily and happy hour is 4:30 to 6 p.m. 472-1998

OVER EASY CAFE

Over Easy Café is a pet-friendly place with indoor and outdoor dining for breakfast and lunch. The covered patio is a popular spot. Choose from 22 different eggs benedict, scramblers and omelettes, 11 pancakes and French toast choices, 15 egg specialties and wraps, eight salads and 26 sandwiches and burgers, plus baked goods. Beer and wine is available. Breakfast is served all day. Hours are 7 a.m. to 3 p.m. 472-2625

PECKING ORDER

The Pecking Order features tender, juicy, fried chicken and all the fixins. The chicken is marinated and seasoned, and the high-pressure deep-frying system produces a crispy coating that seals in the juices without allowing the fat to penetrate. Homemade sides include slow-cooked collard greens, sweet and spicy baked beans, cheesy shell mac, rice and beans, cole slaw, mashed red potatoes and gravy, Harlem special, cheesy grits and veggie chili. Try the Black Betty, a warm, dark chocolate torte filled with liquid dark chocolate, sprinkled with sea salt flakes and confectioners' sugar. Take out, delivery and outdoor dining available. 472-2534

SANIBEL BEAN

The Sanibel Bean coffee shop is java central on Sanibel Island. With its indoor and outdoor seating and free Wi-Fi, it's a popular venue for laptop-toting coffee lovers to relax and check their inboxes, have breakfast or lunch or recharge the batteries in the afternoon. Besides a big selection of coffee from around the globe and a variety of coffee drinks, The Bean has tea and other beverages and a variety of hearty sandwiches, pastries and muffins, plus other light fare. 395-1919

SANIBEL DELI & COFFEE FACTORY

Sanibel Deli & Coffee Factory offers a gluten free menu in addition to homemade regular choices, along with award-winning New York style pizza and wings, Boar's Head meats, frozen yogurt, New York style bagels and ice cream. There is indoor seating as well as outdoor tables shaded with umbrellas. Free Wi-Fi. Eat in or take out as well. 472-2555

SANIBEL GRILL

The Sanibel Grill has 19 big screen TVs with satellite TV tuned to every televised sporting event. The Grill shares a kitchen with The Timbers, serving the same fresh seafood, along with burgers, sandwiches, pizzas and salads. Crunchy Grouper and Crunchy Shrimp are signature dishes. Open seven days from 4 p.m. to midnight with happy hour from 4 to 6 p.m. and 10 p.m. to midnight. 472-3128

SANIBEL SPROUT

The Sanibel Sprout is the island's only 100 percent gluten-free/vegan/organic cafe: an oasis of health where the emphasis is on providing incredibly tasty and creative culinary creations designed to nourish and delight all of your senses. Order one of the fresh salads, Wizard Waffles, classic burger, Mexican plates and indulge in our Indian curry, Vietnamese pho and raw vegan lasagna. Pair your meal with a locally crafted beer, a glass of organic wine or housemade kombucha. The fresh juice bar is brimming with smoothies, herbal elixirs and custom juices, or come and enjoy an espresso or cappuccino with one of the delectable donuts, pies, cupcakes or truffles. The Sanibel Sprout is open for breakfast, lunch & dinner from 10 a.m. to 7 p.m., Monday through Saturday and from noon to 7 p.m. on Sunday. 472-4499

SEA BREEZE CAFÉ

Panoramic Gulf views await you at the Gulf-front Sea Breeze Café where the menu celebrates fresh local produce and seafood. Open 7 AM- 10 PM daily, enjoy breakfast, lunch and dinner on the outdoor terrace or dine indoors and watch the giant salt water aquarium. Happy Hour is every day from 3-5 PM. Celebrate the start of the week with Margarita Mondays, with \$5 margaritas from 4-10 pm and live island-style entertainment from 5:30-8:30 pm. Sea Breeze Café is located at Sundial Beach Resort & Spa. Visit sundialresort.com/eat for menus and to make a reservation. 472-4151

SHIMA JAPANESE STEAKHOUSE & SUSHI BAR

Voted Best Sushi, Best Steak and Best Chef on the Islands, discover an authentic experience at Shima Japanese Steakhouse & Sushi Bar featuring 'dinner and a show' at the hibachi grill. Shima offers sushi and teppanyaki perfectly orchestrated to delight the senses. Shima Grab N Go serves up the same award winning sushi for take-out. Visit shimasushisteak.com for reservations (highly suggested), menus and hours. Shima is located at Sundial Beach Resort & Spa. 472-4151

SWEET MELISSA'S CAFE

Award-winning Sweet Melissa's Café offers eclectic fine dining in a casual, relaxed atmosphere. The restaurant features handcrafted artisan cocktails, local craft beers, a *Wine Spectator* award-winning wine list and a farm-to-table chef-driven menu. Have lunch or dinner in the dining room, on the screened-in patio, or sit at our chef's bar and watch Melissa and her staff in action. There is live music Wednesday through Saturday featuring acoustic guitar by Michael David. Lunch is served Monday through Friday from 11:30 a.m. to 2:30 p.m. Dinner is served Monday through Saturday from 5 p.m. until closing. Happy hour at the bar, featuring 2-for-1 draft beers, glasses of wine and well cocktails as well as a light menu for afternoon snacking, is Monday through Friday from 4 to 6 p.m. Call for reservations. 472-1956

TIMBERS RESTAURANT & FISH MARKET

The Timbers Restaurant & Fish Market and the adjoining Sanibel Grill are mainstays of the island dining scene, boasting 35 years of fresh fish on Sanibel Island. The restaurant offers 13 dinners for \$15 daily before 5:30 p.m. plus a large selection of local seafood, such as grilled shrimp, fried grouper, oysters, clams and crab cakes. Besides specializing in fresh local seafood, the restaurant has a seafood market that opens at 11 a.m. (except Sunday, when it's open at 2 p.m.) Restaurant is open seven days from 5 to 9 p.m. 472-3128

TRADERS GULF COAST GRILL & GIFTS

Traders Gulf Coast Grill and Gifts is unique in that it combines a bustling restaurant with a large shopping emporium with casual clothing, jewelry, accessories, home decorating and gift items, books and lamps. The restaurant serves bistro cuisine with island flair, featuring such offerings as black beans and rice, blackened fish and fresh salads from an open kitchen. There's no fryer in the place. The tables are freshly wrapped in white paper for each party, and there's a pot of colored crayons for doodling, whether you're an adult or a child. Lunch is served from 11 a.m. to 2 p.m., happy hour from 3 to 6 p.m. and dinner 5 to 9 p.m. 472-7242

TRADITIONS ON THE BEACH

Traditions on the Beach, Sanibel's first dining room, has been delighting its guests since 1895. Offering "Contemporary Cuisine, Sanibel Style," Traditions provides the highest level of service in a relaxed beachfront setting. Both the tapas menu, served in the Sunset Lounge, and the full dining room menu capture the flavors of the gulf, complemented by the unique atmosphere of the historic Island Inn. Award winning Chef Aziz uses only the finest fresh, local ingredients to create vibrant dishes. Drink, dine and dance at Traditions on the Beach, featuring live entertainment. Tapas and cocktails are available in the bar and lounge beginning at 4 p.m. Monday through Friday. Regular dinner menu beginning at 5 p.m. daily. Reservations are suggested. 472-4559

Welcome to Jerry's of Sanibel

Hello Shoppers of Sanibel,

When you shop Jerry's of Sanibel you'll experience much more than just quality grocery shopping and dining at Jerry's Restaurant.

There are just enough shops at Jerry's to turn an ordinary day into an extraordinary day.

Before shopping at Jerry's Foods, you can enjoy the wonderful courtyard to relax with family and friends; it's a little piece of paradise teeming with colorful exotic birds! Stop by and say hello!

Regards,

Jerry's of Sanibel

1700 Periwinkle Way, Sanibel Island, FL 33957



Check out our



new
look!



delicious selection

..... Thur., 1.11.2018 - Wed., 1.17.2018

**Sweet
Italian
Sausages**

save
1.00 lb.

**4⁹⁹
lb.**



Fresh Deli
**Cranberry
Relish**

**3⁹⁹
lb.**

save
1.00 lb.



Fresh
Pineapple

**2⁹⁹
ea.**

save
1.00 ea.



Bakery Fresh
**French
Baguette**
16 oz.

1⁹⁹

save
1.00



Kaukauna
Cheese
Assorted Varieties
10 oz.

3⁹⁹

save
1.00



Corona
Beer
12 Pack
Cans or Bottles

15⁹⁹

save
1.00



Coke
Soda
Selected Varieties
6 Pack Bottles

3⁹⁹

save
1.00



follow us on 



(239) 472-9300

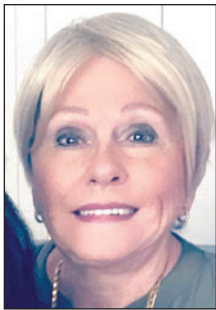
1700 Periwinkle Way
Sanibel Island, FL
Open 6AM - 10PM
jerrysfoods.com

JERRY'S
Foods

At Periwinkle & Casa Ybel

Book Review

Don't Let Go



by Di Saggau

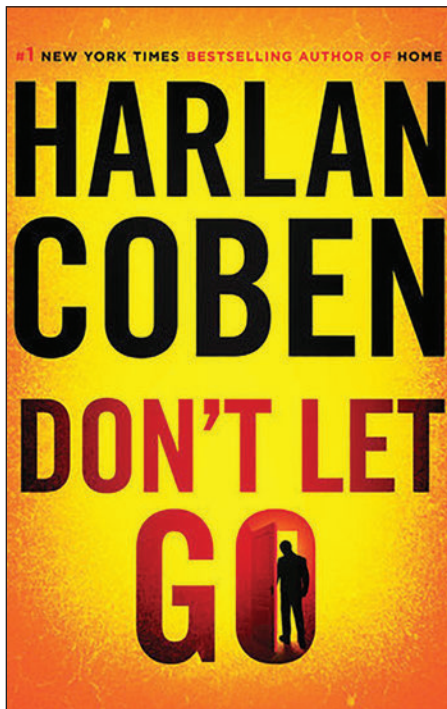
I always enjoy a Harlan Coben book and such is the case with his latest *Don't Let Go*. The Author's Note at the very beginning of the book is enough to hook you. He talks about two legends

that existed while he was growing up in suburban New Jersey. Turns out both were true.

Napoleon "Nap" Dumas had his life shattered his senior year of high school, when his twin bother, Leo, and Leo's girlfriend, Diana, were apparently hit by a train and killed. What's more, Maura, the love of his life, broke up with Nap and also disappeared that day. Fifteen years later, Maura's fingerprints are found in a car driven by a Pennsylvania cop who was shot during what would have been a routine drunk-driving stop.

Nap, who regularly talks to his dead twin, discovers that some of his classmates belonged to a Conspiracy Club, and that might be why they are being killed. One of the club's two surviving members is also murdered. As Nap searches for the real reason behind his brother's death, it seems he may finally find what he's been looking for.

Apparently, there was once a Nike



Missile base where the Conspiracy Club spent some nights investigating what took place on the site. Nap wonders what secret could the Conspiracy Club have discovered that would remain so dangerous for so long? When he asks the town historian Dr. Kaufman what the Nike missiles were used for, he replied: "They were surface to air. Put simply, the missiles were an air defense designed to shoot down Soviet attacking aircrafts. The missile batteries were in approximately a dozen

sites in northern New Jersey. But that changed in the early 60s when the Nike Hercules missiles were armed with W31 nuclear warheads. At that point, the sites were secreted behind barbed wire and electrified fencing."

As Nap tracks the surviving club

members, it becomes clear that someone or something is now trying to eliminate them. Coben keeps the reader guessing as he reveals deadly secrets reaching back 15 years. While I can't say *Don't Let Go* is my favorite Coben novel, it is fast-paced and fun to read.✱

School Smart



by Shelley M. Gregg, NCSP

Dear Shelley, My 4th grade daughter seems to have increasing trouble understanding verbal messages. She doesn't seem to understand tone of voice or the

pitch of my voice in trying to communicate. She does ok with friends but I think once social conversation becomes more complicated she may have some difficulty with friends as well. I'm very concerned about this. What can I do to help her?

Sheena P., Fort Myers Beach

Sheena,

You are very observant! As verbal messages and social conversation become more complex, cues such as tone and pitch of voice are increasingly important for verbal comprehension. Here are some strategies for you to use with your daughter now. Practicing these techniques will bring a new level of awareness about spoken language to your daughter and help her understand how important it is to listen carefully.

Start small and break this training into small steps. Encourage your daughter to listen carefully to people's tone and pitch of voice. Help her to identify them as positive, neutral or negative. Talk about the range of emotions fueling these verbal messages and have her practice this basic identification.

Teach her about voice inflection. Explain to her that the meaning of words usually change with emphasis, volume and speed of speech. A good example to share with her is a calmly stated question such as, "Where are you going?" With a calm inflection, it's just a question that expresses curiosity. However, when this same question is delivered loudly it can seem angry and perhaps even threatening. A good way to practice inflection is with nonsense words. You can choose a nonsense phrase like boop, boopy, doop and have your child practice saying them as a question, statement and a command. Then practice with emotions, so saying it in an angry, shy or silly manner.

Watch videos and TV together to identify more difficult tones like sarcasm, teasing and sincerity. As your child is able to identify these tones, you may want to turn off the sound and see what she can observe about body language that complements certain tones and inflections.

There are some apps that may also help your child. Conversation Coach and Teach Emotions let your child recognized

tone independently.

And, above all, encourage your child to ask questions when she is not sure what she has heard. Make sure she knows it's ok to ask some to clarify what they are saying. A good question for her to learn to use in this situation is simpler to say, "Sometimes I have trouble understanding tone of voice, will you please help me understand what you are saying."

Learning how to understand tone and pitch of voice is a lifelong skill that will help your child in a very wide variety of setting. It's important. If you don't think your child is making progress after you practice these skills, I would suggest that you might want to speak with a speech and language pathologist.

Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✱

FGCU Graduates

The following local students recently graduated from Florida Gulf Coast University (FGCU).

Staci Stevens of Saint James City graduated with a master of education degree from the College of Education.

Tanishia Geduld of Saint James City graduated with a bachelor of science degree from the Lutgert College of Business.

Paige Law of Sanibel graduated with a bachelor of science degree from the Lutgert College of Business.

For more information call 1-888-889-1095 or visit www.fgcu.edu.✱

Top Ten Books On The Island

1. *We Were the Lucky Ones* by Georgia Hunter
 2. *Little Fires Everywhere* by Celeste Ng
 3. *If the Creek Don't Rise* by Leah Weiss
 4. *Last Days of Night* by Graham Moore
 5. *Origin* by Dan Brown
 6. *Robicheaux* by James Lee Burke
 7. *Gentleman in Moscow* by Amor Towles
 8. *Grant* by Ron Chernow
 9. *Pachinko* by Min Jin Lee
 10. *Women in the Castle* by Jessica Shattuck
- Courtesy of MacIntosh Books and Paper.✱

World Renowned Painter Featured At Art Festival

The featured artist for The Community House Fine Art Festival is Nancy Tome of Southwest Florida. Tome is a self-taught artist who has become a world renowned wildlife painter. She began her art career as an illustrator in the public relations field. She found her fondness for painting wildlife when she made a temporary move from Florida to work as an illustrator for the Los Angeles Zoo.

She has traveled all over the United States, working on coyote and pronghorn research projects in Yellowstone National Park, whooping crane release programs for Florida Fish and Wildlife Conservation Commission and fish studies for U.S. Fish and Wildlife Service in Florida. Tome has also worked as a zookeeper and studied animal behavior and anatomy extensively. Her education and work experience has contributed to her keen eye for making each bird or animal as lifelike as possible. You would think that one of her finches might just dart out of one of her paintings.

Working mainly with acrylics, Tome combines bold colors with intense detail to depict animals in their natural environment. Her paintings are designed to capture “a moment in time” of that animal’s daily life. Using



Nancy Tome with a display of her works

photo provided

research obtained from spending time at locations like the “Ding” Darling National Wildlife Refuge, Tome compiles all of her knowledge and understanding of an animal and its environment into a realistic and emotional scene. Emotion is a strong component of her artwork and appealing to the emotional side of an

animal’s existence, in a positive way, is an important factor to Tome’s art.

Many of her award winning originals and prints are hanging in private collections throughout the world. See for yourself how lifelike and beautiful Tome’s artwork is at The Community House Fine Art Festival on Friday and Saturday, January 19 and 20 from 9

a.m. to 4 p.m. The Community House is located at 2173 Periwinkle Way. For more information, visit www.boulderbrook.net or call 293-9448.*

Red Sox Seeking Singers For National Anthem

Think you have what it takes to sing in front of a sold-out crowd of more than 10,000 people? The Boston Red Sox are currently looking for new talent to fill approximately 18 spots to perform the National Anthem for the upcoming 2018 Spring Training season at JetBlue Park.

Auditions will be held at JetBlue Park on Tuesday and Wednesday, January 23 and 24 from 4 to 7 p.m. All ages are welcome to audition. Reservations must be made in advance by calling Meehee Kim at 226-4707 or by emailing mkim@redsox.com.

If anyone is unable to attend these dates, he or she may contact Kim about submitting an audio recording. All reservations must be made by Friday, January 19 at 4 p.m. Space is limited.

The Red Sox open its 18-game exhibition season on Thursday, February 22 at 1:05 p.m. against the Northeastern University Huskies.

JetBlue Park is located at 11500 Fenway South Drive in Fort Myers. For more information, call 226-4783 or email jbp.events@redsox.com.*

SANIBEL
COMMUNITY
HOUSE
ART
FESTIVAL



www.boulderbrook.net | 239-293-9448



Mahi-Mahi Tacos

16 corn or flour tortillas
1/2 cup fresh cilantro, chopped
3 tablespoons hot pepper sauce
1 teaspoon kosher salt
1 tablespoon fresh lime juice
2 pounds skinless mahi-mahi, cut into 5- to 7-ounce fillets
Vegetable oil (for frying)
Lettuce, shredded
Fresh salsa (optional)
Guacamole (optional)
Wrap tortillas in foil and warm in 300 degree F oven.

For marinade, combine cilantro, pepper sauce, salt, and lime juice in large bowl. Add fillets to marinade and chill covered for 1 hour. Remove fillets and discard marinade. Grill or sauté fillets for 4 to 5 minutes per side until cooked through. On a platter, separate fillets with a fork into bite size pieces. Fill center of tortilla with fish pieces; top with lettuce. (Optional: add fresh salsa and guacamole). Fold into a taco or roll tortilla into a wrap and serve.

Yield 6 to 8 servings.✱



Mahi-Mahi Tacos

photo courtesy Fresh From Florida

BEST TAKE-OUT ON THE ISLANDS

Get The Word Out
About Your Take-Out!
Call 395-1213



Restaurant & Deli

Daily Lunch Specials • Salad Bar • Take-Out
or Eat In • Breakfast • Lunch • Dinner
Open Daily 6 a.m. - 8:30 p.m.



CALL FOR
DAILY SPECIALS
472-9300

Store Hours 6 a.m. - 10 p.m.

Monday - Saturday,
open at 11am
Sunday,
open at 4 pm
Delivery available

239-47BEACH
(239-472-3224)
www.beachpiez.com



**2441 Periwinkle
Way**
In Bailey's Shopping Center

Pizza
Subs
Drinks

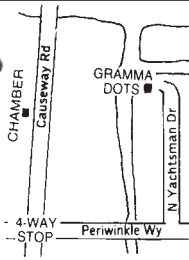


Gramma Dot's

The Only Dockside Dining on Sanibel
Located at the Sanibel Marina
Specializing in Local Seafood
We also feature Petite & 10 oz. Filet Mignons

Dining Awards: 6 years running

472-8138



Sanibel Deli & Coffee FACTORY

**BOARS HEAD MEAT!
FROZEN YOGURT &
ICE CREAM**

PIZZA & WINGS
CALL AHEAD 472-2555

Across from
CVS in
Palm Ridge Place

~ OPEN ~ Mon. 7am-3pm
Tues. Wed. & Thurs. 7am-8pm
Fri & Sat. 7am-9pm
Sun. - Seasonal



**FULL DELI, BAKERY
DAILY LUNCH SPECIALS
COLD BEVERAGES**

Call us for your cookout, picnic
and party needs. We'll take care of you!
Corner of Periwinkle Way & Tarpon Bay Road
472-1516

Old-Fashioned Fried Chicken



Take-Out or Delivery
239.472.2534

2496 Palm Ridge Rd. Sanibel Island



Open Daily
11am to 9pm

French Gourmet Stews-To-Go

\$20 per person, Call or Text 239-565-1608 to Order, Tues-Sat, Pick up 5-6 pm



2430 Periwinkle Way • www.bleurendezvous.com

- Coq au Vin (Chicken Stew)
- Boeuf Bourguignon (Beef Stew)
- Lapin au Vin Blanc (Rabbit Stew)
- Navarin D' Agneau (Lamb Stew)

Pick up hot & ready or cold to reheat later!
We recommend calling ahead for groups of more than 4 guests.

The Sanibel Sprout

Vegan Cafe and Juice Bar

Open 10 a.m. to 7 p.m.
Monday through Saturday
noon to 7 p.m. on Sunday
239-472-4499

www.sanibelsprout.com Follow Us On facebook: The Sanibel Sprout

2463 Periwinkle Way
in the Bailey's Center

Gourmet vegan cuisine
100% organic and non-GMO
Catering and special orders welcome
Sanibel's original fresh juice and smoothie bar
Open for breakfast, lunch and dinner

FRESHLY PREPARED SUSHI- TO-GO!

島 SHIMA
Grab N Go

Voted Best Sushi

239-395-6005
shimasushisteak.com

For Dine-In Visit Shima Japanese Steakhouse & Sushi Bar
Sundial Beach Resort & Spa • 1451 Middle Gulf Drive

BIG ARTS Monday Night Film Series

Things To Come

by Di Saggau

The BIG ARTS Monday Night Movie for January 15 is *Things To Come*, a drama from France, starring the wonderful Isabelle Huppert. She is Nathalie, an author of a popular philosophy textbook that a publishing house editor feels needs some serious revisions. Her words "The future seems compromised" transfer to Nathalie's future. She and her husband, Heinz, both professors of philosophy, have been married for 25 years with two adult children. All seems well until one day Heinz reveals that he has met someone else and will be moving in with her. A shocked Nathalie replies, "I thought you would love me forever."

Nathalie consoles herself with the fact that she's lucky to be fulfilled intellectually. That sounds fine except for the fact that life is made up of many parts, and parts of her life are now missing. The film takes place during one year of time. Nathalie experiences the end of her marriage, the realization that her mother can no longer care for herself, a changing of the guard at her publishing house, and a new friendship with Fabien, a writer with a bright future.

Things To Come is filled with many connecting scenes. The overall feeling is that you are watching an actual life unfold. Philosophy is the center of the film. Nathalie's lectures to her students are about her experiences and her



current situation, about how thinking people respond to the art they absorb. The film is a tapestry of one woman's life as she moves through an important transition. It runs 100 minutes. The moderator for the evening is Steve Oberbeck.

Admission to BIG ARTS Monday Night Film Series is \$10 and all screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary reception and discussion. BIG ARTS is located at 900 Dunlop Road. Tickets are available at www.BIGARTS.org, at the door or by calling 395-0900.*

January Happenings At Captiva Library

Upcoming events at the Captiva Memorial Library include the following:

Pages, Brushes and Gems – January 20 from 1 to 2 p.m.

Offered by the Southwest Florida Pen Women, Pages, Brushes and Gems is a public outreach event where professional artists, writers and composers discuss what inspires a work of art, whether it be a poem or a painting, a novel or a necklace.

Southwest Florida Pen Women is an affiliate branch of the National League of American Pen Women. Founded in 1897, it is the oldest arts outreach organization for women in the nation with branches throughout the country. Visit www.nlapw.org for more details.

Southwest Florida branch members support, help organize, and participate in local arts events, including the Alliance for the Arts, DAAS Gallery and the Sidney & Berne Davis Art Center in Fort Myers; BIG ARTS on Sanibel; The Cape Coral Arts Studio; and the Fort Myers Beach Art Association. Visit www.penwomenofswfl.org for more information.

Coloring For Grownups (all library hours)

Coloring books are no longer just for kids. In fact, adult coloring books are all the rage right now. Researchers and art therapists alike have touted the calming benefits for over a decade, with researchers at Johns Hopkins University to the editors of *Yoga Journal* suggesting coloring as an alternative to meditation. Like meditation, coloring allows the brain to switch off other thoughts and focus. Coloring has therapeutic potential to reduce anxiety, create focus, or bring about more mindfulness. Participants may bring their own materials or use those provided. For January, the theme is "Snowflakes" in conjunction with the Youth Services program.

We "Snow" Like Reading (all library hours)

The Captiva Memorial Library Youth Services room will display chapter books featuring wintertime, and visitors will be able to create "snow people" to take home with them. At the LCLS website (www.leegov.com/library), patrons can click on "What to Read Next" and the link to "Staff Recommended Newsletters," then under "Kids and Teens" click the link to "Exploring with Ms. Naomi," where the January offerings include books for anyone curious about snow, dancing snowflakes, icebergs and glaciers.

The Captiva Memorial Library is located at 11560 Chapin Lane.*

Cellist To Perform At Shell Point

Cellist Evan Drachman will perform in the Grand Cypress Room at the Woodlands at Shell Point Retirement Community on Thursday, January 25 at 7 p.m.

As part of the Concerts & Conversations program of Shell Point's 2017-18 Concert Series, guests can enjoy fellowship and a dessert reception with Drachman following the concert. The event is open to the public, with tickets available for purchase online at www.shellpoint.org/concerts or by phone at 454-2067.

Drachman possesses in abundance two qualities for which his grandfather, cellist Gregor Piatigorsky, was revered: the ability to make the cello imitate the human singing voice and, even more importantly, the ability to tell a story.

Born in Boston, Drachman studied at the Peabody Conservatory of Music and the New England Conservatory of Music. Since graduating from the Curtis Institute of Music in 1998, he has appeared regularly as a soloist with orchestras, as well as giving recitals and chamber music performances across the United States. Internationally, he has performed in India, Great Britain, Sweden, Italy and Canada, also touring the Far East as a soloist with the Chinese-American Symphony during recitals in Hong Kong and Macau.

For this performance, Drachman will be accompanied by Victor Santiago Asuncion on the piano. Asuncion serves on the chamber music faculty of the Aspen Music Festival and School.

Shell Point Retirement Community is located at 15101 Shell Point Boulevard in Fort Myers.*



Evan Drachman

photo provided

ART SHOW

Presented by the San - Cap Art League

2nd Saturday Art Sale

... on the Verandah at Bailey's Center

Saturday, Jan. 13, 2018

10 am to 3 pm

Great art by local artists

Academy Award Contenders

The Post



by Stan Gembicki

On Wednesday, January 17 at 12:30 p.m., the Island Cinema will show the third movie in this year's BIG ARTS Film Society Academy Award Contenders Film Series. After the movie, a discussion will take place at the Island Cinema. Tickets are available at the cinema. Other movies in the series will be announced prior to the weekly showing.

Steven Spielberg directs Meryl Streep and Tom Hanks in *The Post*, a thrilling drama about the unlikely partnership between *The Washington Post's* Katharine Graham (Streep), the first female publisher of a major American newspaper, and editor Ben Bradlee (Hanks) as they race to catch up with *The New York Times* to expose a massive cover-up of government secrets that spanned three decades and four U.S. presidents. The two must overcome their differences as they



risk their careers – and their very freedom – to help bring long-buried truths to light.

The film is 1 hour and 55 minutes long. The moderator will be Margie Peters.

Island Cinema is located in Bailey's Center at the corner of Periwinkle Way and Tarpon Bay Road.✱

Calling All Carvers

The Periwinkle Carving Club has been meeting on Sanibel in season for more than 25 years and welcomes carvers of all types to join the group or stop by for a visit. Members work with knife or power tools, creating birds, decoys, animals, works in relief, hobo art and other types of woodcraft. Beginners are welcome.

Meetings are held in Room 130 at the Sanibel Community Church, located at 1740 Periwinkle Way, on Thursdays from 9 a.m. to 1 p.m.✱

Available at
www.AMAZON.COM
www.EDITORIALRXPRESS.COM

Female Pioneers of Fort Myers

Women Who Made a Difference in the City's Development

By Robin C. Tuthill and Thomas P. Hall

“Packed with facts and employing an engaging storytelling style, [*Female Pioneers of Fort Myers*] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall's research and appreciate the accessible format, too.”

Gerri Reaves, PhD, author of *Legendary Locals of Fort Myers* and *Fort Myers, Then & Now*

BIG ARTS Corner

Workshops And Seminars

BIG ARTS is offering the following workshops and seminars:

Acrylic Painting with Barbara Lipman, Tuesday, 9:30 to 11:30 a.m., January 16 through February 20.

Adult Tap with Bobby Logue, Tuesday, 12:30 to 2 p.m., January 16 and January 23.

Zentangle with Meg Scott, Tuesday, 9:30 a.m. to noon, January 16.

From page 22

CROW Calendar

Wildlife (daily presentation).

CROW's hospital admits nearly 4,000 patients a year. Florida is home to more than 700 terrestrial animals and thousands of terrestrial insects and other invertebrates, and they all depend on ecosystem productivity as well as sustainable recreational practices to survive. Habitat destruction is one of the challenges these organisms face daily, so this program will discuss tips to create an inviting atmosphere for songbirds, butterflies, and other wildlife that have been displaced by growth and development. One of CROW's animal ambassadors will be present.

Tuesday, January 16, 4:15 p.m., adults \$10, teens \$5, age 12 and under no charge, advance registration required – Speaker Series: The Story of Ospreys (seasonal program) presented by Claudia Burns, International Osprey Foundation volunteer.

Ospreys are large brown and white raptors who breed in Southwest Florida from December through April and can be seen diving for live fish in shallow waters throughout the area. Because they build their nests right out in the open, their behavior is easy to observe, but not always easy to understand. This presentation uses photos, videos and recorded vocalizations to explain osprey behavior.

Wednesday, January 17, 11 a.m. to 12:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Wednesday, January 17, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Wildlife Rescue 101 (daily presentation).

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. One of CROW's animal ambassadors will be present.

Wednesday, January 17, 2 to 3:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a

Try Painting Paradise with Linda Benson, Friday, 10 a.m. to noon, January 19.

Intermediate Tap with Bobby Logue, Friday, 9 to 10:30 a.m., January 19 and 26.

Creating with Polymer Clay with Martha Grattan, Tuesday, 6 to 9 p.m., January 23.

Call 395-0900 or stop by the BIG ARTS Center at 900 Dunlop Road to enroll. Preregistration is recommended. For complete course descriptions and the full season's workshops and class schedules, visit www.bigarts.org/ workshops or email info@bigarts.org.✱

45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Wednesday, January 17, 2 p.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Patient Profiles: Birds of Prey (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW's animal ambassadors will be present.

Thursday, January 18, 11 a.m. to 12:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Thursday, January 18, 11 a.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Patient Profiles: Virginia Opossums (daily presentation).

Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.

Thursday, January 18, 2 to 3:30 p.m., \$25 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Thursday, January 18, 2 p.m., adults \$12, ages 4 to 12 \$7, age 3 and under no charge – Patient Profiles: Gopher Tortoises (daily presentation).

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a “keystone species.” CROW's presenter explains why they are admitted and how the medical staff treats this species. One of CROW's animal ambassadors will be present.✱

Art League Meeting To Feature Guest Speaker

Award-winning artist Marion Hall will be the guest speaker at the next Sanibel Captiva Art League meeting on Thursday, January 18 from 1 to 3 p.m. at the Phillips Gallery at BIG ARTS, located at 900 Dunlop Road. The public is welcome to attend.

Hall will be discussing and demonstrating her favorite medium, watercolor. She is a well-known watercolorist whose paintings feature seascapes, landscapes and wildlife. Her subjects are from all over including Cape Ann, New England, Captiva, Sanibel, England and France. Her work renders real subjects

with an impressionist's style using vivid color. Hall is inspired by light, shadow and reflections, and paints with sufficient details to reveal insights into the world around her. Birds feeding, boats sailing, oceans glistening, flowers blooming and lighthouses shining all are familiar themes in her paintings, and she hopes her paintings will stimulate your emotions and memories.

Hall is an artist member of the Rockport Art Association, North Shore Arts Association and a signature member of the New England Watercolor Society. She teaches watercolor painting in her Manchester studio and vacations and teaches on Upper Captiva.

For more information, visit www.sancapart.com.✱



Artist Marion Hall with her watercolor painting, titled *Afternoon*
photo provided

Art League Member Exhibit And Reception



Renee Chastant in her studio

photo provided

Sanibel Captiva Art League member Renee Chastant is exhibiting her art during the month of January at Sanibel Captiva Community Bank, located at 2475 Library Way. The public is invited to meet Chastant during a reception on Thursday, January 18 from 4:15 to 5:30 p.m.

For more information about the Sanibel Captiva Art League, visit www.sancapart.com.✱

Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to tutsie@centurylink.net. Each week, individual work will be showcased.

selected by Tanya Hochschild

Across Borders

by Tanya Hochschild

Once, years ago, I returned to Africa,
across borders, flying over two oceans.

Later, distinctive odor of land.
Stepping out – a silent night,
save for a courtship chorus
of croaks and churps;

Unsettled mist whispers
with wandering discontent.
At the decayed exit
of the disembarkation building,
among the crowd embracing loved ones,
his face,
revived by a wraith of fragrance
from the Yesterday, Today and
Tomorrow shrub, its bouquet and
message so dear.
A tumult of memories -
I hear again his plaintive pitch
as we sing our way home.
"Smile though your heart is breaking..."
I breathe out into the night
with longing.

His illusion terribly real.

Africa is like that.

Tanya Hochschild is member
of a Sanibel Writers Group, has
participated in *Artpoems* and *Writer's
Reads on the island*, and had three
books published.✱



**NEW
LOCATION**

SANIBEL ISLAND

Meditation Classes



**Mondays
9:30-10:30am
January 8th through
March 26th, 2018**

**with Buddhist Monk
Kelsang Chopag**

**Classes held at Sanibel ISLAND CINEMA
535 Tarpon Bay Road, Sanibel
Drop-in \$10 Everyone Welcome!**

SanibelMeditation.org

501(c)3 non-profit organization, and member of the
New Kadampa Tradition - International Kadampa Buddhist Union





AWARD WINNING
FLAVORS FROM THE
CARIBBEAN RIM!

Yucatan Shrimp

**“For the sun-kissed & sun-desirous
alike, a vacation on a plate.”**

The New York Times
Magazine

———— **Flat Breads • Outdoor Seating • Stone Crab Claws** ————

Sanibel Island



2500 Island Inn Rd
Sanibel Island FL, 33957
239.472.8311

Captiva Island



South Seas Island Resort
Captiva Island FL, 33924
239.312.4275



Follow & Review us on social media!

CROW Open House Starts Year Of Celebration

The Clinic for the Rehabilitation of Wildlife (CROW) will begin its 50th anniversary year-long celebration by opening its doors for all to experience CROW's passion for wildlife and commitment to care and education on Sunday, January 14 from 1 to 4 p.m.

At CROW's Open House, which is free of charge, there will be activities for all ages. Explore the recently renovated Visitor Education Center located at 3883 Sanibel-Captiva Road, tour the hospital with a modified Wildlife Walk and meet CROW's animal ambassadors.

"We are very proud to reach the 50 year mark," said Linda Estep, executive director of CROW. "We look forward to celebrating this milestone with the community – the people who have supported us throughout the years."

CROW began on Sanibel in 1968 when island resident Shirley Walter found an injured royal tern on the Sanibel Causeway. With the help of a



There will be free admission to CROW's Visitor Education Center during the open house photos provided

friend, who was a veterinarian, Walter was able to rehabilitate and release the bird. Word spread quickly of her rescue and in the first year, she received

nearly 500 calls for help with distressed wildlife.

Today, CROW admits more than 4,000 patients a year to its state-of-the-



Meet CROW's animal ambassadors, including Lola, an American kestrel

art hospital from over 150 species of native and migratory wildlife. For more information, visit www.crowclinic.org/articles/50th-anniversary.

International Birder Kicks Off Lecture Series

Self-proclaimed "bird nerd" Noah Strycker set a worldwide Big Year record in 2015. His book about the experience, *Birding Without Borders: An Obsession, A Quest, and the Biggest Year in the World*, was released in late 2017.

Strycker starts out the 2018 "Ding" Darling Friday Lecture Series on Friday, January 19. He will be presenting three free programs at 10 a.m., 1 and 2:30 p.m. in the "Ding" Darling Visitor & Education Center Auditorium at the JN "Ding" Darling National Wildlife Refuge on Sanibel.

Oregon birder Strycker became the first human to see more than half of the planet's bird species in a single, year-long, round-the-world birding trip. Associate editor of *Birding* magazine, the author has written two other well-regarded books about birds – *The Thing With Feathers: The Surprising Lives of Birds and What They Reveal About Being Human* and *Among Penguins: A Bird Man in Antarctica*. Strycker is a regular contributor of photography and articles to major birding magazines and other media. He blogs regularly for the American Birding



Noah Strycker with a saw whet owl

photo provided

Association.

Strycker will sign copies of his book, available for purchase in the Refuge Nature Store, following the two lectures. Proceeds from Nature Store sales directly benefit refuge wildlife, education and research.

HighTower/Thomas & Swartz Wealth Management is sponsoring the 12-lecture series with support from the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS). The remaining free lectures are held twice each Friday (except on February

9). Aside from the Strycker lecture, times are 10 a.m. and 1 p.m.

Seating for the lectures is limited and available on a first-come basis. Early arrivals can save one extra seat each and then may explore the Visitor & Education Center or Indigo Trail before the lecture starts. Saved seats must be filled 15 minutes before lecture time.

As usual, Wildlife Drive closes on Friday, but visitors are welcome to explore the free Visitor & Education Center, Indigo Trail and recreational opportunities at Tarpon Bay Explorers, the refuge's official recreation concession located at its Tarpon Bay Recreation Area.

Note: Opinions expressed in guest lectures do not necessarily reflect the views of refuge and DDWS management, staff and board of directors.

For more information, call 472-1100 ext. 241 or visit www.dingdarlingsociety.org/articles/lecture-and-film-series.

*January 19 – Author Noah Strycker, *Birding Without Borders: An Obsession, a Quest, and the Biggest Year in the World*

*January 26 – Author Jack Davis, *The Gulf: The Making of an American Sea*

*February 2 – Author James McClintock, *Lost Antarctica: Adventures in a Disappearing Land*

February 9 – No lecture

February 16 – Impersonator Joe Weigand
continued on page 14B

FLORIDA DOMICILE

How to Do it Right.

- Establishing Florida Residency is NOT Florida Domicile.
- Florida offers protection of personal assets that other states DO NOT.
- From a TAX perspective, it matters in which State your Trusts and Investments are managed.

Join us for this informative, complimentary session on WHY and HOW to establish FLORIDA DOMICILE

THURSDAY, JANUARY 18, 2018

3:00 - 4:30 PM

THE SANIBEL CAPTIVA TRUST COMPANY
2460 Palm Ridge Road - Sanibel

RESERVATIONS ARE REQUIRED. Seating is limited.
To reserve your place call 239.472.8300
or email fsteger@sancaptrustco.com
\$2 Million in investable assets and higher

TRUST & ESTATE SERVICES | INVESTMENT MANAGEMENT



ROBIN L. COOK
EXECUTIVE VICE PRESIDENT
THE SANIBEL CAPTIVA TRUST COMPANY

DAVID M. PLATT
WILLS, TRUSTS & ESTATES ATTORNEY
HENDERSON/FRANKLIN ATTORNEYS AT LAW

THE
SANIBEL  CAPTIVA
TRUST COMPANY
PRIVATE WEALTH MANAGEMENT

NOT FDIC INSURED | NO GUARANTEE | MAY LOSE VALUE

Candidates To Debate

At Democratic Club Meeting



Todd James Truax

photos provided



David Holden

On Thursday, January 18, the Democratic Club of the Islands will feature a debate between Democratic candidates Todd Truax and David Holden at 7 p.m. in the Founders Room at The Community House, located at 2173 Periwinkle Way. The meeting is free and open to the public.

Truax and Holden are vying for the 19th Congressional District seat now held by Francis Rooney, which represents Sanibel. Board member Chet Sadler will moderate the debate.

Truax holds degrees in psychology and social service administration, with concentration in mental health and aging, from Cleveland State University and Case Western Reserve University. He earned certification from the Fisher College of Business in nursing home administration and was licensed as a social worker in Ohio in 1992 and in Florida in 2002. Truax served as the founding member of the Coalition for Optimal Behavioral Health and Aging, which was instrumental in bringing the Royal Palm Psychiatric Hospital to Southwest Florida.

Holden earned a degree in political science from Temple University and his master's in public administration from the John F. Kenney School of Government at Harvard University in 2009. This unparalleled training in leadership and organizational development led him to California, where he served as deputy director of the California Association of Social Rehabilitation Agencies (CASRA). CASRA is a pioneering nonprofit in the field of mental health. Holden's educational experiences have formed his deep commitment to quality public education and affordable access to higher education for all Americans. He and his wife are currently partners in a financial planning practice in Naples.

Attendees are invited to bring their questions or submit them in advance to Chet Sadler at chet@sadler-assoc.com. Members are reminded that 2018 dues, \$35 individual or \$60 family, are payable to DCI, BOX 898, Sanibel, FL 33957 or in person at the January 18 meeting. Everyone interested in the 2018 political landscape in Florida is invited to attend. For more information, email demclubislands@gmail.com or call 994-3175.*

Garden Club

Season Schedule

The Shell Islands Garden Club is an active club. For the rest of this season, there is a full schedule of events starting in February with the annual luncheon to be held this year at the Captiva Island Yacht Club. The luncheon will be followed by a talk on How Does Your Garden Grow by gardening expert Suzy Valentine, who will explain how to repurpose containers and use what is growing in your garden.

March will feature two local garden tours, while in April the topic is Back to Basics, a demonstration of basic floral arranging, dividing plants, propagation, and a plant sale. The final meeting of the year in May will feature author Amy

Bennett Williams with a presentation titled Florida's Good Nature, which will feature Florida's unique families, flora and fauna. At this meeting, there will also be a salad luncheon and installation of new officers.

Shell Islands Garden Club currently has 88 members and is an important part of the Sanibel community. Members supply weekly flower arrangements to the Sanibel Public Library and recently planted containers for The Community House. In addition, the club has adopted the Sanibel Historical Museum and Village as a project to help spruce up the plantings and add new ones as needed.

Meetings are held on the second Tuesday of the month at The Community House. New members are welcome and anyone interested in becoming a member can contact club president Gerri Perkins at 395-0625 or 201-400-2078.*

YOUR REAL ESTATE NAVIGATOR



15147 Captiva Dr. \$5,695,000
CaptivaBayFront.com
Phaidra McDermott 239-898-3778
Phaidra@GoKingfisher.com



15867 Captiva Dr. \$4,995,000
CaptivaGulfToBay.com
Valerie Tutor 239-834-8141
Valerie@ValerieTutor.com



11520 Murmond Ln. \$1,999,999
CaptivaGreenFlash.com
Valerie Tutor 239-834-8141
Valerie@ValerieTutor.com



14860 Mango Ct. \$1,995,000
CaptivaNearBeach.com
Phaidra McDermott 239-898-3778
Phaidra@GoKingfisher.com



2464 Blind Pass \$1,300,000
SanibelCanalHome.com
Valerie Tutor 239-834-8141
Valerie@ValerieTutor.com



1470 Angel Dr. \$948,000
SanibelAngel.com
Phaidra McDermott 239-898-3778
Phaidra@GoKingfisher.com



9028 Mockingbird Drive
Sanibel, FL 33957 \$889,000
Mary Bondurant 239 839.3633
Mary@GoKingfisher.com



5280 Umbrella Pool Rd
Sanibel, FL 33957 \$699,000
KC Cuscaden 239-470-1516
Karasue@comcast.net



998 Fish Crow Rd
Sanibel, FL 33957 \$659,000
Robyn Moran 239-728-1971
Robyn@robbmoran.com



2514 Beach Villas Unit 2514 \$609,000
SouthSeasProperty.com
Phaidra McDermott 239-898-3778
Phaidra@GoKingfisher.com



13011 Cross Creek Blvd #1289
Fort Myers \$159,900
CrossCreekCreampuff.com
Valerie Tutor 239-834-8141
Valerie@ValerieTutor.com



KINGFISHER REAL ESTATE INC.
239-472-4411 2402 PALM RIDGE RD SANIBEL, FL
KINGFISHERREALESTATE.COM

Republican Caucus Kicks Off Speakers Program

Kevin Karnes, president of the Southwest Florida Young Republicans, will be the first speaker in the Sanibel-Captiva Republican Caucus 2018 Speakers Program, which will be held at Sanibel Community Church in Fellowship Hall, just off the front courtyard. He will speak on Saturday, January 13 at 10 a.m. The public is welcome to attend.

Karnes is a 10-year resident of Fort Myers. He relocated to the area from Jacksonville, Florida to further his education, obtaining a bachelor's degree in legal studies from FGCU in 2010 and his master's in the same subject from American Public University. He has worked for Lee County Clerk of Courts Linda Doggett for the past 10 years and his current position is courts operational support manager. In his spare time, Karnes enjoys reading, playing golf, and following/researching conservative ideologies and other political interests.

Karnes will talk about his plans for the Southwest Florida Young Republicans and their potential impact



Kevin Karnes photo provided on results in the coming election cycle. Refreshments will be served. For more information, contact Will Smith at 395-0819. Sanibel Community Church is located at 1740 Periwinkle Way.✪

ISLAND SUN BUSINESS NEWSMAKERS

Top Producers

The top producers at John R. Wood Island Real Estate for the month of December were: Babs Maughan, top closed volume; Susan Yarab, top pending sales; and Dave Russ, top listing agent.✪



Babs Maughan



Susan Yarab



Dave Russ

Top Agents



Nancy Finch



LeAne Taylor Suarez



Larry Hahn



Debbie Hooper

The top agents at John Naumann & Associates for the month of December were: Nancy Finch, top listing agent; LeAne Taylor Suarez, top sales agent; and Larry Hahn and Debbie Hooper, top sales team.✪

Realtor Joins Firm

Jesse Lerner has joined the real estate team at John Naumann & Associates.

Lerner fell in love with Southwest Florida during childhood holiday visits. Moving here from Maryland in 2010 was a dream come true. She enjoys the beaches, boating, the arts, tennis and sharing the treasures of Southwest Florida's Gulf Coast with others.

Born in Costa Rica, Lerner was raised in the Midwest and the South. She attended Purdue and holds a bachelors of science degree in nutrition from Eastern Kentucky University.✪



Jesse Lerner



Sanibel Island Cottage With Simple Charm 1667 ATLANTA PLAZA DRIVE

2 BR, 1.5 BA
Open Plan Design • Inviting Lanai • Tropical Vegetation • Attached Garage
5 min. Bike Ride to Beach • Wonderful Neighborhood • Neat and Sweet
\$420,000 FOR SALE BY OWNER (631) 374-2605

DECORATING DEN INTERIORS®

Window Treatments . Furniture . Flooring . Lighting . Accessories . Closets



Providing Custom Interiors to Sanibel & Captiva for 27 years
Complimentary In-Home Consultation



695 Tarpon Bay Rd. Sanibel, FL 33957 239.472.6551
coin.decoratingden.com

McMURRAY & NETTE

ROYAL SHELL
Real Estate

Voted **BEST**
Real Estate Team!



Sanibel & Captiva's **#1-Producing Agents!**

*“Finally, An Easy
Real Estate Decision.”*



GULF TO BAY - CAPTIVA ISLAND

- Romance rarity and history on Captiva gold coast
- Meticulously restored 1912 beach house on 131' of beach frontage
- Bay house offers covered boat dock w/20,000b lift
- 5BR/5.5BA w/multi pools surrounded by spectacular landscaping and privacy
- **Price: \$8,200,000**



GULF TO BAY ESTATE

- <http://www.listandtour.com/15735nb.html>
- Estate Offering Uncompromised Luxury
- Lanai, Superior Quality & Construction
- Guest House, Boat Dock, Pool/Spa
- **Price \$7,895,000**



TURTLE GAIT

- Island ambiance w/Euro design & quality
- Situated on 1.3 acres w/all new concrete construction
- Main house w/ separate guest quarters
- Award winning infinity edge pool
- **Price \$3,500,000**



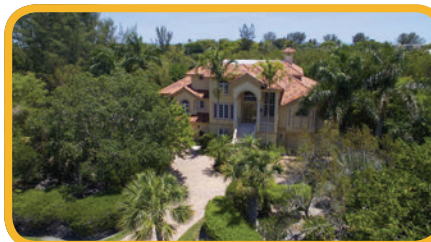
PREMIER BOATING LOCATION

- Awesome Roosevelt Channel “point” location
- Big Water Views w/multiple newer boat docks
- Beautiful Florida style residence offering gorgeous Island setting
- Privacy within Captiva Gold Coast
- **Price \$2,895,000**



ANDY ROSSE LUXURY

- Located in the heart of Captiva Village.
- Main & Guest house offering awesome rental income.
- 7/8 BR/8 BA. Pool & Spa
- Family Compound. Great Location to beach & village shops
- **Price \$2,799,000**



BUTTERKNIFE

- <http://www.listandtour.com/2167nb.html>
- Gorgeous Mediterranean Inspired Elegance
- 4/5 BR and 4.5 BA w/All the Bells & Whistles
- Resort Style Pool & Spa
- Private & Gated w/Steps to the Beach
- **Price \$2,195,000**



SANCTUARY STUNNER

- Newly remodeled 6BR/6BA premier golf course residence
- Ultimate location situated on multi parcels
- Expansive lake and golf course views
- Gorgeous pool and spa area. Beautifully designed
- **Price: \$1,995,000**



NEW CONSTRUCTION - SANCTUARY GOLF & COUNTRY CLUB

- 4 Bedroom, 4 Bath of Luxurious Living
- Beautiful Golf Course Views
- Spectacular Lanai w/Outdoor Kitchen & Fireplace
- Coastal Modern Interior w/3 Car Garage
- Beautiful Pool & Spa
- **Price \$1,799,000**



Luxury Poinciana Condo/Direct Beachfront

- Beautiful and Intimate Newly Remodeled 3BR unit.
- Elegant and open kitchen and dining area.
- Oversized porch area. Spectacular Views.
- Wonderful Pool and Tennis Areas.
- Awesome Private Boardwalk to Beach area.
- **Price \$1,750,000**



AWESOME CAPTIVA VILLAGE GETAWAY

- 3/4 BR w/2 Master Suites
- Large Screened in pool and lanai
- Excellent Rental Property. Newer Kitchen.
- Steps to the Beach and Village amenities
- **Price: \$1,449,000**



VACANT LOT IN CAPTIVA VILLAGE

- Steps to Beach from this Great Location
- Only Lot Available in Captiva Village
- Potential Design Includes Views of Beach & Bay
- Walk to Beach, Shops, Restaurants & Marina
- **Price \$899,000**



PREMIER LOCATION IN BLIND PASS

- http://www.listandtour.com/5117_E205nb.html
- Multi-level 2 Bedroom Expanded Floor Plan
- Great Views of Amenities including Tennis Courts & Pool
- Just Steps to Beach Access to Bowman Beach
- Great Price - Seller says sell
- **Price \$409,000**

McMURRAY & NETTE

ROYAL SHELL
Real Estate

239.850.7888 (Mike's Cell)

Mike@McMurrayandNette.com

Visit Us at

McMurrayandNette.com & RoyalShellRealEstate.com

239.281.4435 (Trevor's Cell)

Trevor@McMurrayandNette.com

A FULL-SERVICE LAW FIRM SINCE 1924

Meet Our Legal Team for Sanibel and Captiva



Richard A. Collman
richard.collman@henlaw.com
239.344.1352



David K. Fowler
david.fowler@henlaw.com
239.344.1353
Florida Bar Board Certified in Real Estate Law
AV Rated by Martindale Hubbell
Named to Best Lawyers in America, 2013-2017



David M. Platt
david.platt@henlaw.com
239.344.1355
AV Rated by Martindale Hubbell
Named to Best Lawyers in America, 2006-2017
Named to Florida Super Lawyers, 2012-2016

OUR TEAM OF EXPERIENCED ATTORNEYS IS ON THE ISLANDS TO SERVE THE LEGAL NEEDS OF INDIVIDUALS AND BUSINESSES

in all aspects of commercial and residential real estate, business matters and trusts and estates, including:

- Commercial and residential real estate closing and loan transactions
- Condominium, community, homeowner and timeshare associations representation
- Construction contracts and disputes
- Title insurance claims and underwriting
- Real estate financing, loan restructuring and workouts
- 1031 Real Estate Exchanges
- Wills, trust and estate planning
- Trust administration
- Business entity formations
- Employment law

Named one of the “2017 Best Law Firms” by U.S. News & World Report and Best Lawyers in America®



Adapting. Changing. Moving forward.

1648 Periwinkle Way, Suite B • Sanibel, FL 33957
239.472.6700 • henlaw.com

Fort Myers • Bonita Springs • Sanibel • Naples*



Sanibel/Captiva Heart Walk Is Just Weeks Away



From left, Sanibel Captiva Trust Company employees Phyllis Gibson, Robin L. Cook, Steve Greenstein, Gail Latino and Frances Steger photo provided

Get ready to lace up your walking shoes as part of the 5th annual Sanibel/Captiva Heart Walk on Sunday, January 28.

The Heart Walk raises awareness and funds for the American Heart Association/American Stroke Association, and its fight against America’s number one and number five killers – heart disease and stroke. The Sanibel Captiva Trust Company returns as the Heart Walk platinum sponsor, a distinction it has held since the event’s 2013 inception. Il Cielo is also a platinum sponsor.

“We are tremendously proud to be involved with the Sanibel/Captiva Heart Walk,” said Al Hanser, founder and chairman of The Sanibel Captiva Trust Company. “It’s a fantastic event for the entire island, one that gives us a chance to improve our heart health as a community, and have fun in the process.”

Steve Greenstein, executive vice-president of the trust company and member of the Heart Walk committee, said that company leaders initially became interested in supporting the Sanibel/Captiva walk after learning more about the American Heart Association’s Lee County Heart Walk, held annually in December in Fort Myers. Lex Roulston, a former island resident and local philanthropist, suggested that a similar event might be a positive addition to the Sanibel-Captiva community, and company leaders agreed, Greenstein said.

“Through the years, we’ve learned how prevalent heart disease is in our community, and how many lives it touches,” Greenstein said. “That’s why we’re so proud to support the event, because so many of our clients, friends and family members are affected by heart

disease and stroke.”

The Sanibel-Captiva community also has come together to support the lifesaving work of the American Heart Association/American Stroke Association, Greenstein said. This year’s fundraising goal is \$50,000.

“Each year, we’ve raised more and more money for the American Heart Association, and this year, we’re hoping to do the same,” he said.

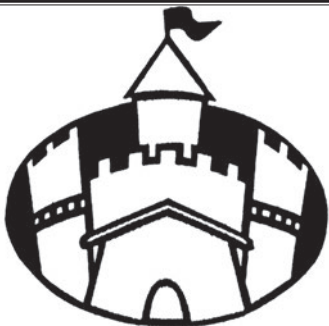
Money raised allows the American Heart Association to provide professional and community education, as well as critical research yielding medical advances such as cardiac catheterization, open-heart surgery, angioplasty, pacemakers and CPR.

Research has shown walking to be the single most effective form of exercise to achieve ideal cardiovascular health. Walking just 30 minutes a day can improve critical numbers like weight, blood pressure and cholesterol.

Festivities for the Sanibel/Captiva Heart Walk begin at 2 p.m., and the non-competitive, family-friendly walk begins at 3 p.m. at The Community House, located at 2173 Periwinkle Way. Walkers move through a safe, closed loop, and may do as many as laps as they wish to complete a 3.2-mile 5K or optional one-mile course.

There is no cost to participate, and walkers will receive a commemorative T-shirt if they raise or donate \$100 or more.

To join a team or donate, visit www.SanibelCaptivaHeartWalk.org. For sponsorship or more information, contact Lee Heart Walk Director Kelly Glewa at 340-2407 or Sandy Teger 973-420-3233. The social media hashtag for the walk is #sancapheartwalk.*



Cottages To Castles Unique Vacation Rentals

2427 Periwinkle Way
Sanibel, FL 33957

Local: (239) 472-6385
Toll Free: (800) 472-5385
Fax: (239) 472-5858

www.cottages-to-castles.com



472-HOME (4663)

888-603-0603

2242 Periwinkle Way, Sanibel Square, Suite 3

**More info & real estate blog at
SanibelSusan.com**



Pointe Santo #C34

3rd floor - expansive water views over lagoon to gulf. Successful weekly rental condo in beachy decor. Future bookings too. \$589,000



Cottage Colony West #119

Investor delight at Casa Ybel Resort. Beach-front fully-furnished condo, rented nightly through the resort. Easy & income-producing. \$674,000



Beach & Boating

Ground-level 3 bedrm with custom kitchen & baths, limestone floors, ~29' screened lanai plus dock. Bring your boat. \$999,000



PRICE REDUCED - Captains Walk #B2

Easy-living ground-level east-end 1 bedrm with carport. New HVAC, plus remodeled bath & updated appliances. \$249,000 furnished



Loggerhead Cay #264

Top-floor 2 bedrm with remodeled kitchen & years of excellent rental income, including repeat long-term tenants. \$598,300



Sand Pointe #122

Updated kitchen, baths, & restored balcony at 2nd floor 2 bedrm on West Gulf Dr. Long-time weekly rental with good history. \$699,000



Stunning Yet Comfortable

Decorator-appointed olde-Florida home with spectacular great room, 3 bedrms, plus den. Next to preserve land. Turnkey for \$1,069,000



Spanish Cay #A7

Beachy 2nd floor 1 bedrm with screened balcony. Gulf access across street. Earning ~\$20K/yr in rental income. \$299,000



Mariner Pointe #1061

Bayfront 2 bedrm on 1st floor. Custom design with new kitchen, baths, doors, floors, & more. Cottage-style charm. \$599,900



Lot at 9441 Peaceful Dr

Wide parcel in Gumbo Limbo backing to conservation land. Handy to causeway, bay, beaches, shopping, & bike path. \$249,000



South Fort Myers

Spacious 3 bedrm in gated community. Loft plus office. Private pool, lake view. Close to restaurants, hospital, & more. \$389,900

Rotary Happenings

submitted by Shirley Jewell

Although the big countdown of the year at mid-night on December 31, 2017 brought us to our new year 2018, this is pretty much old news. A new countdown is now in progress leading to Sanibel-Captiva Rotary Arts & Crafts Fair – Presidents’ Day weekend 2018. Arts and crafts fairs abound this time of the year in Southwest Florida, but many of them are not on par with the upcoming juried Sanibel-Captiva Rotary Arts & Crafts Fair on Saturday and Sunday, February 17 and 18 on the grounds and inside The Community House on Periwinkle Way.

This fair has the reputation of presenting only the very best artisans from all over the country with one-of-a-kind handcrafted items and their finest work. There are artists in all media and styles; ceramics, digital, fiberglass, jewelry, metal, mixed media, painting, drawing, photography, printmaking, sculpture, watercolor, wearable art, woodcraft and so much more. Remarkable artwork in classic, modern and whimsical styles.

Although 300-plus artists and craftsmen applied to be considered for inclusion in this year’s Rotary Arts & Crafts Fair, a juried panel previewed all submissions and selected just over 100 entries for



presentation at the fair with booth space. Among those artists and craftsmen are some returning artisans and some first-time exhibitors. The juried process selection is based on high-quality work, the best of the best, along with attention for presenting an interesting and varied selection for attendees.

Community members, their families and tourists alike make attendance at this fair a yearly tradition. As part of that tradition, they also buy our famous artist-designed commemorative T-shirts and sweatshirts to add to their collection of sportswear. Each year, Rotary sells over 500 of these T-shirts, so, don’t miss your opportunity to own one.

Once in the gates of the fair, don’t forget to pick up your map of the grounds with information on artists and craftsmen at the fair, and booth locations. The expanded separate food court area last year located on the Sanibel Community Park grounds was a big hit. Fairgoers didn’t have to leave the fairgrounds to find sustenance to keep on going and enjoy this unique shopping experience.

Inside the beautifully renovated Community House, you will find an area set aside for sitting down and taking a break, and reviewing information on booths still to visit. While inside, make sure you check out the outstanding offerings included in the Sanibel-Captiva Rotary’s silent auction area. You can bid on premier vacation stays, on-the-road event tickets, off-island adventures, fine and casual dining, on-island vacation stays, on-island adventures, fine wines, personal services, handcrafted items, gift baskets, entertainment certificates,

jewelry, paintings and other art, sport outings, etc. Don’t miss this area, for sure.

All proceeds from the Sanibel-Captiva Rotary Arts & Crafts Fair go directly into our Sanibel-Captiva Rotary Trust Foundation account and are then used to fund grants to many organizations and non-profits – local 50 percent and global 50 percent – with financial funding serving humanitarian causes and building stronger communities throughout the world. Special emphasis goes to international relationships, promoting peace,

disease prevention, clean water, literacy, maternal and child health and strengthening local economics with partners here at home and abroad.

Mark on your new 2018 calendar for Presidents’ Day weekend, the Sanibel-Captiva Rotary Arts & Crafts Fair, Saturday and Sunday, February 17 and 18. Looking forward to seeing you there.

*The Sanibel-Captiva Rotary Club meets Friday mornings at 7 a.m. at The Dunes Golf & Tennis Club. Guests are welcome.**

Solar Program At Captiva Island Yacht Club

Angela DeMonbreun, program director with Solar United Neighbors of Florida, will speak at the Captiva Island Yacht Club (CIYC) on Tuesday, February 6 starting at 10:30 a.m.



Angela DeMonbreun

In her role as program director, DeMonbreun develops and manages the Florida co-ops, provides technical support for residents and organizations wishing to go solar, and supports policy advocacy for solar in Florida. She also serves as the co-president of the League

of Women Voters Jacksonville First Coast, working to increase informed voter participation through education and advocacy. DeMonbreun was most recently selected as one of Jacksonville’s 2015 Women of Influence. She holds a BA in political science from Jacksonville University.

During the program, DeMonbreun will speak on solar market growth in Florida over the past two years, challenges and incentives to go solar in Florida for individuals, co-ops and municipalities, the solar co-op process and steps to bringing a co-op to a community.

Solar United Neighbors of Florida is an organization dedicated to a clean, equitable energy system with rooftop solar as the cornerstone. They help people go solar, join together and advocate for their energy rights. More information about Solar United Neighbors of Florida can be found online at www.solarunitedneighbors.org.

For more information about the program, contact CIYC at 472-4133. The Captiva Island Yacht Club is located at 15903 Captiva Drive.*

KINGFISHER REAL ESTATE

AGENT SPOTLIGHT



SARAH BRENT!

“Go Sarah!”

239-233-7603 SARAH@GOKINGFISHER.COM

An “island native” Sarah has the unique perspective of growing up on Sanibel

- Graduated Summa Cum Laude with a Bachelor’s degree in Psychology at Florida Gulf Coast University
- Excited to share the numerous intangible benefits that are available in the variety of lifestyles and neighborhoods here
- Developed a comprehensive understanding of what makes SW Florida so special and cares deeply about the environment
- Loves the challenge of finding the perfect fit for buyers and sellers
- Through persistence, tenacity, and her ability to apply tech savvy skills, she will successfully achieve your real estate goals

KINGFISHER REAL ESTATE INC 2402 PALM RIDGE RD SANIBEL FL 33957



Sanibel Bay Front Condominium 30 Day Minimum Rental

Magnificent Fully Furnished 3 BR, 2 BA with fantastic views

SPECIAL PRICING FOR ENTIRE PERIOD MARCH 15 THROUGH APRIL 30, 2018

Unpack your clothes, go to the supermarket and you have arrived

200 Periwinkle Way next to Lighthouse Beach Park

Please visit us at www.waterfrontrentalsanibel.com or call owner for further information 516 316 8102



WEGLARZ construction

One Builder Serving Sanibel & Captiva for over 35 years

- Custom Residential Construction
- Remodeling Projects
- Design Team with Construction Drawings
- Plans Through Completion of Project

Phone: (239)489.0442

Email: gregwegz@earthlink.net • www.gregweglarz.com

State Certified General Contractor License # CGC A05420

Volunteer Of The Week: Bill Schecker

submitted by Anna Tamblyn,
Volunteer Coordinator

It seems everybody knows Bill Schecker. He visited friends on Sanibel in the early 1980s and it quickly became his vacation destination. And so began his relationship with Sanibel.

When offered a career opportunity in 1998, Schecker was ready to leave the chill of Baltimore behind for island life on Sanibel. Schecker is committed to the environmental initiatives of Sanibel as well as the inclusiveness of the community.

He was introduced to the Sanibel Community Association by two island icons: Ann Arnoff and Mike Kelly. Schecker found The Community House a safe and accepting environment. "I live an alternative lifestyle and no one holds it against me," he said.

Schecker was first involved with the Shell Crafters Club. Arnoff and Kelly approached him to join the Sanibel Community Association Board of Directors. He spent several terms on the board, serving as both secretary and treasurer.

Today, Schecker has again taken on the role of secretary for the board of directors meetings, as well as helping



Bill Schecker

photo provided

out in the office and just about any event held at The Community House.

When asked about his favorite memory of the Sanibel Community Association, Schecker had no difficulty sharing his story of stealing a peek at the newly-renovated house with his two partners in crime – Arnoff and Kelly. They dodged workmen and were amazed by the new facility.

Schecker continues to volunteer his time, energy and expertise to support the The Community House. Why? "Because it provides a ready-made community," he said.✱



Jerry and Sharon Miller addressing the group

photo provided

Trailways Camp Video Debuts At Lions Meeting

Sanibel-Captiva Lion Jerry Miller and his wife, Sharon, debuted the third Trailways Camp video to the club as guest speakers during the January dinner meeting. The touching video highlights volunteers who poignantly share how their lives have been enriched through their volunteerism at Trailways.

"The local Lions have been so supportive of Trailways Camp, so we think it's wonderful to debut the video to the club," said Sharon Miller. "It's more fitting since it features a few Lions who volunteered to help build a great

ramp down a hill to the edge of the campground's river."

Trailways Camp provides camping experiences for adults with special needs in Southwest Florida. It was founded by the Millers through The Robert V. and Benjamin G. Miller Fund, established in honor of their two sons. Volunteers play a key role in the success of Trailways Camp, held three times a year.

"Adults with special needs are the most under-served in our society," said Jerry Miller. "There is not much out there for them to do socially." Trailways is based on the principal of reducing the social isolation experienced by adults with special needs, as well as their families or caregivers.

The video series, produced by Sanibel videographer Rusty Farst, showcases

continued on page 10B

Buying, Selling or just want to chat... Talk to Chuck!

RE/MAX
of the Islands

Office Locations in Sanibel and Captiva

2400 Palm Ridge Road
Sanibel, FL 33957

11508 Andy Rosse Lane
Captiva, FL 33924

Direct:
239-209-6500

Office:
239-472-2311

Toll Free:
800-388-2311

Loggerhead Cay # 434



Exceptional top floor 2 BR/2 BA remodeled unit located on the Island's East End. Nicely furnished. Great rent income! Lots of amenities... steps to beach!

\$629,000

3099 Cussell Dr. (Pine Island)



Build on this large corner, canal front lot with sea wall. Direct gulf access in minutes. Room to build 40 ft. dock.

\$219,000

Loggerhead Cay # 463



East End Opportunity... 2 BR/2 BA in this popular gulf front complex... pet friendly, amenities and on site Mgmt.

\$519,000

Commercial on Tamiami Trail



Two parcels, A & B zoned Commercial General. Parcel A is approx. 4.5 acres and Parcel B is approx. 2.0 acres.

(A) \$999,500 (B) \$400,000



SEMPER FI

CHUCK BERGSTROM
Island Resident
Award Winning Realtor®

CHUCK@CHUCKBERGSTROM.COM
WWW.BUYSELLCHATSANIBEL.COM

Happy New Year!

Superior Interiors

Creating The Perfect Home Office



by Linda Coin

One are the days when you only had the choice of a desk and chair for your home office. Today's options for home office furnishings are all but endless. So, first things first. As

with any decorating project, you first need to determine what you want to accomplish in your new home office, and then match those needs with the right furnishings.

While many people purchase a conventional desk, more and more are requiring extra space. If you fall into this category, you might consider a workstation. With an L-shaped configuration, you should find that it provides approximately twice the work space of a traditional desk. Plus, the storage options are virtually endless – cubbyholes, drawers and cabinets are all designed to store office essentials.

Another popular workstation option is the office armoire: two tall doors open to reveal a drop down work surface and plenty of storage space.

Available in a multitude of design styles and furniture finishes, these popular pieces can easily fit into any design style.

Chairs, too, have vastly improved in terms of aesthetics as well as comfort. This is one place you can really put a personal stamp on your home office. Who says you can't work from a traditional wing chair? Or even a country style Adirondack chair? Once you've determined your style preference, you next need to give careful consideration to the ergonomics. If you spend a majority of your time working at a computer, you may want to opt for a chair with separate adjustments for lumbar and lower back support, arm width and height, seat back angle and seat height.

Another extremely important consideration in creating the home office of your dreams is storage. Books, files, mail, magazines and a plethora of other paperwork are essential to any full-fledged office – and as we all know – every piece of paper deserves its own home. Take stock of how many linear feet of open and closed storage you need right now, then multiply that figure by 25 to 50 percent to allow for future growth. Once you've come to a comfortable conclusion, consider various storage options – everything from conventional steel files to traditional wood cabinetry.

And finally, don't forget those furnishings that will put the "home" in home office. Decorative lighting, an ottoman for put-your-feet-up comfort,

even a home entertainment unit can add up to an office ready for any job. And, of course, those finishing touches – custom window treatments, area rugs, artwork and collectibles will all help to say, "This is my space!"

Given the right decorative approach, you'll find it hard to leave work when 5 o'clock rolls around. Linda Coin is an interior designer on Sanibel/Captiva Islands and can be reached at linda@coincdecen.com.✱

Take FAFSA Verification Process Seriously

The federal government requires many students who submit the Free Application for Federal Student Aid (FAFSA) to verify the information on the FAFSA. The students are chosen by the U.S. Department of Education.

Used to apply for most federal and many state student aid programs, the FAFSA asks detailed questions about the income and resources of students.

Parents are required to provide their information as well if their children are dependent students. Students are considered dependent if they are undergraduate students under 24 years old, not married, have no dependents of their own, are not veterans or were not orphans or wards of the court until age 19.

The college or, in some cases, an agency working with the college will contact students to let them know if their

data is being verified.

Students and parents need to take that process seriously, according to KHEAA. Students chosen for verification cannot receive their financial aid until they have completed the process. As soon as they are contacted, they should provide any information that is required. Putting it off will only lead to frustration if the process isn't finished when classes are ready to start.

If students have decided not to attend a college that asked them for verification, they should let the college know so it will stop requesting information.

For more information about KHEAA services, visit www.kheaa.com.✱

From page 9B

Trailways Camp

happy campers and how it all began. "We are grateful for all the Lions' efforts throughout the years to help Trailways be a success," said Sharon Miller.

In addition, the Lions Christmas Tree Sale was reported to be a success, selling out on Christmas Eve.

The next dinner meeting will be on Wednesday, February 7 at The Community House with a guest speaker from Lighthouse of Southwest Florida, an organization dedicated to enabling individuals of all ages living with a visual impairment to remain independent, active and productive. Visiting Lions are welcome.

For more information about the club, visit www.sanibelcaptivalions.org. To learn more about Trailways Camp, visit www.trailwayscamp.org.✱

BOATER'S PARADISE

VIP REALTY GROUP

Located on a direct access canal to the Gulf Well-maintained

3 bedroom, 2 bath home

\$1,395,000

Judy Reddington

(239) 851-4073

UNDER NEW OWNERSHIP

ISLAND INSURANCE SERVICE

Mark O'Brien
Owner/Agent

Susan Barnes
Personal Lines

Trish Barbore
Agent

Call our office today for a new Auto quote.

We are **HERE** for all your insurance needs

Have an insurance question?

703 Tarpon Bay Rd, Sanibel, FL (239) 472-3022

ISLAND LAW OFFICE OF

JANET M. STRICKLAND

P.A.

Wills, Trusts & Estate Planning

Probates & Estates

Business & Corporate Law

Member of The Real Property, Probate & Trust Law Section of The Florida Bar

Lee County Bar Association.

AV Rated by Martindale-Hubbell

BBB Accredited Business Rated A+

28 Years Experience

(239).472.3322

Behind The Village Shops

2340 Periwinkle Way, Suite J-1, Sanibel FL 33957

www.jmslawyer.com



OPEN HOUSE EXTRAVAGANZA!

FOR DIRECTIONS & A MAP, CALL 239-472-5187
OR STOP BY VIP REALTY AT: 1560 PERIWINKLE WAY, 2000 PERIWINKLE WAY OR 14970 CAPTIVA DRIVE

SUNDAY, JANUARY 14 • ALL DAY 9AM - 4PM

- 15110 Bain Rd - Fort Myers**
Incredible Riverfront Estate with 4BR/3.5 BA main house, 1BR/1BA guest house, 2 wraparound docks w/ lifts, views, additional boathouse, waterfall pool, gated entrance & more. \$2,397,500
- White Pelican #133 - 651 E Gulf Dr**
Penthouse w/ private rooftop sundeck plus cabana! Over 3,000sf, 3BR/3BA + Den, upscale appointments. Small complex, pool, tennis, beach walk-over. \$2,195,000
- Loggerhead Cay 433 - 979 E Gulf Dr**
Upgraded 2BR/2BA with Gulf views. Great rental potential. \$594,900
- Pointe Santo de Sanibel C42 - 2445 W Gulf Dr**
2BR/2BA with rooftop sundeck. Excellent Gulf Views! Fantastic rental property. \$949,000
- 3323 Twin Lakes Ln - Lake Murex**
Tranquil Lakefront 3BR/3BA + Den, open plan, impact sliders, remodeled kitchen, spacious master, tile roof, 2-car garage, short walk to deeded beach access. \$829,000
- 1525 San Carlos Bay Dr - Sanibel Isles**
Remodeled 4BR, ground-level pool home. 175' of canal frontage w/ 2 boat lifts, wood & tile floors, pool, fireplace. Seconds from the Bay. \$1,749,000

9AM - NOON

- 1114 Captains Walk St - Sanibel Estates**
East end canal home with pool, 3BR/3BA. Modern and move-in ready! \$949,000
- Coquina Beach 5F - 631 Nerita St**
2BR + Loft - Weekly Rentals - On the beach! \$495,000

1 - 4 PM

- 15850 Catalpa Cove Dr, Ft. Myers - Catalpa Cove**
Fantastic Gulf-Access pool home with backyard boat dock & lift. 4BR, 3BA, kitchen open to family room, PLUS living room, spacious screened lanai. Gated community. Just Reduced. \$719,000
- Lighthouse Point 321 - 200 Periwinkle Way**
3 Bedroom, 2 bath beautifully updated with 2 large porches & views of the Bay. \$699,000
- 900 Almas Ct - Eastwood Landing**
Custom designed beach home featuring 3 en-suite bedrooms, 4 baths + den, large pool/spa, tennis, beach access & boating! \$1,199,000
- 1008 Demere Lane**
Near Beach home has it all! Soaring ceilings, lots of natural light, screened porch overlooking Sanibel River, private elevator, fully furnished. \$639,000
- 1057 Seahawk Ln - Seahawk**
Charming "Island Style" 3BR/2.5BA w/ screened porch & lift. Community tennis, private road, borders scenic Sanibel River, oversized lot. \$699,000
- 1938 Roseate Ln - Sanibel Lake Estates**
Remodeled 3BR/2BA. No stairs. Convenient location to shopping & dining. \$549,000
- Island Beach Club 220E - 2265 W Gulf Dr**
Amazing views! Updated, 2 BR, 2BA - Weekly Rentals - Great Income! \$979,000
- 984 Black Skimmer Way - Gulf Pines**
Sanibel West End. 3BR/2BA, short walk to the community pool, tennis, and BEACH! No signs allowed - Please come find me! \$585,000
- 6192 Henderson Rd**
Tropical 4BR, 4BA waterfront pool home with 2-car garage and 500sf rec room. Gulf Access Dock & Lift. Recent upgrades: New roof, windows, wiring, plumbing & more. \$1,949,000
- 5313 Punta Caloosa Ct - Caloosa Shores**
4 Bedroom, 3 bath pool home on wide canal. Gulf Access, Boat lift, heated pool, nicely updated. \$998,000
- 5657 Sanibel Captiva Road**
Clam bayou home. 3BR/2BA built in 2013. Heated pool, elevator, waterfront. \$895,000

MONDAY, JANUARY 15 • ALL DAY 9AM - 4PM

- White Pelican #133 - 651 E Gulf Dr**
Penthouse w/ private rooftop sundeck plus cabana! Over 3,000sf, 3BR/3BA + Den, upscale appointments. Small complex, pool, tennis, beach walk-over. \$2,195,000
- Loggerhead Cay 433 - 979 E Gulf Dr**
Upgraded 2BR/2BA with Gulf views. Great rental potential. \$594,900
- 1525 San Carlos Bay Dr - Sanibel Isles**
Remodeled 4BR, ground-level pool home. 175' of canal frontage w/ 2 boat lifts, wood & tile floors, pool, fireplace. Seconds from the Bay. \$1,749,000
- Coquina Beach 5F - 631 Nerita St**
2BR + Loft - Weekly Rentals - On the beach! \$495,000
- Island Beach Club 220E - 2265 W Gulf Dr**
Amazing views! Updated, 2 BR, 2BA - Weekly Rentals - Great Income! \$979,000
- Pointe Santo de Sanibel C42 - 2445 W Gulf Dr**
2BR/2BA with rooftop sundeck. Excellent Gulf Views! Fantastic rental property. \$949,000
- Sand Pointe 111 - 2737 W Gulf Dr**
2BR/2BA end unit with views of the Gulf. Weekly rental. \$715,000
- 3323 Twin Lakes Ln - Lake Murex**
Tranquil Lakefront 3BR/3BA + Den, open plan, impact sliders, remodeled kitchen, spacious master, tile roof, 2-car garage, short walk to deeded beach access. \$829,000
- 11535 Wightman Lane, Captiva**
Brand New 4BR + Den, 4 BA pool home with 2 master suites, totally redone, 6 lots from beach. Gorgeous! Fully furnished. \$2,099,000
- 1008 Demere Lane**
Near Beach home has it all! Soaring ceilings, lots of natural light, screened porch overlooking Sanibel River, private elevator, fully furnished. \$639,000

9AM - NOON

- 1438 Sandpiper Cir - Dunes**
Handyman Special - Priced to do it your way. Popular Dunes with water views. \$414,000
- 1528 San Carlos Bay Dr - Sanibel Isles**
165' long dock on San Carlos Bay w/ 15,000# lift. 3BR/3BA, fireplace, family room, charming cottage-style home. Eat-in kitchen w/ high-end upgrades and spellbinding Bay views. \$1,850,000
- 2005 Mitzi Ln - Mitzi**
Remodeled 2BR/2BA pool home. Open kitchen, dining/family, living room & screened porch. Dumbwaiter, new AC, impact windows, garages/workshop. Convenient all Island amenities! \$543,500
- 9240 Belding Dr - Belle Meade**
Florida Style 3BR/2.5BA home with hardwood floors, custom cabinetry, cathedral ceilings, and amazing master suite. Oversized garage with workshop. Charming Island Style! \$585,000
- 5430 Osprey Ct - Heron's Landing**
Spacious 3BD/3BA home in the quiet gated neighborhood of Heron's Landing. Community amenities include pool, tennis, & beach access. \$799,000

1 - 4 PM

- 900 Almas Ct - Eastwood Landing**
Custom designed beach home featuring 3 en-suite bedrooms, 4 baths + den, large pool/spa, tennis, beach access & boating! \$1,199,000
- 1057 Seahawk Ln - Seahawk**
Charming "Island Style" 3BR/2.5BA w/ screened porch & lift. Community tennis, private road, borders scenic Sanibel River, oversized lot. \$699,000
- 5299 Umbrella Pool Road - Sanibel Bayous**
Near Beach! 3BR/2.5BA. Short walk to the community pool and tennis court. \$539,000
- 1995 My Tern Ln - Heron's Landing**
JUST LISTED! Peaceful Bayou home featuring breathtaking views. Updated 4BR with chef's kitchen, soaring ceilings, new bathrooms, wood flooring. Screened lanai and dock. \$1,389,000

Attorneys To Host Free Planning Workshops

Florida Bar Board Certified Wills, Trusts and Estates Attorneys Craig R. Hersch and Michael B. Hill, partners with Sheppard, Brett, Stewart, Hersch, Kinsey & Hill, PA, will host free Florida Residency and Estate Planning workshops at Faith United Methodist Church on Thursday, February 1, The Community House on Friday, February 2 and the *Naples Daily News* Community Meeting Room on Monday, February 5. All workshops will be held from 2 to 4 p.m.

The workshops will update attendees on the new tax and is an essential educational tool for Florida residents or those considering Florida residency to learn about Florida estate law and valuable estate planning techniques. Topics will include:

How the new tax law will affect estate plans;

The validity of out-of-state wills and trusts in Florida;

Key elements of the Florida estate and homestead laws;

How to reduce taxes by declaring Florida residency;

How and why legal documents need to be kept up to date;

How a revocable trust might not avoid probate.

All attendees will receive a free



Craig R. Hersch

photos provided

copy of Hersch's recently published book, *The Florida Residency & Estate Planning Guide*. In addition, attendees who bring their current estate planning documents to the workshop will receive a complimentary written trust analysis. Reservations for the workshop are available at www.sbslaw.com/workshops or by calling 425-9383.

Hersch is a Florida Bar Board Certified Wills, Trusts & Estates attorney and holds a Florida CPA license. He has created several trademarked processes tied to his estate planning and administration practice,



Michael B. Hill

including The Family Estate & Legacy Program and The Estate Settlement Program. His previously published books include *Common Cents Estate Planning* and *Legal Matters When a Loved One Dies*. Hersch also writes a weekly estate planning column that can be viewed on his blog at www.sbslaw.com.

Hill is also Florida Bar Board Certified in Wills, Trusts & Estates and concentrates his practice in estate and wealth preservation and business succession planning. He has extensive tax, legal and technology skills, enabling

him to create unique plans meeting clients' individual and family needs. He is a member of The Florida Bar, American Bar Association and Lee County Bar Association.

Faith United Methodist Church is located at 15690 McGregor Boulevard in Fort Myers. The Community House is located at 2173 Periwinkle Way on Sanibel. *Naples Daily News* is located at 1100 Immokalee Road in Naples. For more information, visit www.sbslaw.com or call 334-1141.*

CASI Breakfast With The Mayor

Sponsored by BB&T Associations Services and BB&T Insurance, the Condominium Association of the Islands (CASI) will conduct a breakfast meeting with Sanibel Mayor Kevin Ruane on Thursday, January 18 in the Sundial Room (second level) of the Sundial Beach Resort & Spa, located at 1451 Middle Gulf Drive.

Registration will begin at 8 a.m., followed at 8:30 a.m. with the opening of the breakfast buffet. Ruane will begin speaking at 9 a.m.

Cost to attend the breakfast meeting is \$15 for CASI members and staff and \$30 for guests. Cash and checks will be accepted at the door. Advance registration is required by Monday, January 15. RSVP via email to casi.sanibel@gmail.com or call 691-5024.*

THE ONLY ISLAND-BASED AIR CONDITIONING COMPANY



WE ARE FANS OF THE CEILING FAN!

Ceiling fans are a great way to keep your home comfortable year-round.

Ceiling Fans can:

- Improve cooling in summer
- Improve heating in winter
- Save money on utility bills
- Be a stylish and functional addition to any room

Call us today and find out how we can help with all of your cooling and heating needs!

(239) 395-COOL (2665)

Sanibel Air and Electric, Inc. | Family Owned & Operated

LIC # EC-0001761
LIC # CAC-057364

1213 Periwinkle Way | Sanibel, Florida 33957

www.SanibelAir.com • cooling@sanibelair.com



Attention... Island Business Owners!

Ever thought about selling your business?
Would you like to know what it's worth?

Call today for a free confidential discussion.

Richard Green

Island Resident and Business Broker
Over 30 years of Corporate Development

239-898-1989

www.BusinessGuideFlorida.com



CORPORATE INVESTMENT BUSINESS BROKERS

THE SANIBEL HANDYMAN

"NO JOB TOO SMALL"

HOME REPAIRS SPECIALIST!

- General Repairs
- Power Washing

Doug Wilson

Island Resident, Licensed & Insured

239-292-3314





Alfie Oakes of Oakes Farms

photos provided

Locals Sponsoring Chef Invitational

Local seed to table agribusiness Oakes Farms and community member Mike Kelly are sponsoring the major fundraising event for The Community House, the Southwest Florida Chef Invitational.

Alfie Oakes of Oakes Farms said, "We at Oakes Farms support the Culinary Education Center and their commitment to fresh produce and teaching children how to enjoy it.

Our sponsorship demonstrates the strong partnership we have with The Community House. Congratulations on a very successful first year."

Oakes Farms is an independently-owned local agribusiness that provides the community with quality fresh grown fruits and vegetables along with education for a sustainable and healthy lifestyle.

Mike Kelly, who has supported The Community House for many years, said, "It was an outstanding effort to develop the community support essential to provide for the completion of our new Community House. I was



Mike Kelly

proud to be a part of the construction team and to contribute to its financial success. When you consider the history behind the project and its place at the center of Sanibel, hopefully it will stand the test of time as the true heart of the island. With our new kitchen as its centerpiece, please continue your active membership and financial support of your Community House."

The event is scheduled for January 27 at 6 p.m. Tickets are \$150 per person, and can be purchased through the ticket link at www.sanibelcommunityhouse.net. For more information, call 472-2155.*

American Legion Post 123

On Sunday, January 14, stop by American Legion Post 123 for a barbecue dinner from 1 to 8 p.m. The following Sunday, January 21, Post 123 will have a fish and shrimp fry. On Sunday, January 28, a barbecue dinner will be served all day.



There is live entertainment during Request and Sing-A-Long Night with Dan Smyth every Wednesday from 5 to 8 p.m.

On Tuesdays, tacos are served all day. Country fried steak is served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

If you have a flag that needs to be retired, drop it off at Post 123, located at Mile Marker 3 on Sanibel-Captiva Road. It is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome. For more information, call 472-9979.*

Read us online at IslandSunNews.com

WE MAKE BANKING ABOUT YOU!

"We've been a customer for 20 years, and they have always treated us like family."

We have a family business, and after 20 years of banking with Edison National Bank/Bank of the Islands, we can honestly say their team makes us feel like family! Their personalized service goes above and beyond and they just keep earning our business again and again, year after year. What they say is true...

Bank of the Islands makes banking about you!



Jerry & Barb Snyderman, Founders of Snyderman Shoes



To learn more about our customer services and convenient locations, please visit BankoftheIslands.com or call 239.472.7211.
An Equal Housing Lender | Member FDIC | Bank of the Islands is an office of Edison National Bank.

Will Power

Five Signs A Caregiver Is Stealing From Your Loved One



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

What do you do when an heirloom bracelet goes missing? How about when a bank account starts to inexplicably bleed cash? If you talk to anyone who's hired someone to help care for an elderly loved one, theft is a big worry.

Your loved one is probably the most vulnerable when you bring a paid caregiver into the home. So it makes sense to be on extra guard against theft. Here are five warning signs that the caregiver is on the take:

1. Groceries and Drug Store Bills Increase. If grocery shopping and normal errands are among the caregiver's responsibilities, it's pretty easy for a personal item or two to make

it onto your loved one's credit card. The same holds true when going out to eat. Don't let even the smallest transactions pass without scrutiny, as the caregiver may be testing the waters to see what he or she can get away with. If you find something unusual, confront the caregiver with the evidence in a gentle manner, so as to limit the damage if it wasn't something out of the ordinary. If you hired a caregiver through an agency, report any problems with that agency as soon as possible. Another good idea is to replace credit cards with debit cards for common transactions, while maintaining low balances in the

debit card account to limit the damage should fraud occur.

2. Frequent Cell Phone Use. If a caregiver is constantly on the phone, this could mean that he or she is not giving the requisite time to your loved one, or worse, planning with others how to steal from your loved one. Always run a background check on a caregiver before he or she is employed. Next, make sure that your family member's finances, such as credit cards, bank and brokerage accounts are removed from the home and placed in the care of a trusted family member.

3. Getting Too Personal. Some thieves will plan a scam to "prime the pump" by seducing the elderly with lots of affection until she or he becomes emotionally dependent upon the caregiver. The elderly person will try to reciprocate the affection by giving expensive gifts, or worse, paying for the caregiver's expenses like rent and food. Here, it is important to ensure that your loved one has daily interactions with people who are not their caregivers. It is also a good idea to transfer bank accounts to those who hold a durable power of attorney or who act as a trustee to a trust.

4. Bids for Sympathy. The "getting too personal" phase may quickly rise into the "bids for sympathy" phase. The caregiver may concoct stories of the caregiver's own family members who are in dire need of medical care, but do not have the resources to pay for that care. By planting the seed, they hope that the elderly person under their care will offer money to help. It's always a good idea to put every caregiver through a thorough background check to ensure that they don't have any prior records, including allegations of fraud.

5. Missing Work on Mondays. It could be a bad sign when a caregiver is AWOL on Mondays, even if he or she is responsible throughout the rest of the week. Monday absenteeism could be a warning sign of alcoholism or substance abuse. The caregiver may have gone out over the weekend and therefore is in too bad of shape to make it in on Monday. Checking your loved one's liquor cabinet may be a good idea when you suspect that a caregiver could be suffering from dependency problems. Note the level of liquid in the bottles, and you may even go so far as to sample the contents to make sure that they weren't replaced with water. If the caregiver has a few unexcused absences, that's the time to discuss your concerns with the agency that you went through to hire them.

An ounce of prevention is worth a pound of cure when dealing with in-home caregivers. Too much can happen in such an unsupervised setting. Take all the necessary precautions by removing valuables, financial records and bank accounts, including checking accounts when hiring in-home care.

©2018 Craig R. Hersch. Learn more at www.sbshlaw.com.✧

Insurance Solutions For Sanibel & Captiva



Rosier
INSURANCE

**Wind • Flood • Home
Condo • Business
Auto • Boat**

CONTACT US TODAY

472-1152

www.rosierinsurance.com

**Rosier: The name that has been serving
Southwest Florida for over 65 years**

1200 Periwinkle Way, Suite 2
Matzaluna Plaza • Sanibel Island



Angela Larson Roehl
alarson@rosierinsurance.com

From page 1B

Lecture Series

Theodore Roosevelt Speaks out on Conservation

*February 23 – Author Stephen Kress, *Puffin Project: The Improbable Quest to Bring a Beloved Sea Bird Back to Egg Rock*

*March 2 – Author Larry Nielsen, *Nature's Allies: Eight Conservationists Who Changed Our World*

*March 9 – Author Kevin Karlson, *Birds of Prey: Hawks, Eagles, Falcons, and Vultures of North America*

*March 16 – Author Tom Butler,

Wildlands Philanthropy: The Great American Tradition

*March 23 – Photographer-sound recordist Gerrit Vyn, *The Living Bird: 100 Years of Listening to Nature*

*March 30 – Artist and author Dawn and Blair Witherington, *Florida's Living Beaches: A Guide for the Curious Beachcomber*

April 6 – Mote Marine Researcher Dr. Erinn Muller, Coral Restoration

April 13 – Avian researcher Dr. Kenneth Meyer, Swallow-tailed Kites: 10,000 Miles to Survival

*starred lecture indicates book signing to follow.✧

Home Watch Services by... Sunset Builders & Maintenance, LLC

When Hurricane Irma threatened Sanibel's homes, our team worked tirelessly installing shutters and closing up homes. After the storm, our team was sending reports to homeowners within hours of the island being re-opened by the Sanibel Police Dept.

239-233-2152

www.SunsetBuilders.net • Info@SunsetBuilders.net



**INSPECTING YOUR HOME & DETECTING
PROBLEMS WHILE YOU'RE AWAY!**

- ⇒ Complete interior / exterior inspections
- ⇒ Weekly or bi-weekly inspections
- ⇒ Repairs and issues solved for you

Licensed & Insured: Sanibel 14948 Florida CBC1257888
Owned & Operated by Veteran / Lifelong Sanibel Resident



CPC 1458912

**Everyone Deserves
a Clean Pool!**



ISLAND CONDO MAINTENANCE

40 Years in Business • Located on Island • Veteran Owned & Operated

SPECIALIST IN

Residential & Commercial Pools

Fast, Reliable Service & Repair, Friendly Customer Service.

NEXT DAY INSTALLATION OF

Pool Heaters, Pumps, Motors, Salt Systems, Blankets and Roller Systems.

RETAIL LOCATION

Offers a Complete Line of Pool Supplies & Parts

Free Estimates

Call Us Today

After Hours Emergency Service

www.icmpools.com

472-4505

ICMSanibel@yahoo.com

HeartWalk Series:

Heart Healthy Meals Have Arrived

submitted by
Sandy Teger

The few times I've been in a local hospital, I have been dismayed to find that many of the meals on hospital menus read like a list of "what not to eat." It is always a relief to be released from a hospital, but in the past, one of my reasons was to go home and get some healthy food.

It seems like the light bulb has gone on at Lee Health. They recently announced that it has become the first health care system in the United States to offer select menu items Heart-Check certified by the American Heart Association. Seven menu items have been Heart-Check certified and are available to patients, visitors and staff in Lee Health's hospitals in Southwest Florida, including Cape Coral Hospital, Gulf Coast Medical Center, HealthPark Medical Center and Lee Memorial Hospital.

The Heart-Check mark on a Lee Health menu item means the recipe has been certified to satisfy the American Heart Association's nutritional requirements, including specific guidelines for calories, fat, saturated fat, trans fat, cholesterol, sodium and beneficial nutrients. The Heart-Check makes it simple for patients and café customers in the four Lee Health hospitals to identify healthy dining choices, and gives them peace of mind that they are consuming heart-smart meals.

The next time you visit one of Lee Health's locations (hopefully when you're visiting a friend and not there yourself), here are a few of the items that sound healthy and appealing:

Grilled salmon on bed of fresh organic spinach with quinoa, lemon vinaigrette and mandarin oranges; Pasta with meat sauce served with an organic spring mix salad and apple slices; Whole grain waffle with fat free vanilla yogurt, topped with strawberries, blueberries and bananas; Fresh fruit plate, fat free yogurt, oat bran fruit muffin; Egg white omelet with veggies, grits, blueberry banana muffin and melon cup.

I'm not saying that you'd choose those items over breakfast at Over Easy Cafe or dinner at Il Cielo, but if you've got to be there, at least you have some reasonable menu choices.

The American Heart Association will be with us on Sanibel for the 5th annual Sanibel-Captiva Heart Walk on Sunday, January 28. It takes place at The Community House starting at 2 p.m. Platinum sponsors for the walk are The Sanibel Captiva Trust Company and Il Cielo.

Heart healthy refreshments are being supplied by Bailey's General Store, which has been providing snacks for our walk every year. All the heart healthy ingredients are available at your local neighborhood grocery store, Bailey's. They also offer some of the menu items fully prepared for a quick, easy and healthy meal. We appreciate their support.

To join a team or donate, visit www.SanibelCaptivaHeartWalk.org. If you are interested in becoming one of our sponsors or for further information regarding the walk, contact Lee Heart Walk Director Kelly Glewa at 340-2407 or Sandy Teger at 973-420-3233.✪



Produce section at Bailey's General Store photo provided

Visitation Of Children Limited Due To Flu Cases

Lee Health has seen a sharp increase in flu cases – jumping from less than 200 cases during the week of December 18 to more than 330 cases during the last week of December.

Because of this significant increase, Lee Health is restricting children age 12 and younger from visiting patients in the intensive care units (ICUs), pediatric intensive care units (PICUs) and hematology/oncology units. This applies to pediatric and adult units but does not include the Trauma ICU at Lee Memorial Hospital. Compassionate care allowances will be made when necessary. Visitors also may be asked to follow additional

continued on page 19B

De-ionized Water Leaves your Windows Spotless



De-ionized
Window Cleaning
Starting at
\$6*
per window

- Interior & Exterior
- Clean Windows, Doors, Frames & Screens
- Eco Friendly
- Locally Owned & Operated
- Residential & Commercial
- Satisfaction Guaranteed
- Additional Services Available:

* Pressure Washing (roofs excluded)

* Maintenance Programs * Annual Contracts

\$25 off*
\$250 min
Cleaning
January 2018
ONLY!

Keep Your View CRYSTAL CLEAR!



Call Today for a Free Estimate

239-313-7930

Licensed & Insured

* Residential customers only. Some Restrictions may apply



Premier | Sotheby's
INTERNATIONAL REALTY

YOUR **LOCALLY** OWNED REALTY
PARTNER WITH A **GLOBAL** REACH



16167 Captiva Drive
Burns Family 239.464.2984
Web ID 216042323 \$1,595,000



16447 Captiva Drive
Stephanie Bissett 239.292.3707
Web ID 216043699 \$3,599,000



1561 San Carlos Bay Drive
Burns Family 239.464.2984
Web ID 217066805 \$2,750,000



11523 Andy Rosse Lane
Burns Family 239.464.2984
Web ID 216067960 \$2,599,000



Pointe Santo De Sanibel #E6
Burns Family 239.464.2984
Web ID 216028702 \$1,250,000



2791 Teal Court
Russ Crutchfield 239.560.2742
Web ID 217036311 \$1,099,000



11490 Dickey Lane
Burns Family 239.464.2984
Web ID 217006556 \$1,049,000



38 Sea Hibiscus Court
Burns Family 239.464.2984
Web ID 217055054 \$1,049,000



Ventura Captiva #2-A
Burns Family 239.464.2984
Web ID 217018012 \$975,000



1450 Sand Castle Road
Burns Family 239.464.2984
Web ID 217065185 \$799,000



19150 Gottarde Road
Stephanie Bissett 239.292.3707
Web ID 217032362 \$765,000



Snug Harbor #312
Burns Family 239.464.2984
Web ID 217076306 \$672,500



Cottage Colony West #116
Burns Family 239.464.2984
Web ID 217031151 \$659,000



Loggerhead Cay #D402
Burns Family 239.464.2984
Web ID 217058761 \$580,000



1927 SE 35th Street
Stephanie Bissett 239.292.3707
Web ID 217025114 \$579,900



1040 Sand Castle Road
Burns Family 239.464.2984
Web ID 217069019 \$578,000



16647 Bobcat Court
Burns Family 239.464.2984
Web ID 217060138 \$549,000



Sundial of Sanibel #H409
Burns Family 239.464.2984
Web ID 217050041 \$465,000



Village of Sanibel #R1
Russ Crutchfield 239.560.2742
Web ID 217011369 \$426,000



2307 Wulfert Road
Burns Family 239.464.2984
Web ID 217026095 \$259,000



5116 Sea Bell Road
Burns Family 239.464.2984
Web ID 217006823 \$169,500

MORE THAN 21,000 SOTHEBY'S INTERNATIONAL REALTY® ASSOCIATES | 930 OFFICES WORLDWIDE
69 COUNTRIES AND TERRITORIES GLOBALLY | OVER 40 PREMIER SOTHEBY'S INTERNATIONAL REALTY LOCATIONS

SANIBEL | 239.472.2735

CAPTIVA | 239.395.5847

Sotheby's International Realty® and the Sotheby's International Realty logo are registered service marks used with permission. Each office is independently owned and operated. Equal Housing Opportunity. Property information herein is derived from various sources including, but not limited to, county records and multiple listing services, and may include approximations. All information is deemed accurate and neither suggests nor infers that Premier Sotheby's International Realty participated as either the listing or cooperating agent or broker in the sale or purchase of the properties depicted. *Countryside by Josephine Trotter used with permission.

Premier | Sotheby's
INTERNATIONAL REALTY

PremierSothebysRealty.com



Countryside
Josephine Trotter

BURNS *family* TEAM

SANIBEL AND CAPTIVA

YOUR **LOCAL** EXPERTS
WITH A **GLOBAL** REACH.



1. Captiva - "Villa Elena"

- 4 BR/3 BA 4 BR / 3 BA, Furnished Incl. Street Legal Golf Cart
- Updated, swimming pool, beach & dock access
- **\$1,595,000** EUR €1,355,773

2. Golf Course and Lake Views in the Dunes – Sanibel

- 3 BR/2 BA updated pool home in near beach community
- Open kitchen, new cabinets, SS appliances, granite countertops
- **\$850,000** EUR €764,163

3. Sundial West Gulf View Unit

- 2 BR/2 BA remodeled condo
- Gulf views, excellent rental
- **\$465,000** EUR €390,818

4. Stunning Gulf Front Home - Captiva

- 4 BR/3.5 BA with expansive Gulf views
- Featuring 157 ft of beach frontage AND a boat dock on Roosevelt Channel
- **\$3,999,000** EUR €3,399,209

5. Colony Beach Estates

- 4 BR/4 BA Gulf Front Home
- Private pool & spa in gated East end community
- **\$2,150,000** EUR €2,120,787

6. Cottage Colony West – Sanibel

- 1 BR/1 BA direct Gulf front remodeled unit
- Community tennis, swimming pool
- **\$659,000** EUR €560,159



7. Old Florida style home in the Dunes

- 3BR/2BA in the Dunes,
- Screened in lanai overlooking your private pool
- **\$799,000** EUR €671,535

8. Bay Front Georgian Home – Sanibel

- 3BR/4BA direct Gulf access canal with dock and lift
- Elevator, fireplace, multiple lanais with 360 degree water views
- **\$2,750,000** EUR €2,356,711

9. Ventura Captiva

- 3 BR/3 BA townhome style condo with Bay views
- Conveniently located in Captiva Village
- **\$975,000** EUR €828,764

10. Pointe Santo Gulf Front Unit - Sanibel

- 2 BR/2 BA Direct Gulf Front Condo
- Community pool, tennis, excellent rentals
- **\$1,250,000** EUR €1,062,518

11. 3 BR/3.5 BA on West Gulf Drive - Sanibel

- Steps to the Gulf, swimming pool, beach access
- Newer construction, large open kitchen
- **\$1,297,700** EUR €1,103,064

12. South Seas Beach Home – Captiva

- 4BR/ 3BA perfect for daily sunsets
- Fully upgraded, private deck, steps from the Gulf
- **\$3,445,000** EUR €2,928,301



Tiffany, Jeff, Joan & Joe Burns

Premier | Sotheby's
INTERNATIONAL REALTY

Cell: 239.851.2696 • Cell: 239.464.2984

Sotheby's International Realty® and the Sotheby's International Realty logo are registered service marks used with permission. Each office is independently owned and operated. Equal Housing Opportunity. Property information herein is derived from various sources including, but not limited to, county records and multiple listing services, and may include approximations. All information is deemed accurate.



Kathy Haungs, Denice & John Beggs

Island Seniors At Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

Center 4 Life will be closed Monday, January 15 in observance of Martin Luther King Day. Normal operating hours will resume Tuesday, January 16.

Page Turners with Louise Fitzgerald and Ann Hartman – If you are not on the Page Turners list and wish to be, email oceannc@comcast.net or contact the center. The next book discussion will be held on Wednesday, February 14 at 2:30 p.m. The featured book is *The Second Mrs. Hockaday* by Susan Rivers.

Love Your Heart Presentation with Health Professional and Survivor Carole Fallon – Friday, January 12 at 1:30 p.m. Carole Fallon will hold an informational discussion on Tips to Keeping a Healthy Heart. There is no fee to attend, but you must register in advance to reserve your seat. Call 472-5743.

The Sanibel Historical Museum and Village – Friday, January 19. Cost is \$10 for members and \$15 for non-members.

Take a guided tour back in time through old Sanibel. The Sanibel Historical Museum and Village was founded in 1984 with a mission to preserve and share Sanibel history. The

story of Sanibel is told from the Calusa and Spanish eras to the early pioneer families who settled on the island in the 1800s. It tells of warriors, adventures, fishermen, farmers and proprietors. Lunch will be on your own at Sanibel Deli and Coffee Factory. Advance registration is required. First come, first served. Sign up deadline is January 17.

Museum of Fine Arts and Walking Mural Tour, Central Arts District of St. Petersburg – January 23. Cost is \$80 for members and \$95 for non-members.

The day begins with audio guided tours of the visiting exhibit, Rebel, Jedi, Princess, Queen: Star Wars and the Power of Costume, the only Florida venue of the nationally traveling show. Sixty-one handcrafted costumes and concept drawings by top professionals in the film industry are included in the show. They have been culled from the archives of the Lucas Museum of Narrative Art, founded by filmmaker George Lucas, who created and directed the first *Star Wars* film in 1977 and developed it into a mega-franchise. Many of the characters in the saga have become iconic, closely identified with their attire (visit www.mfastpete.org).

Lunch is on your own in the MFA Café, with indoor and outdoor dining overlooking the waterfront. The walking tour is an hour and a half and covers a four-block area with over 30 murals painted on the outside of various buildings. Hear the inside stories about the murals that were commissioned to benefit the local St. Pete community.

Advance registration is required. Limited to 30 participants, first come, first served.

Seminole Ah-Tah-Thi-Ki Museum and Billie Swamp Safari – Wednesday, January 31. Cost is \$65 for members and \$75 for non-members.

Nestled in the heart of the Everglades on the Big Cypress Seminole Indian Reservation, the Ah-Tah-Thi-Ki Museum is home to more than 180,000 unique artifacts, archival items and experiences. Take a docent-led tour through both the museum gallery and out onto the mile-long boardwalk through the Everglades. Then it's off to Swamp Water Café for lunch on your own at Billie Swamp Safari. After lunch, there will be an air boat ride. Advanced registration is required. Registration deadline is Friday, January 19.

Arts & Crafts Fair – Saturday, February 3, 9 a.m. to 2 p.m.

More than 30 local vendors will be selling their creative designs. There will be pottery, baskets, paintings, fabric art, jewelry, glass work, books, tropical plants, photography, woodwork and more. This is a popular community event sponsored by the Center 4 Life and Island Seniors, Inc. There will be a bargain priced hot dog lunch for hungry guests.

Games

Cost for all games is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

Bridge – Monday and Wednesday. Registration begins at noon; the game

begins at 12:30 p.m.

Mahjongg – Monday and Thursday at 12:30 p.m.

New: Rummikub – Tuesday at 1 p.m.

Hand & Foot – Thursday at 12:00 p.m.

New: Canasta – Thursday at 12:30 p.m.

Hearts – Friday at 12:30 p.m.

Kayaking on Tuesdays and Select Thursdays – January 16, 23 and 25 at 8:30 a.m. (weather permitting) There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Sign-up is available for experienced kayakers two weeks prior to each launch date. Island Seniors, Inc. will provide kayaks, paddles and life jackets (which must be worn at all times). Bring water, a small snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing (your shoes and clothing may get wet). Cost is \$5 for members and \$20 for non-members. Advance registration is required.

Fitness Classes – Island Seniors, Inc. members pay \$4 per class, visitors pay \$7 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend. Fitness class schedule is as follows:

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs and muscles strong. Hand weights, stretch cords and your body weight will be

continued on page 20B

Effortless Hurricane Protection for Your Home

Take Advantage of the Benefits of Aluminum & Vinyl
Impact Windows and Doors

- 99.9% UV Protection
- Noise Reduction
- 24/7 Security
- Energy Efficient

PCT WinGuard®

CALL US
TODAY!

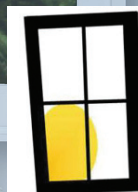
Impact Windows

3'x3' Single Hung

Starting at **\$285**

* does not include installation

We Meet or Beat All Competitor's Written Estimates



**Windows
Plus**

"SWFL Window and Door Specialist"

239.267.5858

www.WindowsPlusLLC.com

Office@WindowsPlusLLC.com

SCC131151273

Visit Our Showroom at 10831 Sunset Plaza Circle #107 Fort Myers FL 33908

**CALL TODAY
FOR A FREE
ESTIMATE**

Resort Group Supports CHR



From left, Doug Babcock, Sanibel Captiva Beach Resorts chief operating officer; Melissa Rice, CHR executive director; Brett Gooch, Tween Waters Inn and West Wind Inn general manager; Jackie Royka, Sanibel Captiva Beach Resorts events and sales manager; and Rachel Walsh, Tween Waters Island Vacation Rentals sales associate. photo provided

Sanibel Captiva Beach Resorts announced its support of Community Housing and Resources (CHR) with a \$5,000 Fat Tuesday sponsorship of the 2018 Mardi Gras Fundraiser.

The Mardi Gras Fundraiser, which will be held on Saturday, February 10, is the sole annual fundraising effort for the important work that CHR provides. The nonprofit organization is dedicated to providing affordable housing to families and individuals who work on and/or serve the community of Sanibel. CHR assists these and other persons by overseeing 74 rental units in 11 complexes, as well as 14 limited equity ownership homes throughout Sanibel.

Sanibel Captiva Beach Resorts has also offered to host the CHR Sponsorship Party at Tween Waters Inn Island Resort on Captiva. Scheduled for Wednesday, January 24, the party will

include a variety of fun-filled activities, including a swim relay race – which the Sanibel Captiva Beach Resorts team won in 2017 – to be staged at the resort's all-new Serenity Pool.

"Sanibel Captiva Beach Resorts is proud to once again be a major sponsor of CHR's Mardi Gras," said Doug Babcock, chief operating officer. "We are committed to many local and regional nonprofit organizations that improve the quality of life, both here on the islands as well as throughout Southwest Florida. We encourage others to join as CHR sponsors and, as swim relay race winners last year, we look forward in a lighthearted way to taking on any challengers to our awesome group of swimmers."

For more information about sponsorship or tickets, contact Melissa Rice at 472-1189 or visit www.sanibelchr.org.

From page 15B

Flu Cases

precautions in some pediatric ICU and oncology areas.

Lee Health also asks community members to:

Get the flu vaccine, as well as the pneumococcal vaccine (a secondary illness);

Practice good hand hygiene – wash hands often;

Stay home when you are ill;

Cover your cough and, if you

use a tissue, dispose of it in a waste receptacle.

If you experience signs and symptoms of flu, visit a Lee Health Convenient Care, walk-in or urgent care center. The signs and symptoms of flu include fever or feeling feverish/chills, cough, sore throat, runny or stuffy nose, muscle or body aches, headache and fatigue. Some may experience vomiting and diarrhea, though that is more common in children. It is important to note that not everyone with flu will have a fever.✱

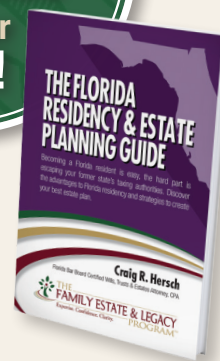
FREE ESTATE PLANNING WORKSHOP

ATTENTION Florida residents or those considering Florida RESIDENCY!

Attendees Receive this Recently Published Book for FREE!

You will learn:

- If your will and trust from up north remain valid
- What you need to know about Florida estate and homestead laws
- Why you should update your legal documents
- If you can save taxes by declaring Florida residency
- Why your Durable Power of Attorney needs updating
- How to keep your legal documents up-to-date
- How your revocable trust may not avoid probate



Thursday, February 1

2:00 p.m. – 4:00 p.m.
Faith United Methodist Church
15690 McGregor Blvd
Fort Myers, FL 33908

Friday, February 2

2:00 p.m. – 4:00 p.m.
Sanibel Community House
2173 Periwinkle Way
Sanibel, FL 33957

Monday, February 5

2:00 p.m. – 4:00 p.m.
Naples Daily News
Community Meeting Room
1100 Immokalee Road
Naples, FL 34110

Presented by:

Craig R. Hersch | Michael B. Hill

Florida Bar Board Certified
Wills, Trusts & Estates Attorneys

Complimentary Written Trust Analysis:
Bring your current documents to the workshop!



SHEPPARD, BRETT, STEWART,
HERSCH, KINSEY & HILL P.A.
Attorneys at Law

Reserve Your Seat Today! 239.322.3831

Main/Mailing Office: 9100 College Pointe Court, Fort Myers
Appointments: 999 Vanderbilt Beach Road, Suite 200, Naples
www.sbslaw.com

Local Spring Training Teams Still Seeking Help In Free Agency Market



by Ed Frank

While the brutal winter temperatures and winds engulf Boston and Minneapolis, those cities' Red Sox and Twins are expect to open Spring Training here exactly one month from this Sunday when pitchers and catchers report for duty.

It's been a relatively quiet off-season for both teams, although don't be surprised if some free-agency signings and trades are made in these final weeks leading up to Spring Training.

Let's take a look at the present makeup of both teams four weeks before the start of Spring Training:

Boston Red Sox:

The defending American League Eastern Division Champions will open Spring Training at JetBlue Park with all nine members of the team's 2017 starting lineup signed. However, they will have a new manager, Alex Cora, who replaces John Farrell, let go after the team failed to advance in post-season play two years in row.

Despite the return of this veteran lineup, it's no secret that Dave Dombrowski, president of baseball operations, is after free-agent slugger J. D Martinez in order to strengthen his team's offense.

Although Boston repeated as division champion last season, it was obvious they lacked the prestigious power that was lost when David Ortiz retired after the 2016 season.

Martinez, 45 homers last season with the Arizona Diamondbacks, would bring greater production to the Red Sox than any other free agent on the market. Reportedly, Dombrowski has offered the slugger a hefty five-year deal, but bargaining with his agent, Scott Boras, is never easy.

Should the Red Sox be successful in landing Martinez, the question remains where would the outfielder play with the team's present solid outfield of Andrew Benintendi, Jackie Bradley, Jr., and Mookie Betts?

Most likely he would start as the designated hitter.

Stay tuned to learn whether the crafty Dombrowski lands the slugger.

Minnesota Twins:

The Twins were one of baseball's biggest surprises last season when they reversed course from their disastrous 2016 season when they lost more than 100 games to earn a postseason playoff berth in 2017.

And it earned Manager Paul Molitor the American League Manager of the Year Award.

Like the Red Sox, the Twins return most of their starting lineup when they report to the CenturyLink Sports Complex next month.

Minnesota has signed ageless Fernando Rodney and lefty Zach Duke to one-year deals to significantly improve their bullpen.

The top priority, however, is to sign a top-of-the-line starting pitcher. They have made no secret of their desire to sign veteran free-agent Yu Darvish, who pitched for the Los Angeles Dodgers last season.

But the Chicago Cubs, the Houston Astros and the Texas Rangers also are in pursuit of the talented Japanese pitcher.

Other top starters such as Jake Arrieta, Lance Lynn and Alex Cobb remain unsigned at the time of this writing. But Darvish is clearly the Twins first choice.✧

Free Admission To First Responders

Florida SouthWestern State College will pay tribute to local first responders on Saturday, January 13 during the FSW men's basketball game. All first responders and their immediate families will get a free ticket to the game (up to four tickets per family). Game time is 4 p.m. at FSW's Suncoast Credit Union Arena. The nationally-ranked FSW men's team will take on cross-state rival St. Petersburg College.

"We all know the sacrifices that our police, fire and EMT professionals made during Irma that kept us all safe, but they put their lives on the line day in and day out," said Joe Turner, director of institutional promotions and development. "This will give them a chance to unwind with their family and enjoy a basketball game. It's our way of saying thank you for what they do for our community."

First responders will need to show

proper identification at the box office to obtain their tickets. For more information, call 489-9432. For more information about FSW Athletics, visit FSWBUCS.com.✧

Round Robin Tennis Begins

Round robin tennis is back at the Sanibel Recreation Center on Tuesdays and Thursdays from 10 a.m. to noon. Participants can take part in tournament-style play and meet fellow tennis players in the process. Sanibel Recreation Center tennis pro Joe McEntyre organizes all matches.

Registration includes a demonstration of doubles tactics and doubles play. Cost to play is \$13 per member and \$17 per non-member. Register in advance at the Sanibel Recreation Center, located at 3880 Sanibel-Captiva Road, as space is limited.

For more information, call 472-0345 or visit www.mysanibel.com.✧

SPORTS QUIZ

1. Who was the last Boston Red Sox pitcher before Rick Porcello (22 wins) in 2016 to win 20 or more games in a season?
2. Name the last player before Houston's Jose Altuve (2014-17) to have at least four consecutive 200-hit seasons.
3. Indianapolis' Adam Vinatieri set an NFL record in 2016 for most consecutive made field goals (44). Who had held the mark?
4. Who was the first U.S. male player to win two Olympic basketball gold medals?
5. Since the NHL adopted its current playoff format in 1994, how many times has a No. 1 seed been swept in the first round?
6. When was the last World Cup before 2018 for which both the Italian and the U.S. men's soccer teams failed to qualify?
7. Who was the last French cyclist to win the Tour de France?

ANSWERS

1. Josh Beckett won 20 games in 2007. 2. Seattle's Ichiro Suzuki, 2001-10. 3. Mike Vanderjagt, with 42 in a row (2002-04). 4. Bob Kurland, in 1948 and 1952. 5. Once the Chicago Blackhawks, in 2017. 6. It was in 1958. 7. Bernard Hinault, in 1985.

From page 18B

Center 4 Life

used. The format is 40 minutes of cardio, 20 minutes of balance exercises, core strength, flexibility exercises and mat work. Athletic footwear is required. Connie DeCicco is the instructor

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 and 11 a.m.

Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor.

Power Hour Fitness – Tuesday

and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.✧



SunnySanibel.com

Pfeifer Realty Group Is Your Home Team!

Community, Service, Leadership, Expertise, Integrity, Results

239.472.0004

Eric Pfeifer
Broker, Owner





Doc Ford's Rum Bar & Grille is again title sponsor for the 2018 tournament photo provided

Sponsors Gear Up For Tarpon Tournament

A fat purse and the new allure of winning a coveted tarpon jacket promise to make the 7th annual “Ding” Darling & Doc Ford’s Tarpon Tournament on Friday, May 11 the hottest competition on the water.

Doc Ford’s – with locations on Sanibel Island, Captiva Island and Fort Myers Beach – has again committed to being the title sponsor for the 2018

tournament, along with the “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS). Proceeds will benefit wildlife and conservation education at JN “Ding” Darling National Wildlife Refuge on Sanibel Island.

The tournament pays out 100 percent of the entry fees, which could amount to \$25,000 or more, as tournament awards to the top five teams. This year, 55 spots in the tournament were filled within two hours of opening registration online late last year. Interested parties can contact DDWS Executive Director Birgie Miller at 472-1100 ext. 4 or director@dingdarlingsociety.org to add their



From left, DDWS Executive Director Birgie Miller, Supervisory Refuge Ranger Toni Westland and Marty Harrity, wearing the tarpon jacket photo provided

names to a waiting list. Last year, Marty Harrity, co-owner of Doc Ford’s, added a new incentive for taking first place in the tournament. He introduced the exclusive “tarpon jacket,” a pink sports jacket swimming with tarpon. Mike Billheimer, one of the tournament’s anglers and a fellow island restaurateur, found it for him.

“It’s kind of like the green Masters tournament jacket in golf,” said Harrity. “The winning captain gets the honor of wearing the pink tarpon jacket.”

“Doc Ford’s has been a faithful supporter of our efforts at ‘Ding’ Darling, helping greatly to bolster refuge

programs and research to balance federal budget shortfalls,” said Miller. “Last year we raised \$80,000 for the refuge as a result of sponsorships, donations and auction proceeds. In its six years of existence, the tourney has raised \$330,000. We’re so grateful to Doc Ford’s for this huge effort in our behalf.”

For more information on the tournament, visit www.dingdarlingtarpontourney.org. Anyone interested in becoming a tournament sponsor should contact Miller at 472-1100 ext. 4 or director@dingdarlingsociety.org.*



Expect the Extraordinary

For Membership Offerings

Contact Sheryl Tatum
Director of Membership & Marketing
statum@sanctuarygc.net
239.322.5182 | www.sanctuarygc.net

Doctor and Dietician

Inflammation



by Ross Hauser, MD
and Marion Hauser, MS, RD

The body depends on inflammation to heal itself. Inflammatory cells arrive via blood after sustaining an injury to repair the damaged area. When blood supply is poor, healing is poor, since the immune cells cannot reach the injury. Unfortunately, a lot of soft tissue has a poor blood supply, such as the injured ligaments of a sprained ankle. Muscles are beefy and red; but the tendons and ligaments are white tissue with poor blood supply. If we sprain ligaments or tear tendons, these structures begin to atrophy due to inadequate repair post-injury. Blood transports the oxygen and nutrients required for healing, and as blood decreases in the soft tissue, so does the ability to heal. As we age, injuries become increasingly difficult to heal and soft tissue becomes chronically weak.

The inflammatory stage is characterized by an increase in blood flow, often resulting in painful swelling. Swelling tells the body, especially the brain, that an area of the body has been injured. The immune system sends immune cells to the injured area to clean up and remove the debris. Sadly, nonsteroidal anti-inflammatory drugs (NSAIDs) and corticosteroid injections, some of the most common treatments used for soft tissue injuries, actually halt the inflammatory process. They decrease the blood flow, and hamper the body's ability to heal the injured tissue. Although these treatments may relieve pain short-term, by stopping the inflammatory process, they do so at the cost of creating long-term pain by making the areas more prone to worse tears and accelerate tissue degeneration.

When conservative options fail after injuries like ligament sprains or tendon tears, prolotherapy injections, including platelet rich plasma, can be helpful. These regenerative treatments stimulate the body's normal healing stages and promotes ligament and tendon repair, which only occurs through the process of inflammation.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@carimgmedical.com.**

Beautifulife:

Rest And Recover



by Kay Casperson

Wow, what an amazing whirlwind the holidays and end of year can be! So much to do, so many people to see and not very much time for ourselves, which means many of us forget the very

important person that needs attention... you. Some of you are laughing right now and saying, yes, I do need attention and personal time but how in the world can I find the time to focus on me? Well, let's start by sending the kids back to school, the visitors home, the spouse off to work or play and make a very focused effort on taking some time to rest and recover from all the craziness of the past month or so.

You may have been one of the lucky ones to escape the colds and flu that have been circulating around but, if not, there is an even bigger reason for you to take some time to get yourself back to feeling 100 percent again and ready to take on the world. Not only do you need to rest from just crossing the finish line into the New Year, but you also need to recover from putting out all of your energy into making the last few months the best months ever for yourself and everyone else. Most everyone reading this knows what I mean.

Here are a few suggestions that I have for you to implement some rest and recovery into the various areas of your life.

Emotional – Are you giving yourself a good pat on the back for being the best you can be during a very stressful and busy time? Are you telling yourself how awesome and wonderful you are and that it is OK to say no and to take a break?

Physical – How are you feeling? Do

you need more sleep? Are you getting your vitamins and nutrients from your foods or should you be supplementing more? I know that I do not live without my vitamins B12, C and D3 now or anytime of the year to help with my energy, immunity and protection.

Spiritual – How and when are you giving yourself time to pray and to meditate on all of the beautiful things that have happened this past year and all that is yet to come? Now is the time to pray for yourself and for others, and to believe that all is well and blessings abound.

Environmental – Stop cleaning out all of those cabinets for just a second and stop organizing all of those files and shelves from the junk that piled up over the last year, and just put it all behind a closed door until you have stored up the energy to get back to it. Sometimes, you just need to say, "I will get to it later."

Social – Take a break from parties, social engagements, get togethers or anything that requires you to be on top of your game since this is your time to fill yourself up with rest, rejuvenation and inspiration in order to be the fun, entertaining person you so often are.

Once you have taken the much needed time to rest and recover in the various areas of your life, you will be able to go full force back into realizing your dreams and goals and experiencing your most balanced and beautiful life.

My affirmation for you this week is:

"I will take the time needed to rest and recover from all that I have put forth these past weeks in order to give all that I have and to be the best that I can be."

*Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva Islands and in Disney. Casperson has lived on Sanibel and Captiva Islands for many years with her husband and two daughters and enjoys her beautifulife everyday. For more information, visit www.kaycasperson.com or follow her on social media @kaycasperson.**

New convenient location serving Sanibel, Captiva, Iona, Kelly Greens, Lexington and Fort Myers Beach


Haiken Dermatology
Skin Cancer Detection, Treatment and Prevention.

— *Call today for an appointment* —
(239) 768-1400

**20171 Summerlin Road (Publix)
Fort Myers, Florida 33908**

Michael Haiken, MD

American Board of Dermatology

American College of Mohs Surgery

Shannen Vixler, ARNP

Allison Tubbs, ARNP

HaikenDermatology.com



**Island Medical
Clinic**

Walk-Ins & Appointments Available

Monday - Friday 8:00 am - 4:30 pm • Lunch 12-1 pm

BOARD CERTIFIED PHYSICIAN

Dr. Richard Wilson
D.O., FACOFP

1648 Periwinkle Way, Suite C2, Sanibel, FL 33957
Telephone (239) 472-3131 Fax (239) 472-3130
IslandMedicalClinic123@gmail.com



dearPharmacist

Dissecting Weird And Possibly True Headlines Of 2017



by Suzy Cohen, RPh

Dear Readers: The following are headlines from the past year.

World Health Organization (WHO) to Officially Recognize Video Gaming Disorder

as a Mental Health Problem:

Gaming is an official disease and is classified as a mental health disorder. The symptoms include anxiety, withdrawal symptoms and anti-social behavior as well as the obvious, becoming non-productive. This disorder will surely generate a lot of money for companies who can "treat" the condition that, by the way, impacts the same parts of your brain as alcohol, porn, gambling and shopping.

Eating Cheese Every Day May Protect Your Heart: I'm not sure why, but this headline cracked me up. If there's a cheese gene, I have it because I love cheese. If you're a cheese lover, this will give you a new excuse to make Baked Brie with Blackberry Compote. Mmm!

Researchers suggest that eating about an ounce and a half of cheese every day could help to reduce your risk of heart disease and stroke. It isn't going to "protect your heart" in my opinion, it's loaded with casein and saturated fats, but I'll still mentally award an A plus to the researchers for making me drool. FYI, if you have MAO genetic SNPs (or take MAO inhibitor drugs), avoid cheese due to the tyramine content, it can provoke a headache or worse.

Do Hair Dyes Increase the Risk of Prostate Cancer?: In the study I read, the answer isn't a clear yes or

no regarding prostate cancer. This type of headline is not a new one. Researchers have been trying to clearly define the risks of certain chemicals in hair dye, and find out which colors are most toxic. Certain compounds called "aromatic amines" are found in high concentrations in hair dyes, and we know they do trigger cancer growth in lab animals, however, it's not as clear with humans. Though several population-based studies do suggest higher rates of leukemia, non-Hodgkins lymphoma or multiple myeloma in women who use hair dyes, the highest risk is actually seen in hairdressers who experience more bladder and blood-related cancers (like those listed above). But remember, they work with these chemicals all day long so exposure is high.

Low Thyroid Levels Affect A Woman's Fertility: Agreed, this very topic was covered in one of my books in 2010, seven years ago. It just made headlines in 2017. Low thyroid can definitely contribute to infertility, miscarriage and premature births. It's easy to test for and repair.

Weird Health Benefits of Stress: It's true that a little stress can temporarily improve your mental sharpness, but chronic stress can deplete your adrenals, so I'd say it's best to minimize your stress levels as much as you can. Stressful situations increase bonding with friends, relatives and your spouse. That's why if you're stuck in an airport overnight, you might make new friends after sharing the experience. The reason is short-term stress boosts oxytocin, a bonding hormone. Further, people are forced to rescue you, if not physically then emotionally. The trouble with this is some people thrive on stress in their life because it victimizes them, provoking others to give them attention and affection. It can even become the glue in an otherwise bad marriage.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✪✪

Got A Problem? Dr. Connie Is In



by Constance Clancy-Fisher

Q: What are some ways I can boost my serotonin without taking an anti-depressant medication?

A: Some ways to naturally boost your serotonin levels include:

1. Get plenty of sunlight. Often people who live in cold dismal climates suffer from Seasonal Affective Disorder (SAD), especially with the darkness settling in much earlier than in the summer months.

Exposure to sunlight does increase serotonin levels. Try and be outside often in the sunlight to obtain a good daily dose and see if that doesn't help.

2. Since we know that low levels of serotonin can cause depression, it's helpful

to take doses of B6 and B12 vitamins as these B vitamins are known to lower the risk of depression.

B vitamins are also known to be essential for increased dopamine and serotonin.

3. Research also shows that massage therapy is a great antidote for lowering cortisol levels while boosting serotonin and dopamine levels as well. Massage is known to get to the grief places and, with trauma or disturbances, comes grief.

4. Reflecting on positive and happy memories. Reflecting on these happy memories does boost serotonin production in the anterior cingulate cortex, a part of the brain that controls attention. It can be good to watch an old movie that brings up happy memories. Perhaps looking at old photos of good times, past journaling and simply remember happy memories. This method helps with not only increasing serotonin, it also helps not to rehash old unhappy memories.

Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at constanceclancyfisher@gmail.com.✪✪

New Moon Meditation Class

A New Moon Meditation class will be held on Tuesday, January 16 beginning at 5:15 p.m. at Alison Hagerup Beach Park on Captiva.

Participants can take part in a guided meditation on the beach as the sun sets and the moon rises.

Meet at Alison Hagerup Beach Park, located at 14790 Captiva Drive. This beach is labeled "South Beach" or Location #30 on South Seas Island Resort maps. The suggested donation is \$10 to \$15, with all proceeds to benefit the Sanibel-Captiva Conservation Foundation's sea turtle research program. Bring a towel or blanket to sit on.

For more information, visit www.ambuyoga.com or call 314-9642.✪✪

Read us online at IslandSunNews.com

Helping Build A Bridge To Financial Freedom

Zurbriggen Financial

Investment Management • Asset Protection
Wealth Transfer • Perpetual Income Strategies

Wouldn't it be more convenient to have a local financial advisor? Call us to arrange a 2nd opinion on your current plan.

www.zurbriggenfinancial.net



RICK ZURBRIGGEN
Private Wealth Manager



Securities offered through Securities America, Inc., Member FINRA/SIPC. Rick Zurbriggen, Registered Representative. Advisory services offered through Securities America Advisors, Inc., Rick Zurbriggen, Investment Advisor Representative. Zurbriggen Financial and the Securities America companies are not affiliated.

695 Tarpon Bay Rd., Suite 4 • Sanibel, FL • 239-395-3520

**OH NO!
NOT JOINT
REPLACEMENT
SURGERY!**

IT'S TIME TO SEE A PROLOTHERAPIST.

STEM CELL THERAPY

PROLOTHERAPY

PLATELET RICH PLASMA

239.303.4069

CaringMedical.com

We are an out-of-network provider.

Caring Medical
Regenerative Medicine Clinics
9738 Commerce Center Ct.
Fort Myers, FL 33908





Emergency	911
Sanibel Police	472-3111
Lee County Sheriff's Office	477-1200
On Call Captiva Deputy	477-1000
Fire Department - Sanibel	472-5525
Fire Department - Captiva	472-9494
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
Chamber of Commerce	472-1080
City of Sanibel	472-4135
Administrative Office	472-3700
Building Department	472-4555
Planning Department	472-4136
Library - Sanibel	472-2483
Library - Captiva	239-533-4890
Post Office - Sanibel	472-1573
Post Office - Sanibel (toll free)	800-275-8777
Post Office - Captiva	472-1674
Sanibel Community Association	472-2155
Center 4 Life - Senior Center	472-5743
ARTS	
Arcade Theater	332-4488
Art League Of Fort Myers	275-3970
BIG ARTS - Barrier Island Group for the Arts	395-0900
Broadway Palm Dinner Theatre	278-4422
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	472-6197
Lee County Alliance for the Arts	939-2787
Naples Philharmonic	597-1111
The Herb Strauss Schoolhouse Theater	472-6862
Sanibel Music Festival	336-7999
Sanibel-Captiva Art League	sancapart.com
SW Florida Symphony	418-0996
Symphonic Chorale of SW Florida	560-5695
CLUBS & ORGANIZATIONS	
ABWA - American Business Women's Assoc . . .	http://abwasanibelcaptiva.org
American Legion Post 123	472-9979
Angel Flight SE	1-877-4AN-ANGEL
Audubon Society	472-3744
CHR Community Housing & Resources	472-1189
Community Foundation of Sanibel-Captiva	274-5900
COTI Committee of the Islands	coti@coti.org
CROW - Clinic For The Rehabilitation of Wildlife	472-3644
Democratic Club of the Islands	Demclubislands@gmail.com
FISH OF SANCAP Neighbors Helping Neighbors	472-4775
FISH. OF SANCAP 24-hr service	472-0404
Sanibel Island Fishing Club	472-8994
Horticultural Society of the Islands	472-6940
Horticulture and Tea Society of Sanibel and Captiva	472-8334
Kiwanis Club	677-7299
League of Women Voters	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald	302-521-1158
Master Gardeners of the Islands	472-6940
MOAA - Military Officers Assc. of America, Alex MacKenzie . . .	395-9232
Newcomers	472-9332
Notre Dame Club of Southwest Florida	768-0417
Optimist Club	472-0836
PAWS	472-4823
Rotary Club	472-7257 or 472-0141
Sanibel Bike Club	sanibelbicycleclub.org
Sanibel Beautification Inc.	470-2866
Sanibel-Captiva Orchid Society	472-6940
Sanibel-Captiva Power Squadron	www.usps.org/localusps/sancap
Sanibel-Captiva Republican Caucus	395-1202
Sanibel-Captiva Shell Club . . .	facebook.com/sancapshellclub
Sanibel Youth Soccer	www.sanibelsoccer.org
United Way of Lee County	433-2000
United Way 211 Helpline 24 hour	211 or 433-3900
Zonta Club	728-1971
ISLAND ATTRACTIONS	
Bailey-Matthews National Shell Museum	395-2233
JN "Ding" Darling National Wildlife Refuge	472-1100
Sanibel Historical Museum & Village	472-4648
SCCF Sanibel-Captiva Conservation Foundation	472-2329

To be listed in calling card email your information to:
press@islandsunnews.com

PETS OF THE WEEK



Kenny ID# 459978 photos provided
Lee County Domestic Animal Services

Kenny And Shadow

Hello, my name is Kenny... or 'Kenny G' as the staff has nicknamed me. I am a 9 year old male Boston terrier/chihuahua mix who is a loveable senior. Just don't tell me I'm old, because I do not seem to know it. While I have the manners and knowledge of a dog my age, my spirit is still that of a pup. I am the perfect combination of playful and cuddly.

My adoption fee is \$25.
Hi, I'm Shadow. I am a one-year-old female domestic shorthair who is the resident black beauty. I am fine with other cats as long as they respect my personal space. I love to play and am quite agile so my perfect home should have a nice cat tower for me to explore.

My adoption fee is \$50. Plus, there is an adopt-one-get-one free promotion.
People make millions of New Year's resolutions each January. Lee County Domestic Animal Services invites you to "Skip the Jog and Walk a Dog" as part of yours. Make pets a part of your



Shadow ID# 722331

New Year's plan and consider that a new pet can help you achieve many of the most popular goals set each year. The adoption fee for dogs over 30 pounds will be just \$25 through January 30 to assist potential pet owners in finding a new exercise partner and best friend. For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.✪



Daisy Rey photos provided
Haven on Earth Animal League

Daisy Rey And Precious

Hello there. My name is Daisy Rey. I'm only 4 months old and a very sweet little tabby girl. I'm just waiting for someone to take me home and love me forever. I'm currently staying at Petco at Gulf Coast Town Center. I am spayed and up to date on vaccinations. My adoption fee is



Precious \$125.
Hi, I'm Precious. I am a beautiful 1 year old female tabby with the sweetest face you've ever seen. I was rescued from a motel with my babies, and now I'm just waiting for someone to give me a forever home. I'm currently staying at Petco at Gulf Coast Town Center. I'm spayed and up to date on vaccines. My adoption fee is \$100.
We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email havenonearthanimalleague@yahoo.com.✪

PUZZLES

Answers on page 29B

Super Crossword

SUMMING UP THE NEW YEAR

- ACROSS
- 1 — law
- (computer industry rule)
- 7 WWII prez
- 10 Argus-eyed
- 15 Turn sharply
- 19 Haul in
- 20 Mendacity
- 21 Nerve
- 22 Caucus state
- 23 Luau libation
- 24 Hearth waste
- 25 Slight residue
- 26 Again
- 27 *Ad Council bloodhound
- 31 Et — (plus more)
- 32 Roly-poly
- 33 "I knew it!"
- 34 Good tidbit
- 38 Colleague of Trotsky
- 40 *They don't have qwerty layouts
- 46 Pen's tip
- 48 String after Q
- 49 Have — of hope
- 50 Gp. for fillers and drillers
- 51 *At a short distance
- 56 *Metro section manager
- 59 Deadeye's skill
- 60 TCBY treats holder
- 61 Bloom
- 62 PC pictures
- 63 Fetus feeder
- 65 Kotter of TV
- 66 Juan's "this"
- 68 Henry VIII's third Catherine
- 69 *Tool whose teeth rotate
- 72 Costello and Holtz
- 76 Baseballer Slaughter
- 78 Brogan part
- 79 Sloping
- 81 Bacon piece
- 84 Gone
- 85 Antsy feeling
- 86 Color tone
- 87 *It may show acidity
- 90 *Divorcée in 1991 news
- 92 Min. segment
- 93 Segment
- 94 Suffix with 114-Down
- 95 Chargers linebacker Manti —
- 96 *Yale, e.g.
- 102 Tips, as a cap
- 106 Chilling
- 107 Golfer Trevino
- 108 Batter
- 110 Taxi readout
- 111 What the double-digit Roman numerals at the starts of the answers starred clues add up to
- 118 Mud in a cup
- 121 Haikus, e.g.
- 122 22nd letter
- 123 Goopy camp treats
- 124 All tied up
- 125 Shul scroll
- 126 Be off
- 127 Unseat
- 128 Like paraffin
- 129 Lacking pity
- 130 Negatives
- 131 First phases
- DOWN
- 1 Fox or ox
- 2 Prophet
- 3 Derivation
- 4 Teaches new skills
- 5 Biblical twin
- 6 Rigidly formal
- 7 Thin-screen boob tube
- 8 Plate
- 9 Practice
- 10 Giant in train travel
- 11 Petty of film
- 12 Quiz's kin
- 13 Paella base
- 14 Ticked (off)
- 15 Pfizer drug
- 16 Many eras
- 17 She bleats cold
- 18 Bitingly
- 28 In thing
- 29 Chin-wag
- 30 Native Nebraskan
- 35 Sister of Clio
- 36 Rider, e.g.
- 37 Old rulers
- 39 Jenna Bush, to Jeb
- 41 NBA and NRA, e.g.
- 42 Crusty roll
- 43 Big name in Art Deco
- 44 "We did it!"
- 45 "See you"
- 47 Wild horse
- 51 Cartoonist Al
- 52 Oscar winner Kedrova
- 53 Sharif of "Funny Girl"
- 54 No voters
- 55 On or about
- 56 Coup group
- 57 Morse "E"
- 58 "That's what — service!"
- 61 One paid to park cars
- 64 Sweet filling
- 65 Event invitee
- 66 Sup at home
- 67 Try to hit, as a fly
- 70 Snow-pure
- 71 Epic story
- 73 Aloha Stadium site
- 74 "One," on a U.S. coin
- 75 Process unit
- 77 Coll. in Lower Manhattan
- 80 Filled up
- 81 Cow of ads
- 82 Kitchen filter
- 83 Burlesque dancer Lili
- 84 Llama locale
- 85 2004 Chevy debut
- 88 Mudbath site
- 89 "It" game
- 90 Feeling bliss
- 91 Vane locales
- 94 Freezes
- 97 Church chant
- 98 "Ickyl"
- 99 Full of melting snow
- 100 Fiats
- 101 Spanish plural article
- 103 — Islands (Danish chain)
- 104 Least limited
- 105 Has a feeling
- 109 Botch
- 112 Goes (for)
- 113 Blow a horn
- 114 Saving sort
- 115 Arab nation
- 116 Drusilla divorced him
- 117 Marvel mutants
- 118 Shul-goer
- 119 Gardner of "The Bribe"
- 120 Nettle

1	2	3	4	5	6		7	8	9		10	11	12	13	14		15	16	17	18		
19							20				21						22					
23							24				25						26					
27							28				29						30					
31						32				33							34		35	36	37	
38					39		40		41				42	43	44	45						
				46		47		48				49						50				
51	52	53					54	55				56					57	58				
59					60						61						62					
63				64						65					66	67						
68						69			70					71				72	73	74	75	
				76	77				78					79			80					
81	82	83						84					85						86			
87							88	89					90					91				
92							93										95					
96				97	98						99				100	101		102		103	104	105
106										107					108		109		110			

King Crossword

- ACROSS
- 1 Winter woe
- 4 Movie frag- ment
- 8 Restaurant employee
- 12 Deteriorate
- 13 Stash
- 14 Head light?
- 15 Formed rust
- 17 Too
- 18 Felon's flight
- 19 Tasted
- 21 Miss Muffet's bugaboo
- 24 Prune
- 25 Candy in a dispenser
- 26 Deli buy
- 28 Rid of frost
- 32 Sandwich cookie
- 34 Yuletide quaff
- 36 Crucial time
- 37 Re ebb and flow
- 39 Existed
- 41 Individual
- 42 In medias —
- 44 Libra symbol
- 46 Sweet girl in an old song
- 50 Yale student
- 51 Poi base
- 52 Worried greatly
- 56 Ear-related
- 57 Links warning
- 58 Detergent brand
- 59 Timid
- 60 Applications
- 61 Rep. rival
- 9 Corridor
- 10 Differently
- 11 Comestibles
- 16 Father
- 20 Chic, in the '60s
- 21 Location
- 22 Actress Gilpin
- 23 Take off
- 27 Violinist's need
- 29 Put on a ped- estal
- 30 Chaplin prop
- 31 Spud's buds
- 33 U-shaped part of a row- boat
- 35 Petrol
- 38 Hawaiian souvenir
- 40 Parts of an act
- 43 Big glitch
- 45 — Baba
- 46 Teeny bit
- 47 Piece of info on an invita- tion
- 48 Great Lake
- 49 Ids' counter- parts
- 53 Raw rock
- 54 Before
- 55 Beavers' construct
- DOWN
- 1 To and —
- 2 Bagel topping
- 3 Worked with
- 4 Doorbells, often
- 5 Claiborne of fashion
- 6 Mid-month date
- 7 Accelerator, e.g.
- 8 In need of balm, maybe

MAGIC MAZE



NOT USED MUCH ANYMORE

N A X V S Q N K N A M K L A W

I K F D A E N I L D N A L X V

T Q S K O M K C E D E P A T J

H F N I O C A Y W N U S C R P

N L J I D O H F O D B Z P Y X

V R T R P Y B H Q O M K U A I

H M E F (T Y P E W R I T E R) M

D B L G X Y B P N Z Y W K T V

T R Q I A O N B O O L A A E R

K I H P F P F D O L H D W C C

A Z X W V U S R Q B F P V I O



"Does all this equal rights stuff mean I can't laugh at her anymore?"
answer on page 29

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Bash
MINGAL

Extra
PEARS

Meld
LEMING

Sniff
HEALIN

TODAY'S WORD

1	4			5		9	
2			6	3		5	
		3			1		2
	7			8		6	9
		8	5		9		7
9	6		1				2
	1	9		4			8
		2			7	9	5
7			9		6	3	

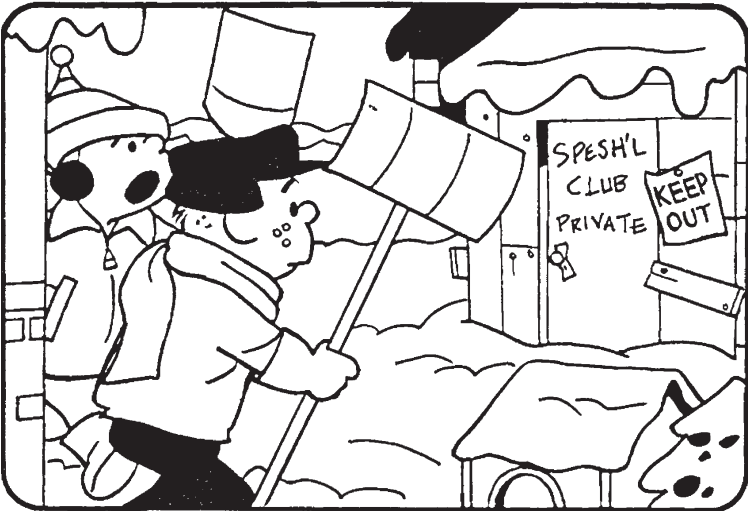
SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

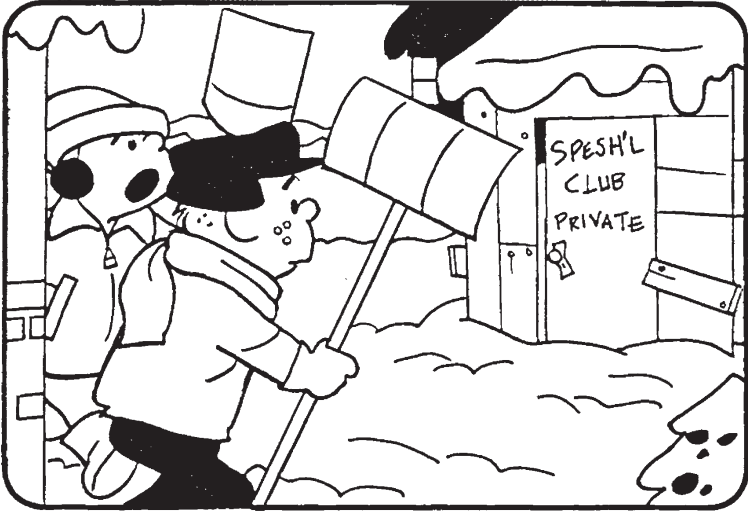
answer on page 29B

HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Cap is different. 2. Scarf is shorter. 3. Glove is smaller. 4. Shovel is turned. 5. Doghouse is missing. 6. Sign is missing.

PROFESSIONAL DIRECTORY

TREE & LAWN CARE

EnviroMow
239-896-6789

Complete Landscaping Services

- Weekly Lawn Service • Mulch & Sod Installation
- Property Clean up • Landscape Trimming & Pruning
- Tree Service and Pepper Clearing

Locally Family Owned & Operated
www.enviromow.net / enviromow@outlook.com
Licensed & Insured

10% OFF

Mulch Installation or Landscape Project

10% OFF

Tree Trimming Project

PAINTING

Residential & Commercial Painting

Barefoot Charley's

- Power Washing
- Wallpaper Hanging
- Faux Finishing
- Free Estimates
- Interior & Exterior
- Dependable
- Reliable
- Licensed & Insured

COLOR SCHEMES on request from Sanibel Home Furnishings

395-3928 Cell: 841-4302
barefootcharley@aol.com

With your contract a donation to your favorite charity will be made.

POOL SERVICE & REPAIR

Deep-End Pool Service

25 years experience
License # CPC1457386

239-699-6279

- Pool Heater Specialist
- Sales Service & Installation of All Brands
- FREE Estimates

24/7 emergency repair service.
Free estimates for weekly service and repairs!

PROFESSIONAL DIRECTORY

NEW HOMES, REMODELING & ADDITIONS

KIRCHNER CONTRACTING INC.

- New Homes
- Consulting
- Remodeling
- Contracting

MATT KIRCHNER
CG-C059097
Mobile: 239-410-6932

P.O. Box 143
Sanibel Island, FL

Phone: 239-472-2601
Fax: 239-472-6506

WINDOW CLEANING

ISLAND VIEW WINDOW CLEANING

10831 Sunset Plaza Cir #107
Fort Myers, FL 33908
service@islandviewclean.com

Office: 239-313-7930
Cell: 239-292-7033
Fax: 239-267-7855

CONSTRUCTION

MILLS BROTHERS BUILDING CONTRACTORS
QUALITY, RELIABILITY, SATISFACTION

- Custom Home Building | Remodels
- Design Service Available • Sanibel Owned & Operated

Office Phone & Fax: 239-472-6711
Joseph Mills Lic. #CBC058789
William Mills Lic. #CBC058788

ELECTRICAL

239.472.1841 Lic. #EC13006430

Sales • Service
Panel Changes
Ceiling Fans
Testing
Troubleshooting

Remodels
New Construction

2244 Periwinkle Way Suite 13
Sanibel • FL 33957
www.SanCapElectricalCompany.com

SAN CAP ELECTRICAL

BUILDING AND DESIGN

SCOTT BUILDING & DESIGN LLC
CBC-1261452

New Construction Decking Windows/Doors
Remodeling Trim Kitchens/Baths

Raye Scott (239) 410-3547 Peter Ifka (239) 464-4837
scottbuilt@hotmail.com

GLASS

Insured **PCT WinGuard** Licensed # S2-11975

Stevens & Sons Glass
Replacement Impact Windows & Sliding Doors,
Mirrors, Tub & Shower Enclosures, Store Fronts,
Porch Enclosures, French Doors, Plate Glass

Specialists in impact condo complex replacement

2416 Palm Ridge Road Phone: (239) 472-0032
Sanibel Island, FL 33957 Fax: (239) 472-0680

TRAVEL

DREAM TRAVEL
...on land and sea...

DANA PARISH
travel consultant

dana@h2ovista.com
239-472-8835

...dream your travel, travel your dream...

member Sanibel-Captiva Chamber of Commerce
affiliate Avoya Travel / American Express Travel Sanibel resident since 1987

PLUMBER

SANIBEL HAS A NEW PLUMBER

WALKER PLUMBING

Plumbing repairs
Sewer and drain cleaning
Water heater repair and replacement
33 YEARS EXPERIENCE
239-395-2689
Sanibel owned and operated Lic S1-18245

CLEANING SERVICES

Professional Cleaning Services
Residential & Commercial
Construction Clean Up
Interior Windows
Home Watch

Jennifer Watson
(239) 810-6293
brightnttidy@gmail.com
Licensed & Insured

CONSTRUCTION

Ulrich Building Company

- Guaranteed Best Price
- Replacement Impact Windows
- Exterior Stairs & Decks
- Repair/Replace Redesign
- Kitchens & Bathrooms
- Remodeling & Additions
- New Construction
- Crown Moldings & Trim
- Storm Shutters
- Great Prices & Great Service

Sanibel Family Owned & Operated
Patrick & JoAnne Ulrich
239-896-7116
ulrichbuilding@gmail.com
#CRC1331575

HOME WATCH

PROFESSIONAL HOME WATCH SERVICE

Sanibel Home Watch, LLC

Marco DuMont
Owner

(w) 239-410-7566
marco@sanibelhomewatch.com
www.sanibelhomewatch.com

CLEANING/HOME WATCH

My-San-Cap Home Solutions
KRISTY & JOE FRYE
Cell: 812-320-1389

Residential/Commercial Cleaning, Home Watch, & More
Licensed and Insured


SERVING THE AREAS OF : FORT MYERS, CAPE CORAL,
SANIBEL, CAPTIVA,
ESTERO, NAPLES & BONITA SPRINGS
VISIT US AT WWW.MYSANCAP.COM

CONTRACTOR


Surfside Home Improvements Aluminum & Remodeling

- Bathrooms • Kitchens
- Lanai Enclosures
- Windows • Screen Rooms • Decks
- Railings • Safety Tubs • Doors
- Add a Room or Garage
- Outdoor Kitchens • Storm Shutters
- and Much More


\$500. OFF WITH AD
cbc1261010
239-936-0836
Family owned, 40 Years Local




FRIDAY
Sunny
High: 73 Low: 66




SATURDAY
Cloudy
High: 67 Low: 60




SUNDAY
Sunny
High: 62 Low: 55




MONDAY
Sunny
High: 61 Low: 54



TUESDAY
Sunny
High: 64 Low: 57



WEDNESDAY
Mostly Cloudy
High: 66 Low: 59



THURSDAY
Mostly Cloudy
High: 67 Low: 60

Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	11:58 am	4:28 am	9:34 pm	2:52 pm	Fri	11:03 am	4:30 am	8:39 pm	2:54 pm	Fri	11:01 am	4:09 am	9:50 pm	3:50 pm	Fri	2:08 pm	7:44 am	11:44 pm	6:08 pm
Sat	12:52 pm	5:12 am	10:12 pm	3:37 pm	Sat	11:57 am	5:14 am	9:17 pm	3:39 pm	Sat	11:38 am	4:56 am	10:35 pm	4:37 pm	Sat	3:02 pm	8:28 am	None	6:53 pm
Sun	1:34 pm	5:51 am	10:49 pm	4:19 pm	Sun	12:39 pm	5:53 am	9:54 pm	4:21 pm	Sun	12:07 pm	5:39 am	11:11 pm	5:18 pm	Sun	12:22 am	9:07 am	3:44 pm	7:35 pm
Mon	2:06 pm	6:27 am	11:24 pm	4:56 pm	Mon	1:11 pm	6:29 am	10:29 pm	4:58 pm	Mon	12:36 pm	6:19 am	11:40 pm	5:54 pm	Mon	12:59 am	9:43 am	4:16 pm	8:12 pm
Tue	2:31 pm	6:59 am	None	5:31 pm	Tue	1:36 pm	7:01 am	11:05 pm	5:33 pm	Tue	1:08 pm	6:58 am	None	6:26 pm	Tue	1:34 am	10:15 am	4:41 pm	8:47 pm
Wed	12:00 am	7:30 am	2:50 pm	6:08 pm	Wed	1:55 pm	7:32 am	11:41 pm	6:10 pm	Wed	12:04 am	7:34 am	1:44 pm	6:57 pm	Wed	2:10 am	10:46 am	5:00 pm	9:24 pm
Thu	12:36 am	8:00 am	3:07 pm	6:49 pm	Thu	2:12 pm	8:02 am	None	6:51 pm	Thu	12:25 am	8:09 am	2:24 pm	7:32 pm	Thu	2:46 am	11:16 am	5:17 pm	10:05 pm

PROFESSIONAL DIRECTORY

COSMETICS



MARY KAY®
904 Lindgren Blvd.
Sanibel Island, FL 33957
Ph: 239-395-0978 / 317-509-6014
mbutcher@marykay.com
Products: www.marykay.com/mbutcher

ALWAYS A GIFT WITH PURCHASE!

MAGGIE BUTCHER
Career information available
Gift ideas available

BRICK PAVERS



Lee County Lic. # IP06-00664
Sanibel Lic. # S3-14729

239-560-1199
timsmithbrickpavers@gmail.com

DESIGN AND REMODELING

ARTISTIC INTERIORS INC.



"WE DON'T JUST DO REMODELING, WE CREATE ARTWORK"

CALL CHRIS BORING @ 239-989-6122
BORINGDESIGNSO6@EMBARQMAIL.COM
Lic#RG291 103860, SI 16371

DESIGNING AND REMODELING- FROM CONCEPT TO COMPLETION
QUALITY REMODELING AND SERVICE

LOCKSMITH



Island Locksmith
Serving Sanibel & Captiva Islands Since 1976
"Veteran Owned & Operated"

2340 Periwinkle Way, J-3
Behind Village Shops
239-472-2394
IslandLocksmith@yahoo.com
www.sanibelislandlocksmith.com

PLUMBING

Lic. #CFC1429575


239.472.1101
Sales • Service
Water Heaters
Backflows
Drains • Sewers
Remodel
New Construction
2244 Periwinkle Way Suite 13
Sanibel • FL 33957
www.SanibelPlumbingCompany.com

CUSTOM HOME BUILDER

Ph (239) 472-8446
DeCorteFour.com

Ron DeCorte
#CBC058483



DeCorte Four
Custom Home Builders, Inc.


We do it all from repairing a door to adding a 2nd Floor
New Construction Too
P. O. Box 922 • Sanibel, FL 33957 • Fax (239) 472-8449

TREE TRIMMING, ARBORIST

Arbor Specialist Since 1995


• Tree Trimming • Tree Removal
• Stump Grinding
239-910-3256
info@treewestfl@gmail.com
www.treewestflorida.com
P.O. Box 564, Sanibel, FL 33957
Licensed, insured, workers compensation

MEDICAL SERVICES



DR. ROBERT FISHER
CHIROPRACTIC PHYSICIAN
239-470-2066
robertfisherdc@gmail.com
P.O. Box 1090
Captiva, FL 33924

CONSTRUCTION/REMODELING



CONSTRUCTION
Custom Homes & Remodeling Specialists
We can design, build and manage any endeavor you can dream up.
239.454.5699
cooperconstruction@embarqmail.com
Kerry Cooper • An Island Business Since 1982 • License # CBC1255742

LANDSCAPE



Bonny's Blooming Gardens
239 822-1939
For all your landscaping needs
Landscape Design and Installation
Beautiful Palms and Tropicals
Landscape and Lawn Maintenance
Tree Trimming Services
Mulch Application
Property Clean up & more!

INTERIOR DESIGN



Bridget Vandenburg
INTERIORS, INC.
President | Allied A.S.I.D.
O 239.312.8800 | C 239.222.0148
M-F, 10AM-5PM or By Appointment
DESIGN@BRIDGETINTERIORS.COM
WWW.BRIDGETINTERIORS.COM
1633 PERIWINKLE WAY SUITE C
SANIBEL FL 33957
Located at the Anchor Point Plaza

Decorating on the Island since 2005

TELEVISION

WOOSTER TV
SALES • SERVICE • RENTALS
HDTV • VIDEO • DVD • COMPUTERS
Serving the Islands for Over 40 Years!
P.O. Box 1695
Sanibel, FL 33957
239.472.1133
Mike (cell) 239-565-2875
woostertv@comcast.net

PUZZLE ANSWERS

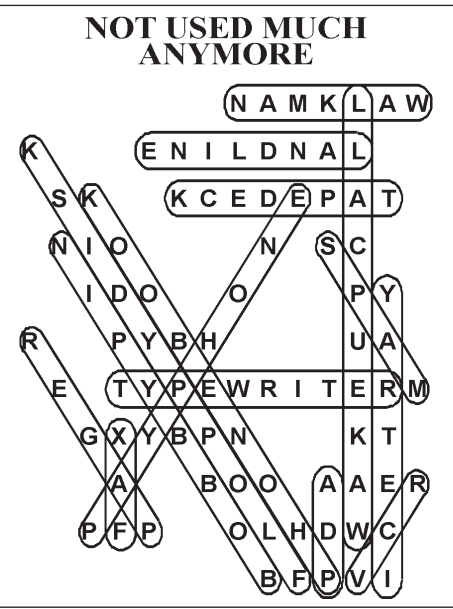
SUPER CROSSWORD

MOORES	FDR	ALERT	VEER
ARREST	LIE	MOXIE	IOWA
MAITAI	ASH	TRACE	ANEW
MCGRUFF	THE	CRIME	DOG
ALIA	FAT	AHA	TREAT
LENIN	DVORAK	KEYBOARDS	
NIB	RST	ARRAY	ADA
CLOSER	ANGE	CITY	EDITOR
AIM	CONES	VASE	ICONS
PLACENTA	GABE	ESTA	
PARR	CIRCULAR	SAW	LOUS
ENOS	HEEL	ATAS	SLANT
ESSAY	PAST	AGITA	HUE
LITMUS	TEST	IVAN	ATRUMP
SEC	PART	INE	TEO
IVY	LEAGUES	SCHOOL	DOFFS
EERIE	LEE	RAM	FARE
TWO	THOUSANDS	SIXTEEN	
JAVA	POEMS	VEE	SMORES
EVEN	TORAH	ERR	DEPOSE
WAXY	STONY	NOS	ONSETS

KING CROSSWORD

FLU	CLIP	CHEF
ROT	HIDE	HALO
OXIDIZED	ALSO	
LAM	SAMPLED	
SPI	D	ER LOP
PEZ	SUB	DE ICE
OREO	NOG	DDAY
TIDAL	WAS	ONE
RES	SCALES	
ADELINE	ELI	
TARO	AGONIZED	
OTIC	FORE	ERA
MEEK	USES	DEM

MAGIC MAZE



SUDOKU

1	4	6	2	5	8	7	9	3
2	9	7	6	3	4	5	1	8
8	5	3	7	9	1	4	2	6
5	7	1	4	8	2	6	3	9
3	2	8	5	6	9	1	7	4
9	6	4	1	7	3	8	5	2
6	1	9	3	4	5	2	8	7
4	3	2	8	1	7	9	6	5
7	8	5	9	2	6	3	4	1

PROFESSIONAL DIRECTORY

IMPACT WINDOWS & DOORS/GLASS



Windows Plus

"SWFL Window and Door Specialist"

Phone: 239-267-5858 Fax: 239-267-7855
www.windowplusllc.com
10831 Sunset Plaza Circle, Unit 107 Fort Myers, FL 33908
E-mail: office@windowplusllc.com
Lic. SCC 131151273

FISHING CHARTER

Light Tackle Sport Fishing
Tarpon • Snook • Redfish & More
CAPT. MATT MITCHELL



USCG
Licensed
& Insured

C: (239) 340-8651
www.captmattmitchell.com
email: captmattmitchell@aol.com

UPHOLSTERY

A Friendly Personalized Service From
Owner-Operator Steven Cservenyak
**PARAMOUNT DECORATOR
& UPHOLSTERY**
since 1974

Complete line of quality upholstery work by European Craftsman
We work with the finest imported silk, satin, damask, brocades, velvets,
hand-loomed crewel, embroidered tapestries from Italy, Belgium & India.

Antique Furniture Restoration
We also do boat cushions & down feather cushions
239-948-9911 • 11791 Bradley Court, Bonita Springs

INTERIOR DESIGN



BEACH FLOOR & DECOR

Island Style Interiors

Design Center

Verticals • Mini Blinds • Draperies • Wallpaper • Furniture
Ceramic • Wood • Appliances • Interior Painting • Custom Cabinets
Upholstery • Kitchen & Bath Remodeling

2330 Palm Ridge Road • Sanibel, FL 33957
(239) 395-2525 • Fax (239) 395-2373
www.beachfloordecor.com

Pam Ruth
V.P. Interior Design

GENERAL CONTRACTOR

D. BROWN
GENERAL CONTRACTORS LLC

CGC1517615

 **NEW CONSTRUCTION
& REMODELS**

239-593-1998 | www.dbrowngc.com

POOL CLEANING, SERVICE & REPAIR

CPC 1458912 *Everyone Deserves a Clean Pool!*



ISLAND CONDO MAINTENANCE
40 Years in Business • Located on Island
SPECIALISTS IN
Residential & Commercial Pools
Fast, Reliable Service & Repair
Friendly Customer Service.
NEXT DAY INSTALLATION OF
Pool Heaters, Pumps, Motors, Salt Systems,
Blankets and Roller Systems.
RETAIL LOCATION
Offers a Complete Line of Pool Supplies & Parts

TREE SERVICE

PROFESSIONAL TREE SERVICE



Palm King Landscaping

239-222-2096
PALMKINGLANDSCAPINGGMAIL.COM

HOME SERVICES

**YARD SERVICE • TREE SERVICE • POOL SERVICE
HOME WATCH • CLEANING SERVICE**



JUERGEN SCHREYER
OWNER

ISLAND HOME SERVICE
P.O. Box 1050 • SANIBEL • FLORIDA 33957
www.islandhomeservice.com
INFO@ISLANDHOMESERVICE.COM
PHONE: (239) 472-5247 • CELL: (239) 229-6366

ISLAND CONDO MAINTENANCE
40 Years in Business • Located on Island
SPECIALISTS IN
Residential & Commercial Pools
Fast, Reliable Service & Repair
Friendly Customer Service.
NEXT DAY INSTALLATION OF
Pool Heaters, Pumps, Motors, Salt Systems,
Blankets and Roller Systems.
RETAIL LOCATION
Offers a Complete Line of Pool Supplies & Parts

Free Estimates After Hours Emergency Service
Call Us Today
472-4505
Veteran Owned & Operated
www.icmpools.com ICMSanibel@yahoo.com

★ ★ ★ CLASSIFIED ★ CLASSIFIED ★ ★ ★

REAL ESTATE

WANTED – BUILDING LOT
IN SANIBEL

Looking to retire and relocate to Sanibel
CASH SALE
Contact- QRBEB1@YAHOO.COM or
908-879-2038
12/22 ★ 2/9

SEASONAL RENTAL

EAST END COTTAGE
SEAGRAPE LANE

Avail. Mar. 2018 due to cancellation. 1B/1B
with sleeping porch, breakfast nook, front
porch. Steps to Bay Beach, short walk to
Gulf Beach. Owner jeancowper@live.com
1/12 ★ TFN

SERVICES OFFERED

ROGER NODRUFF ELECTRIC

Lic# EC12002788.
Call Roger 239-707-7203.
Aqualink - Motor Controls.
Office & Store Maint.
★RS 6/7 CC TFN

HELP WANTED

PIZZA MAKER

Matzaluna Italian Restaurant is now hiring
full and part time pizza cooks. Nights only.
Work in an air conditioned open kitchen.
Call 472-1998.
Entry level person may be considered.
1/12 ★ 1/19

GARAGE SALE

GIANT DOWNSIZING SALE

Furniture, tools, kitchenware, designer
clothing, ladies shoes, artwork, barstools,
games, crafts, gardening equipment, rugs
etc. Sat., Jan, 13 - 8:00AM -12 Noon
9477 Peaceful Drive, Sanibel
1/12 ★ 1/12

TIMESHARE FOR SALE

SANIBEL COTTAGES TIMESHARE
Week #41 Unit #122-2BR/2BA Sleeps
6-2nd BLDG back from beach w/view of
ocean,pool,pond. HGVC property. \$10,900.
908-236-8896.
11/10 ★ TFN

VACATION RENTAL

Island Vacations

Of Sanibel & Captiva
Million \$ Views Await You!
• Cottages • Condos • Homes •
Miles of Beaches & Bike Paths
239-472-7277
1-888-451-7277
★RS 1/4 BM TFN

SCARNATO LAWN SERVICE

Lawn Service, Shrubs and Tree Trimming
Weeding, Installation of Plants, Trees and
Mulch (one month free service available)
Joe Scarnato (239) 849-6163
scarnatolawn@aol.com
★RS 1/25 BM TFN

SANIBEL HOME
FURNISHINGS

Looking for a friendly, upbeat, energetic,
personable sales associate. PT/FT with
some flexibility. Some Saturdays required.
Come be a part of our team. Email resume
to mysanibelresume@gmail.com or call
239-472-5552 Ask For DK
1/5 ★ 1/12

FOR SALE

BIG ARTS FORUM
SERIES OF 8 TICKETS

\$300.
239-395-2349
1/12 ★ TFN

GARCIA REAL ESTATE
AND CONSULTING



RICHARD J. GARCIA, GRI,
BROKER
239-472-5147
garciaonsanibel.com

Offering Personal, Private, and
Professional Real Estate Services on
Sanibel and Captiva Islands.
30 Year Resident of Sanibel.
Licensed in Florida, New York,
Pennsylvania and New Jersey.
★RS 4/29 CC TFN

VACATION RENTAL - SANIBEL

Starting mid March available monthly
2B/1B, newly remodeled
East End, 1/2 duplex, Walk to Beach
Private deck, Fully equipped,
Contact Bob 410-913-2234
12/22 ★ TFN

ALZHEIMER CARE
IN PRIVATE HOME

24hr Adult care in my home for individuals
looking for one on one long-term care for
their loved ones, I accept all stages of
Dementia/Alzheimer.
Clean and secure environment,
Call for more information
cellular: 561-509-4491
home: 239-963-8449
10/20 ★ TFN

JERRY'S FOODS
SERVERS & BARISTAS

Part Time Evening And Weekend Front
End Associates Needed. Looking for
energetic, personable, and fun
individuals, with open availability
Monday through Sunday.
If interested call and ask for
John, Norm Sarah 472-9300.
1700 Periwinkle Way
★NS 5/6 BM TFN

GAZELLE SUPREME
GLIDER – CROSS COUNTRY
SKI MACHINE



Like New \$150. Call 239-466-4707
Tighten and tone every major
muscle group in your body
Get 10 exercises in one amazing
calorie burning workout!
Patented dual pivot system – allows a
greater range of motion because
your legs move independently
Power Pistons – hydraulic resistance gives
a more challenging workout
Grip pulse and workout computer – tracks
your calories burned, distance, time,
speed and pulse rate
Soft Glide Technology – low-impact
workout for less stress and
strain on your body
Great for all fitness levels
Folds for easy storage
1/5 ★ TFN

NATURAL HOME CLEANING

Optimize your health and home
Utilizing hydrogen peroxide, fresh citrus,
b. soda and Suds.
Sonya @ 239-246-7007.
5/26 ★ TFN

AUTOS

TOP DOLLAR PAID
FOR ALL VEHICLES!!!

We buy everything but specialize in low
mileage vehicles. Purchases completed
within 24 hours. Call Scott at 239-308-9000
from TSO Acquisitions for a cash offer today.
12/8 ★ 1/26

PROFESSIONAL CAR WASH
& WAX & DETAIL BY HAND

Sanibel & Captiva Islands &
South Fort Myers.
Exterior & Interior Cleaning. Tire Dressing.
No job too big or too small.
I come to your Home, Condo, or Hotel.
Reasonable Rates.
Satisfaction Guaranteed.
Call Bryan 239-284-3639.
9/29 ★ TFN

JC WINDOW CLEANING

Residential-Commercial-New Construction
\$120 Window Cleaning. Inside And Out.
Single Home Or 10% Off. First Time New.
Customers/Free Estimates.
JC 407-902-7845-jccpcleaning@aol.com
11/17 ★ TFN

HELLE'S CLEANING SERVICES

Residential Cleaning to Satisfaction
Sanibel & Captiva • 239-565-0471
Sanibel Lic. #11412 Lee Co. Lic. #051047
★NS 1/4 PC TFN

COMMERCIAL RENTAL

PRIME OFFICE SPACE

700 square feet at
1619 Periwinkle Way.
Immediate Occupancy.
Call Joe Gil 516-972-2883
or 800-592-0009.
★RS 4/7 CC TFN

ANNUAL RENTAL

ANNUAL RENTAL

SANIBEL

Waterfront Home: This peaceful location
is true Island Living. Looking over the
water with boat dock/lift, access to Bay
& Gulf. This beautiful 3 bedroom/2 bath
plus den, piling home is offered UF @
\$3,300/mo.



Please call for details
472-6747

Gulf Beach Properties, Inc.

Helping People Become Islanders for over 35 years!
The Island Experience!
12/22 ★ TFN

WONDERFUL RENTAL
IN POPULAR
LOCATION ON SANIBEL



2 Rooms, Bathroom,
Approx. 1,000 sq. feet.
This was Molnar Electric's old office.
Call Judy at 239-851-4073.
★RS 8/5 CC TFN

LAKEFRONT

Newly remodeled, unfurnished 2
bedroom/1 bath, quiet neighborhood.
Dog-friendly.
Call Bridgit @ 239.728.1920
12/22 ★ TFN

BOATS - CANOES - KAYAKS

DOCKAGE

Hourly, Daily, Weekly
and Monthly.
Captiva Island 472-5800
★RS 1/4 NC TFN

LEGAL NOTICE

FICTITIOUS NAME

NOTICE IS HEREBY GIVEN
that the undersigned, desiring to engage in
business under The fictitious name of
Ancient Portal Enterprises, located in Lee
County, FL, with an address of
15000 Captiva Dr., Captiva, FL 33924
has registered said name with the
Division of Corporations of the Department
of State, Tallahassee, Florida.
Dated the 8th Day of January 2018.
Josephine C. Anderson
1/12 ★ 1/12

To advertise in the
Island Sun and *The
River Weekly News*
Call 395-1213

My Stars ★★★★★

FOR WEEK OF JANUARY 15, 2018

ARIES (March 21 to April 19) You might be hurt by a colleague’s harsh criticism. But don’t let it shake your confidence in what you’re trying to do. A more positive aspect starts to appear by week’s end.

TAURUS (April 20 to May 20) You’re torn between your sensible self and the part of you that enjoys acquiring lovely things. Best advice: Wait for an end-of-month sale, and then buy something wonderful.

GEMINI (May 21 to June 20) Your artistic side has practical applications this week, such as redecorating your home or redesigning your personal stationery. Whatever you do, someone special will like it.

CANCER (June 21 to July 22) You could be drawn into a problem ‘twixt friends or family members. Best bet: Ask the questions that go to the heart of the matter, then get them all together for a group hug.

LEO (July 23 to August 22) As much as you love being the center of attention, your big Lion’s heart impels you to share the spotlight with a colleague who helped you with that well-praised project.

VIRGO (August 23 to September 22) Your eagerness to act on a challenge is wisely tempered early in the week by a lack of necessary information. Things begin to clear up during the weekend.

LIBRA (September 23 to October 22) A relationship you’d hoped would keep going seems to be going nowhere. Close it out and move on to a brighter romantic aspect just beginning to manifest itself.

SCORPIO (October 23 to November 21) Things don’t go completely as planned this week. But enjoy the surprises, even if you have to adjust your schedule. Some of them could be quite delightful.

SAGITTARIUS (November 22 to December 21) Making choices is usually easy for straight-shooting

Archers. But a new development could deflect your aim. Try to put off decisions until you know more.

CAPRICORN (December 22 to January 19) While part of you might prefer taking a more familiar path, let your more daring and -- admit it -- super-curious self see what the unexplored has to offer.

AQUARIUS (January 20 to February 18) Those nasty types have slithered back under the rocks and present no more problems. Now’s the time to move ahead on that promising new relationship.

PISCES (February 19 to March 20) A new offer could clear up that lingering money problem. Also, a more confident attitude on your part might well help get that personal situation back on track.

BORN THIS WEEK: You have a way of turning chaos into order. You’re also generous with your help for those who seek it.

THIS WEEK IN HISTORY

• On Jan. 15, 1936, Edsel Ford, the son of auto industry pioneer Henry Ford, forms a philanthropic organization called the Ford Foundation with a donation of \$25,000. The foundation was established in part as a legal way for the Ford family to avoid inheritance taxes.

• On Jan. 16, 1919, the 18th Amendment to the U.S. Constitution, prohibiting the sale of alcohol, is ratified and becomes the law. It failed to prevent the distribution of alcoholic beverages, however, and led to the rise of organized crime in America.

• On Jan. 17, 1953, a prototype Chevrolet Corvette sports car makes its debut at General Motors’ Motorama auto show. The Corvette was named for a fast type of naval warship.

• On Jan. 18, 1778, English explorer Captain James Cook becomes the first European to discover the Hawaiian Islands when he sails past the island of Oahu. Two days later, he landed at Waimea on the island of Kauai and named the island chain the

Sandwich Islands, in honor of the earl of Sandwich.

• On Jan. 19, 1977, President Gerald Ford pardons Iva Toguri, one of the “Tokyo Rose” Japanese women who broadcast Axis propaganda over the radio to Allied troops during World War II. Toguri was a U.S. citizen who was trapped in Japan when war broke out.

STRANGE BUT TRUE

• The unknown soul who made the following sage observation must have been a keen observer of events: “A politician can appear to have his nose to the grindstone while straddling a fence and keeping both ears to the ground.”

• In the 17th century, a Frenchman opened a coffee shop in London and sold chocolate, newly imported from the Americas, for 10 to 15 shillings a pound. That may not sound like much until you learn that at the time, the going price of a pound

of gold was 20 to 30 shillings.

• Are you interested in pogonotrophy? If you’re a woman, the answer is probably no. The word, derived from the Greek word “pogon,” or “beard,” and the suffix “trophy,” or nourishment, refers to the growing of a beard.

• Most people realize that many places in the United States were once known by different names. Here’s a sampling: the Potomac River was originally called Conococheague Creek, Camp David was named Shangri-La, and the USA itself was once known as the United States of Congress Assembled.

• Good news for the not-so-neat among us: Making your bed could be bad for you. A study done in the United Kingdom at Kingston University showed that the linens of an unmade bed retain less moisture, therefore making them less attractive to dust mites.

• Evidently it’s not just humans who associate a

deeper voice with maturity (and desirability) in males. It seems that male owls try to appear more macho and attract females by lowering the tone of their hoots.

THOUGHT FOR THE DAY

“The cult of individual personalities is always, in my view, unjustified. To be sure, nature distributes her gifts variously among her children. But there are plenty of the well-endowed ones too, thank God, and I am firmly convinced that most of them live quiet, unregarded lives.” – Albert Einstein

SCRAMBLERS

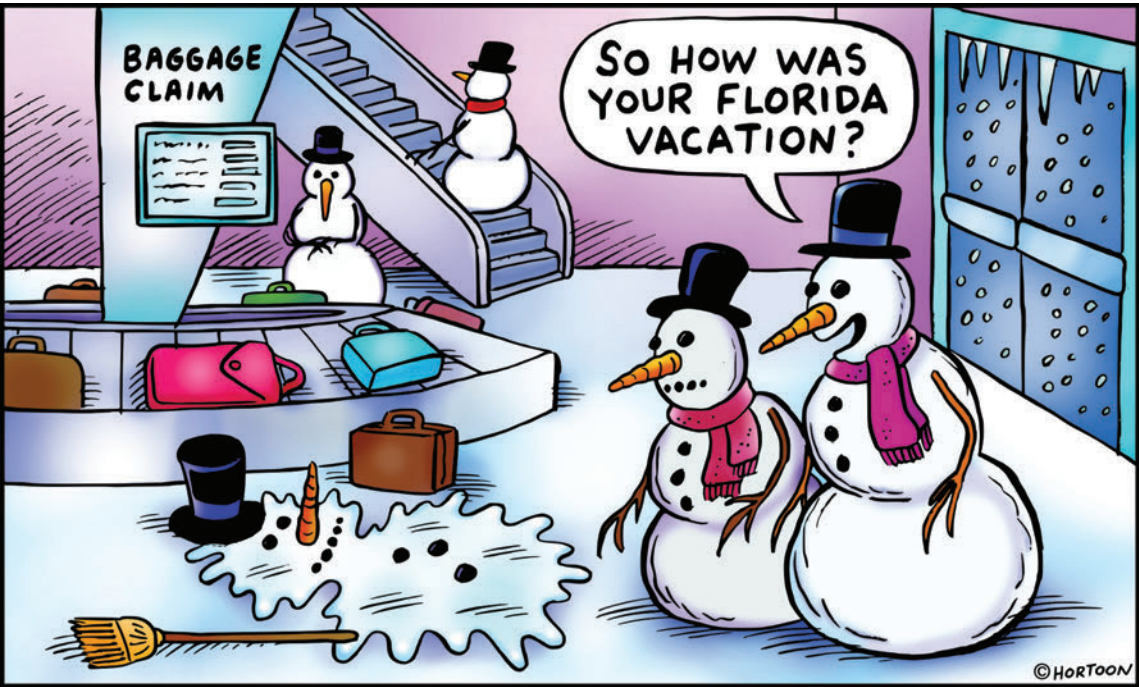
solution

- 1. Malign; 2. Spare;
- 3. Mingle; 4. Inhale

Today's Word

SPELLING

HORTOONS



Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Metes And Bounds	Sanibel	1969	2,992	\$4,295,000	\$4,000,000	29
Riverbrooke	Estero	2012	4,452	\$1,695,000	\$1,700,000	88
Palm Acres	Fort Myers	1979	3,283	\$1,395,000	\$1,350,000	0
Gores A M Subd	Captiva	1969	1,625	\$1,295,000	\$1,150,000	251
Lakewood	Fort Myers	2010	3,038	\$1,050,000	\$1,000,000	13
Nature's Cove	Estero	2001	3,793	\$899,900	\$817,500	225
Kenwood	Estero	2003	3,018	\$859,000	\$813,000	55
North River Oaks	Alva	1993	3,721	\$775,000	\$735,000	14
Nature's Cove	Estero	2001	3,205	\$769,900	\$687,500	438
Imperial Shores	Bonita Springs	1976	1,590	\$769,000	\$685,000	124



SOUTH SEAS RESORT - BEACHFRONT ESTATE
NEW PRICE
1121 SCHEFFLERA CT., CAPTIVA
• Spectacular Gulf of Mexico Location
• 4 BR, 4 Full BA and 1 Half BA + Den
\$5,600,000 MLS 217015808
McMurray & Nette 239.281.4435



150' DIRECT BAYFRONT
1272 ISABEL DR., SANIBEL
• 4 BR w/Ensuite BA, Bayfront Master Suite w/Study
• Glass Elevator, Chef's Kitchen, Pool, Sundecks
\$3,299,000 MLS 217044271
John Nicholson 239.849.3250



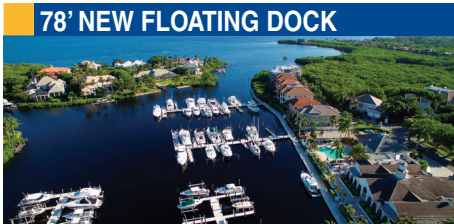
BY THE SEA – CORNER PENTHOUSE
NEW LISTING
2611 WEST GULF DR. #C302, SANIBEL
• Lovely Sunsets, Great Location in West Building
• 3 BR, 2 BA, Open Kitchen, Wood Plank Tile Floors
\$1,745,000 MLS 217076169
Jason Lomano 239.470.8628



RELAX NEAR THE BEACH
NEW LISTING
1656 MIDDLE GULF DR., SANIBEL
• Directly Across the Street from Beach
• Tropical Setting, Saltwater Pool & Spa
\$990,000 MLS 217077607
Cindy Sitton 239.810.4772



BEVERLY HILLS AT LAGUNA LAKES
NEW LISTING
9129 PASEO DE VALENCIA ST., FORT MYERS
• Lakefront Pool Home in Gated Community
• Split Bedroom Floor Plan, Vaulted Ceilings
\$439,990 MLS 217077559
Jason Lomano 239.470.8628



78' NEW FLOATING DOCK
ST. CHARLES HARBOUR #A21, FORT MYERS
• Private & Gated w/24-Hr. Security
• Deep Water Marina in Beautiful Protected Cove
\$275,000 Call for Details
McMurray & Nette 239.281.4435



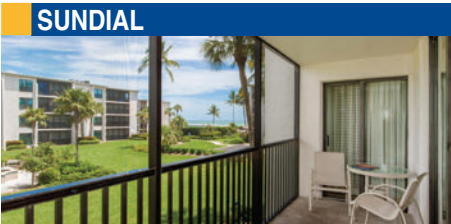
Florida Locations: Bonita Springs/Estero, Cape Coral, Captiva Island, Fort Myers, Naples/Marco Island, Ocala and Sanibel Island

North Carolina Locations: Cashiers/Lake Glenville, Highlands and Sapphire Valley/Lake Toxaway

RoyalShellRealEstate.com | 239.472.0078 | RoyalShellRentals.com



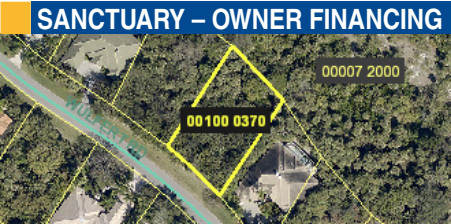
PINE COVE
NEW PRICE
2501 W. GULF DR. #102, SANIBEL
• Rare 3 Bedrooms, 2 Bathrooms, Priced to Sell
• \$100K in Rental Income in 2017!
\$1,250,000 MLS 217028833
Cindy Sitton 239.810.4772



SUNDIAL
1501 MIDDLE GULF DR. #G204, SANIBEL
• 2 Bedrooms & 2 Full Bathrooms
• Terrific Rental Income, Newer Renovation
\$649,999 MLS 217049018
Brian Murty 239.565.1272



BEAUTIFUL BLIND PASS
NEW LISTING
5117 SEA BELL RD. #D101, SANIBEL
• 2 BR, 2 BA, Terrific Location Close to Pool
• Great Rental Income and/or Owner Use
\$439,000 MLS 217076619
McMurray & Nette 239.850.7888



SANCTUARY – OWNER FINANCING
2372 WULFERT RD., SANIBEL
• Private 18-Hole Arthur Hills Design Golf Course
• Great Buildable Homesite, Sanctuary Views
\$179,000 MLS 214068646
John Nicholson 239.849.3250



STEPS TO BEACH - SUNSET RIVER VIEWS
1277 PAR VIEW DR., SANIBEL
• 4 BR, 4 BA Tuscan Style Home w/River Views
• Chef's Kitchen w/Viking Stove, Marble Island
\$1,150,000 MLS 217063686
Linda von Wowern, McMurray & Nette 239.223.3382



ISLAND DUPLEX GETAWAY
752/754 CARDIUM ST., SANIBEL
• Adorable 2 BR, 1 BA in Both Units
• All Updated w/Great Rental Income
\$599,000 MLS 217031292
McMurray & Nette 239.850.7888



SANCTUARY – OWNER FINANCING
5642 BALTUSROL CT., SANIBEL
• Private 18-Hole Arthur Hills Design Golf Course
• Buildable Homesite, Views 10th Tee
\$339,000 MLS 214068626
John Nicholson 239.849.3250



CALOOSA BAYVIEW
NEW LISTING
4268 ISLAND CIR. #H, FORT MYERS
• Beautiful 2 BR, 2 BA, Attached Villa w/Carport
• Vaulted Ceilings, Fireplace, Private Screened Lanai
\$159,000 MLS 217076377
John Nicholson 239.849.3250



SEASPRAY - BEACHFRONT
1320 SEASPRAY LN., SANIBEL
• 4 BR, 5 BA Home with Majestic Setting
• Hardwood Floors, Impact Windows/Doors
\$3,550,000 MLS 217011639
Tracy Walters 239.994.7975



MEDITERRANEAN BEAUTY
1470 MIDDLE GULF DR., SANIBEL
• Absolutely Gorgeous 4 BR, 5.5 BA
• Directly Across from Beach
\$2,495,000 MLS 214013961
McMurray & Nette 239.281.4435



SOUTH SEAS ISLAND RESORT
1655 LAND'S END VILLAGE, CAPTIVA
• Golf Course, Pine Island Sound & Gulf Views
• Fully Furnished & Ready for You to Enjoy
\$1,095,000 MLS 216031921
Vicki Panico & Fred Newman 239.980.0088



BEACHSIDE BEAUTY AT SUNDIAL
1501 MIDDLE GULF DR. #G206, SANIBEL
• Fully Furnished 1 BR, Updated w/Tropical Touch
• 2nd Floor Unit Easily Accommodates 4
\$509,500 MLS 217067862
Fred Newman & Vicki Panico 239.826.2704



RIVA DEL LAGO
14380 RIVA DEL LAGO DR. #702, FORT MYERS
• 7th Floor, Gorgeous Views from Balcony
• 3 Bedrooms, 2 Bathrooms, Very Private
\$299,000 MLS 217032868
Brian Murty 239.565.1272



LEISURE ACRES
BOWMAN'S BEACH RD., SANIBEL
• Build Your Near Beach Dream Home
• Large Lot/Survey, Beach Access, Excellent Value
\$59,000 MLS 217013639
Jason Lomano 239.470.8628